

Johns Hopkins Activities of Daily Living (JH-ADL) Guide

JOHNS HOPKINS HIGHEST LEVEL OF MOBILITY / BATHING GOAL			ACTIVITIES OF DAILY LIVING	
AMP MOBILITY SCALE	8	WALK 250 FEET OR MORE	ALL ADL IN BATHROOM AFTER GATHERING SUPPLIES	
	7	WALK 25 FEET OR MORE		
	6	WALK 10 STEPS OR MORE	TOILET IN BATHROOM	
	5	STAND (1 OR MORE MINUTES)	WASH FACE, COMB HAIR, BRUSH TEETH, OR SHAVE WHILE STANDING	
	4	MOVE TO CHAIR/COMMODE	WASH AND DRESS UPPER BODY IN CHAIR/ TOILET ON BEDSIDE COMMODE	
	3	SIT AT EDGE OF BED	WASH FACE, COMB HAIR, BRUSH TEETH, OR SHAVE SITTING AT EDGE OF BED	
	2	BED ACTIVITIES/DEPENDENT TRANSFER	WASH FACE, COMB HAIR, OR BRUSH TEETH IN BED	
	1	LAY IN BED		

hopkinsAMP.org/tools



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Version 3.0



Adl Picture Guide

Julia Schneider



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RAW N log and HLG 10 bit options you'll see why photographers and videographers are so excited about the Nikon Z5 II. With this book in hand you'll master all these impressive features and fine tune your camera skills as you develop your creativity while taking great photographs with your new Z5 II. Filled with detailed how to steps and full color illustrations David Busch's Nikon Z5 II Guide to Digital Photography covers the camera's photography capabilities in depth from taking your first photos through advanced details of setup exposure lens selection lighting and more and relates each feature to specific photographic techniques and situations. A handy visual guide to the Z5 II offers close up photos and descriptions of the camera's essential features and controls. Learn when to use each option and more importantly when not to use them by following the author's recommended settings for every menu entry. With best selling photographer and mentor David Busch as your guide you'll quickly have full creative mastery of your camera's capabilities whether you're shooting on the job as an advanced enthusiast or are just out for fun. Start building your knowledge and confidence while bringing your vision to light with the Nikon Z5 II today.

David Busch's Nikon Z6 III Guide to Digital Photography David D. Busch, 2024-11-01 David Busch's Nikon Z6 III Guide to Digital Photography is your all in one comprehensive resource and reference for the Nikon Z6 III the company's next generation enthusiast mirrorless camera. Equipped with the world's first partially stacked CMOS sensor this 24.5MP camera shares many of the advanced photography features of Nikon's top tier Z9 and Z8 flagship cameras including a pre capture feature that records action that happened before you clicked the shutter at up to 120 frames per second. An enhanced vibration reduction feature offers up to 8 stops of stabilization linked to the active autofocus point for superb low light and long lens photography. Add cutting edge video features that include 6K 60p internal RAW recording 10X slow motion capture and in line audio and you'll see why photographers and videographers are so excited about the Nikon Z6 III. With this book in hand you'll master all these impressive features and fine tune your camera skills as you develop your creativity while taking great photographs with your new Z6 III. Filled with detailed how to steps and full color illustrations David Busch's Nikon Z6 III Guide to Digital Photography covers the camera's photography capabilities in depth from taking your first photos through advanced details of setup exposure lens selection lighting and more and relates each feature to specific photographic techniques and situations. A handy visual guide to the Z6 III offers close up photos and descriptions of the camera's essential features and controls. Learn when to use each option and more importantly when not to use them by following the author's recommended settings for every menu entry. With best selling photographer and mentor David Busch as your guide you'll quickly have full creative mastery of your camera's capabilities whether you're shooting on the job as an advanced enthusiast or are just out for fun. Start building your knowledge and confidence while bringing your vision to light with the Nikon Z6 III today.

David Busch's Nikon Z50 II Guide to Digital Photography David D. Busch, 2025-03-25 David Busch's Nikon Z50 II Guide to Digital Photography is your all in one comprehensive resource and reference for the Nikon Z50 II the company's most advanced enthusiast APS-C mirrorless camera. This 21MP camera boasts

advanced still photography features including high speed continuous shooting at up to 30 fps and a pre capture feature that records action that happened before you clicked the shutter The Z50 II's compact size makes it ideal for travel photography and its 3D tracking autofocus subject recognition of nine different types of subjects and enhanced video features will please vloggers and content creators With this book in hand you'll master all these impressive features and fine tune your camera skills as you develop your creativity while taking great photographs with your new Z50 II Filled with detailed how to steps and full color illustrations David Busch's Nikon Z50 II Guide to Digital Photography covers the camera's photography capabilities in depth from taking your first photos through advanced details of setup exposure lighting and more and relates each feature to specific photographic techniques and situations A handy visual guide to the Z50 II offers close up photos and descriptions of the camera's essential features and controls Learn when to use each option and more importantly when not to use them by following the author's recommended settings for every menu entry With best selling photographer and mentor David Busch as your guide you'll quickly have full creative mastery of your camera's capabilities whether you're shooting on the job as an advanced enthusiast or are just out for fun Start building your knowledge and confidence while bringing your vision to light with the Nikon Z50 II today [Nikon D800 & D800E Digital Field Guide](#) J. Dennis Thomas, 2012-06-01

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