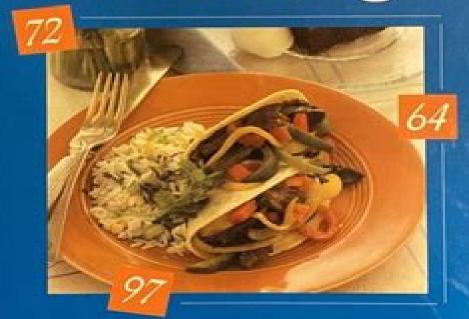
**American Diabetes Association** 

# Complete Quide to Carb Counting



Hope S. Warshaw, MMSc, RD, CDE Karmeen Kulkami, MS, RD, CDE

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**Lei Huang** 

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