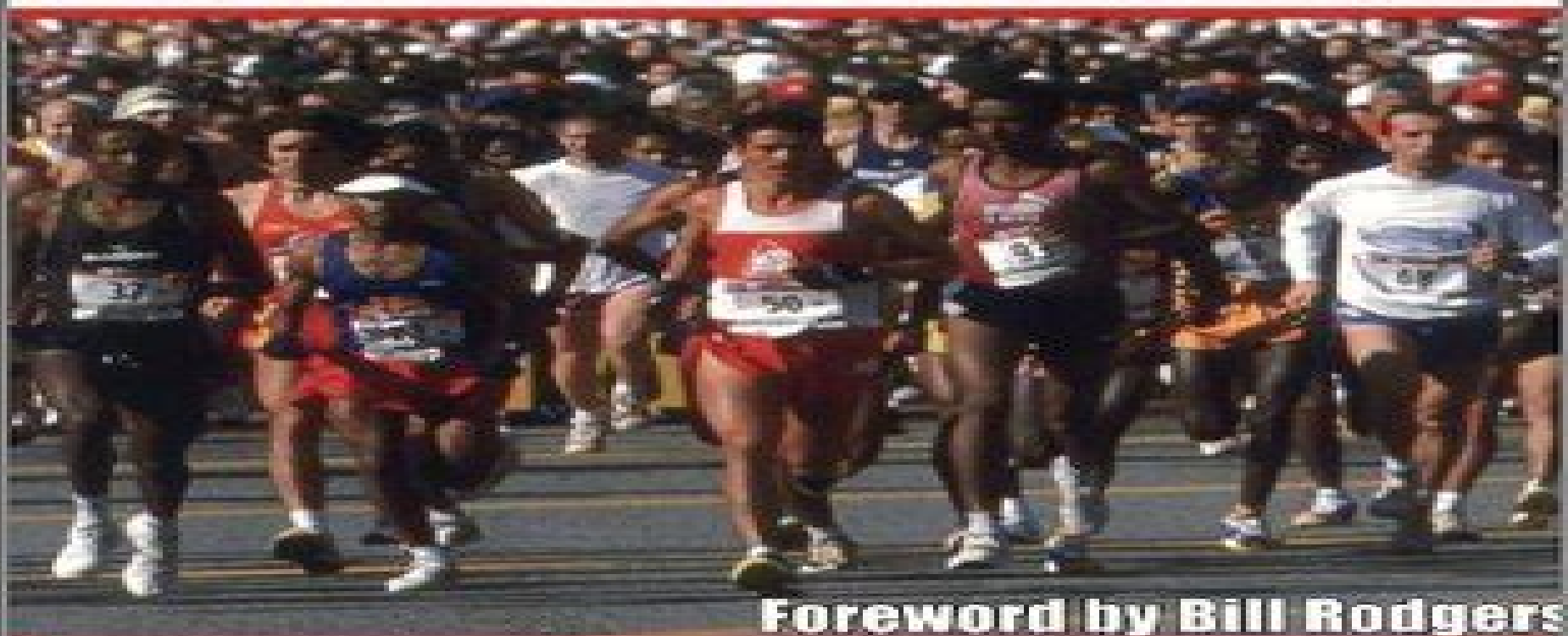


ADVANCED MARATHONING



Foreword by Bill Rodgers

PETE PFITZINGER • SCOTT DOUGLAS

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