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THE BIGGEST LOSER

A yellow measuring tape is wrapped around the word 'LOSER' in the title. The tape shows measurements in inches, with the number 1 visible on the left side and 8 on the right side.

QUICK & EASY COOKBOOK

Simply Delicious Low-Calorie Recipes
to Make in a Snap

Chef Devin Alexander and *The Biggest Loser* Experts and Cast with Julie Will

Biggest Loser Cookbook Recipes

RD Boyd



Biggest Loser Cookbook Recipes:

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