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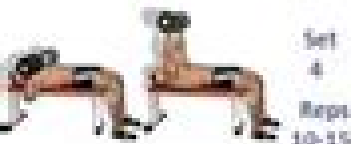
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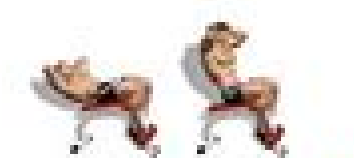
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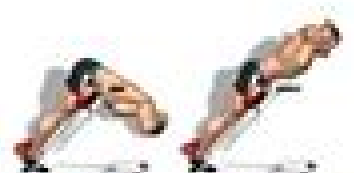
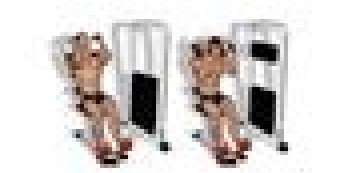
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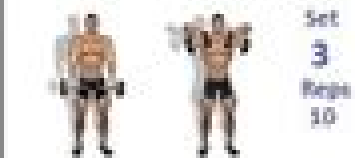
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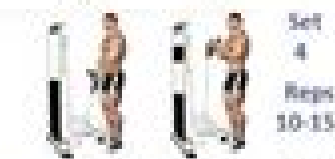
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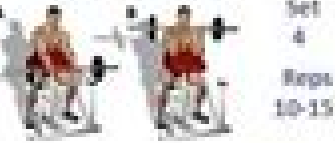
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Bodybuilding Exercises Manual

Lei Shi

A red circular graphic with a gradient, appearing as a semi-circle or a partial circle, located to the right of the author's name.

Bodybuilding Exercises Manual:

Unveiling the Power of Verbal Beauty: An Emotional Sojourn through **Bodybuilding Exercises Manual**

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