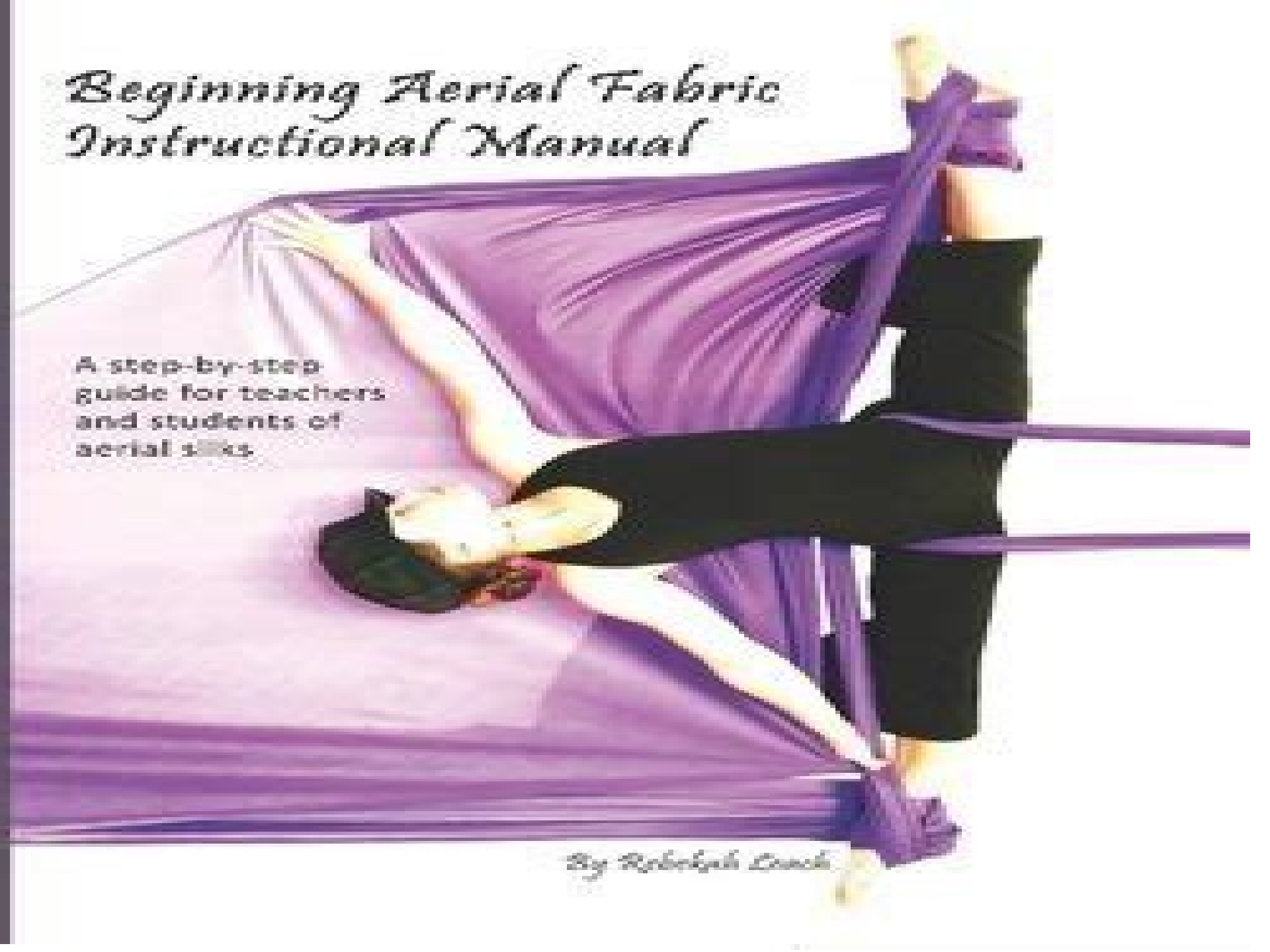


Beginning Aerial Fabric Instructional Manual

A step-by-step
guide for teachers
and students of
aerial silks

By Rebecca Lench



Beginning Aerial Fabric Instructional Manual

Rebekah Leach



Beginning Aerial Fabric Instructional Manual:

