

Animal-Assisted Brief Therapy

A Solution-Focused Approach

Second Edition



TERI PICHOT

**Animal Assisted Brief Therapy A Solution Focused
Approach Author Terri Pichot Published On December
2011**

**Jacqueline L. Kappelman, Our Lady of
the Lake University of San Antonio.
Psychology Department**

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Animal-Assisted Brief Therapy Teri Pichot, 2013-05-13 This book provides an overview of Animal Assisted Activities AAA and Animal Assisted Therapy AAT and demonstrates how they can be incorporated into solution focused treatment programs Pichot focusing on the use of therapy dogs starts with a discussion of the basics of AAA T and solution focused therapy as well as what every practitioner should know about dogs before partnering with them Successfully combining all of this into an effective treatment program is considered next Pichot draws upon her own experience developing an AAA T program in the substance abuse counseling program at a county public health agency to illustrate the effective implementation of such a program and the struggles and lessons learned in doing so Using AAA T with special populations cultural considerations and the impact a therapy dog can have on the handler New in this edition are client scenarios that demonstrate the therapist s thought process when making clinical decisions about when and how to use a therapy dog Sample forms and treatment plans are also provided that professionals can use to modify or structure in their work with clients The concepts and information provided in this valuable guide will be helpful for any therapist regardless of whether he or she is in private practice or working in an agency setting

[Animal-assisted Brief Therapy](#) Teri Pichot, Marc Coulter, 2007 This book provides an overview of Animal Assisted Activities AAA and Animal Assisted Therapy AAT and demonstrates how they can be incorporated into solution focused treatment programs Pichot focusing on the use of therapy dogs starts with a discussion of the basics of AAA T and solution focused therapy as well as what every practitioner should know about dogs before partnering with them Successfully combining all of this into an effective treatment program is considered next Pichot draws upon her own experience developing an AAA T program in the substance abuse counseling program at a county public health agency to illustrate the effective implementation of such a program and the struggles and lessons learned in doing so Using AAA T with special populations cultural considerations and the impact a therapy dog can have on the handler New in this edition are client scenarios that demonstrate the therapist s thought process when making clinical decisions about when and how to use a therapy dog Sample forms and treatment plans are also provided that professionals can use to modify or structure in their work with clients The concepts and information provided in this valuable guide will be helpful for any therapist regardless of whether he or she is in private practice or working in an agency setting

Animal-Assisted Brief Therapy Marc Coulter, **Animal-assisted Psychotherapy** Nancy Parish-Plass, 2013 The use of animals by psychotherapists has been a growing trend Psychological problems treated include emotional and behavioral problems attachment issues trauma and developmental disorders An influential 1970s survey suggests that over 20 percent of therapists in the psychotherapy division of the American Psychological Association incorporated animals into their treatment in some fashion Anecdotal evidence suggests that the number is much higher today Since Yeshiva psychologist Boris Levinson popularized the use of animals in the 1960s Israel has come to be perhaps the most advanced country in the

world in the area of animal assisted psychotherapy AAP This is true especially in the area of training programs theory building and clinical practice Great effort has been put into understanding the mechanisms behind AAP as well as into developing ethical guidelines that take into account the therapist s responsibility toward both client and animal This book exposes the world to the theory and practice of AAP as conceived and used in Israel It emphasizes evidence based and clinically sound applications differentiating between AAP a psychotherapeutic approach and AAE animal assisted education and AAA animal assisted activities both of which are psychoeducational Not anyone and his her dog can become an animal assisted therapist and this volume demonstrates not only the promise of animal assisted psychotherapeutic approaches but also some of the challenges the field still needs to overcome to gain widespread legitimacy **Handbook on**

Animal-Assisted Therapy Aubrey H Fine,2010-09-21 In the 10 years since the first edition of Handbook on Animal Assisted Therapy published the field has changed considerably The third edition of the Handbook highlights advances in the field with 10 new chapters and over 50% new material In reading this book therapists will discover the benefits of incorporating animal assisted therapy into their practice how to design and implement animal assisted interventions and the efficacy of animal assisted therapy with different disorders and patient populations Coverage includes the use of AAT with children families and the elderly in counseling and psychotherapy settings and for treating a variety of specific disorders Includes coverage of the use of cats dogs birds and horses Discusses the why to use animals in therapy as well as the how Covers the use of animal assisted therapy with different special populations and to treat different disorders **Animal-Assisted Therapy in**

Counseling Cynthia K. Chandler,2024-05-08 The fourth edition of Animal Assisted Therapy in Counseling is the most comprehensive book available dedicated to training mental health practitioners in the performance of animal assisted therapy in counseling This edition includes material on real world animal assisted interventions featuring counselor client dialogues and sample therapeutic opportunities Each chapter includes the most recent research and practice and a wide variety of case examples present animal assisted interventions in different settings with different types of animals This unique resource is an indispensable guide for any counselor or psychotherapist looking to develop and implement animal assisted therapy techniques in practice Serenity Inspired Voices Jacqueline L. Kappelman,Our Lady of the Lake

University of San Antonio. Psychology Department,2014 **Animal-assisted Therapy** ,2009 **Solution-focused brief**

therapy - one model fits all? Carol A. Stalker,Judith E. Levene,Nick F. Coady,1999 Handbook on Animal-assisted Therapy Aubrey H. Fine,2019 This book will help therapists discover the benefits of incorporating animal assisted therapy into their practice how to design and implement animal assisted interventions and the efficacy of animal assisted therapy with different disorders and patient populations Coverage includes the use of AAT with children families and the elderly in counseling and psychotherapy settings and for treating a variety of specific disorders

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