Beginning Aerial Fabric Instructional Manual Rebekah Leach, 2010 With over 250 step by step pictures on over forty beginning moves this manual is designed for students and teachers of beginning fabric or silks This manual focuses on footlocks covering basic single and double but also includes an introduction to the hiplock and various climbs Focusing on injury prevention there are tips on how to spot and how to avoid common mistakes **Beginning aerial fabric** Rebekah Leach, Matthew Leach, 2011 Intermediate Aerial Fabric Instructional Manual Part 1 Rebekah Leach, 2010 This manual has full color pictures at every step to describe more than fifty moves and their variations Everything from locks and basic wraps to drops and intermediate sequences of choreography is covered in the two part manual series , Aerial Dance Jayne C. Bernasconi, Nancy E. Smith, 2008 Aerial Dance is the first book to showcase this newest dance genre The book traces the historical roots of this latest art form which is rapidly gaining in popularity It also defines its place in the lineage of modern dance and addresses aesthetics philosophical approaches to teaching and safety issues Aerial Dance will be of great interest to all those associated with or attracted to this emerging art form Whether a novice or professional a practitioner or educator they will learn from those who helped shape aerial dance into what it is today Through this book and DVD package readers will gain insight from essays written by leading choreographers in the field gain a greater understanding of and appreciation for aerial dance choreography through Look Up features that provide cross references to video performance clips on the DVD and view high quality photographs that illustrate the origins of aerial dance Part I details the evolution of aerial dance and its place in a postmodern world It delves into the aesthetics of aerial dance and the differences between this genre and circus based aerial arts Part II presents a variety of essays from many of the top artists in the field who provide insight into their own approaches to aerial dance The book also presents a variety of teaching applications including ideas for working with special populations and related art forms Part III is all about safety including injury prevention rigging other safety related issues This part helps readers understand anatomical and physiological issues regarding safety Note that Aerial Dance is not meant as an instruction book in choreographing or executing aerial dance moves No book can ensure safe rigging or keep a dancer from falling Those who are interested in learning and practicing aerial dance must first find a skilled and experienced teacher The appendix includes contact information on aerial dancers teachers festivals and aerial dance equipment Readers will find great insight and direction from seasoned experts in this innovative dance form Aerial Dance captures the passion of the genre and helps readers appreciate the creative possibilities it offers **Intermediate aerial fabric** Rebekah Leach, Matthew Leach, 2011 Aerial Age Weekly , 1922 Field Manuals United States. War Department, 1948

FABRIC[ated] Tolya Stonorov, 2023-07-10 FABRIC ated examines fabric as a catalyst for innovation reflection change and transformation in architecture This book explores the ways in which research and development of fabric can and historically has influenced and revolutionized architecture teaching and design Responsive flexible impermanent fluid and adaptive

fabric interacts with and influences architecture offering innovative solutions and increased material responsibility Foundation and theory chapters establish clear precedent and futures for fabric s position in architectural discourse The case study section examines 14 international projects through three different threads Veiling Compression and Tension Case studies include a diverse range of projects from the HiLo unit at Nest and CAST s fabric formed concrete projects to a discussion of the impact of fabric on SO IL and Kennedy Violich Architect s professional work demonstrating new and fresh methods for addressing sustainability and social justice through the use of fabric in architecture Through the work of the many authors of this book we see fabric as drape skin veil mold concept and inspiration Fabric in its broadest definition is an important and innovative material in the development of socially conscious architecture Offering readers pedagogical and practical models for international projects highlighting fabric s use in architecture this book will appeal to the novice and the expert architecture students and practitioners alike

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