

BEHAVIORAL INTERVENTION RESEARCH

DESIGNING, EVALUATING, AND IMPLEMENTING

LAURA N. GITLIN · SARA J. CZAJA

WITH CONTRIBUTORS

Behavioral Intervention Research Evaluating Implementing

**Martin S. Hagger, Linda D.
Cameron, Kyra Hamilton, Nelli
Hankonen, Taru Lintunen**



Behavioral Intervention Research Evaluating Implementing:

Behavioral Intervention Research Laura N. Gitlin, Sara Czaja, Sara J. Czaja, 2015-12-07 I applaud this book for providing a much needed overview of the entire behavioral intervention pipeline. It fills a unique niche in its coverage of key theoretical and methodological aspects as well as its case examples and professional development considerations which makes the content accessible and practical for a broad audience. Marcia Ory PhD From the Foreword This unique text provides comprehensive coverage of one of the most neglected yet vitally important areas of public health research: developing, evaluating, and implementing novel behavioral interventions in service and practice settings. Written for Masters and Doctoral level courses as well as novice and expert researchers in this area, the book examines the most critical issues surrounding this form of research in order to maximize the ability of intervention researchers to successfully implement current and future evidence-based protocols in practice settings. Expert contributors embrace key challenges: the complexities of health care delivery, disease management and prevention, rising costs, and changing population demographics in shaping the push toward advancing more efficient and effective behavioral interventions and methodologies. Tackling numerous topics that have been neglected in traditional randomized trial handbooks, methodology texts, and books on dissemination and implementation science, the book addresses ways to develop and advance an intervention, emerging hybrid trial designs, theories, and new models for integrating behavioral interventions with implementation science, recruitment and retention strategies for inclusion of diverse samples, research designs for different stages of intervention development, treatment fidelity models, and measures of novel measurement and analytic strategies, cost analyses, selection of control groups, use of mixed methodology, ethics, and informed consent, technology-based intervention approaches, professional considerations. Abundant case examples from successful behavioral intervention trials, both national and international, illustrate key concepts. Key Features: Includes examples of a wide range of interventions including individuals across the life span and of diverse communities and health systems. Replete with case examples from successful behavioral intervention trials. Presents the challenges of and strategies for advancing behavioral interventions for immediate use in practice. Written by world recognized expert authors and contributors. Provides novel coverage of a great variety of important but previously neglected topics.

Handbook of Intervention Science Laura N. Gitlin, Sara J. Czaja, 2025-07-01 *Handbook of Intervention Science: From Design to Implementation* discusses multiple approaches for developing and advancing interventions at the individual, family, community, health system, and policy level. The book focuses on creating interventions suitable for diverse populations from racial, ethnic, geographical, and socioeconomic perspectives. Combining best practices with a practical approach, the book enables readers to advance their intervention research. It covers intervention design, data capture in trials, and evaluation. Decision trees help illustrate when to move forward with an implementation relative to the need for further work. Identifies how to develop and advance interventions from design to evaluation, dissemination, and scaling. Focuses on

interventions applicable across diverse populations for individual family community and system wide interventions Provides decision trees for determining when to advance an intervention or adapt an existing one Incorporates technology in data capture randomized delivery pragmatic trials and intervention evaluation Includes case study exemplars that illustrate key concepts for better understanding Contains bulleted key points for understanding and retention of main points Clinical Handbook of Autism Intervention Training Joseph H. Cihon,2025-06-24 This handbook addresses evidence based training practices for individuals providing applied behavior analysis ABA interventions for individuals on the autism spectrum It provides specific examples of interventions across various contexts and skills and addresses the importance of effective and efficient training as it relates to ABA based interventions for individuals on the autism spectrum Additional areas of coverage include but are not limited to staffing clinical judgment shaping mealtime interventions qualities of effective trainers and developing effective training systems Key areas of coverage include Training versus mentorship Developing systems and contingencies related to training within an organization Ensuring a common vocabulary with trainers and trainees Development of clinical judgment Cultural considerations within training The Clinical Handbook of Autism Intervention Training is a must have resource for clinicians therapists and other practitioners and professionals as well as researchers professors and graduate students across such interrelated disciplines as clinical child school and developmental psychology child and adolescent psychiatry clinical social work public health rehabilitation medicine physical and occupational therapy special education pediatrics and neurology **Tobacco Research Implementation Plan** National Cancer Institute (U.S.). Tobacco Research Implementation Group,1998 Translational Radiation Oncology Jeffrey A. Bakal,Daniel Kim,David Wazer,Adam E.M. Eltorai,2023-08-03 Translational Radiation Oncology covers the principles of evidence based medicine and applies them to the design of translational research The book provides valuable discussions on the critical appraisal of published studies and recent developments in radiation oncology allowing readers to learn how to evaluate the quality of such studies with respect to measuring outcomes and make effective use of all types of evidence By reading this book researchers have access to a practical approach to help them navigate challenging considerations in study design and implementation It is a valuable resource for researchers oncologists and members of biomedical field who want to understand more about translational research applied to the field of radiation oncology Translational medicine serves as an indispensable tool in grant writing and funding efforts so understanding how to apply its principles to research is necessary to guarantee that results will be impactful to patients Provides a clear process for understanding designing executing and analyzing clinical and translational research Presents practical step by step guidance to help readers take ideas from the lab to the bedside Written by a team of oncologists radiologists and clinical research experts that fully cover translational research in radiation oncology **Planning, Implementing and Evaluating Health Promotion Programs with Navigate Advantage Access** James F. McKenzie,Brad L Neiger,Rosemary Thackeray,2022-07-18 This book is written for

students who are enrolled in their first professional course in health promotion program planning It is designed to help them understand and develop the skills necessary to carry out program planning regardless of the setting This book is unique among the health promotion planning textbooks on the market in that it provides readers with both theoretical and practical information **Optimization of Behavioral, Biobehavioral, and Biomedical Interventions** Linda M. Collins, 2018-02-08

This book presents a framework for development optimization and evaluation of behavioral biobehavioral and biomedical interventions Behavioral biobehavioral and biomedical interventions are programs with the objective of improving and maintaining human health and well being broadly defined in individuals families schools organizations or communities These interventions may be aimed at for example preventing or treating disease promoting physical and mental health preventing violence or improving academic achievement This volume introduces the multiphase optimization strategy MOST pioneered at The Methodology Center at the Pennsylvania State University as an alternative to the classical approach of relying solely on the randomized controlled trial RCT MOST borrows heavily from perspectives taken and approaches used in engineering and also integrates concepts from statistics and behavioral science including the RCT As described in detail in this book MOST consists of three phases preparation in which the conceptual model underlying the intervention is articulated optimization in which experimentation is used to gather the information necessary to identify the optimized intervention and evaluation in which the optimized intervention is evaluated in a standard RCT Through numerous examples the book demonstrates that MOST can be used to develop interventions that are more effective efficient economical and scalable **Optimization of Behavioral Biobehavioral and Biomedical Interventions** The Multiphase Optimization Strategy is the first book to present a comprehensive introduction to MOST It will be an essential resource for behavioral biobehavioral and biomedical scientists statisticians biostatisticians and analysts working in epidemiology and public health and graduate level courses in development and evaluation of interventions **Positive Psychological Intervention Design and Protocols**

for Multi-Cultural Contexts Llewellyn Ellardus Van Zyl, Sebastiaan Rothmann Sr., 2019-06-11 This volume presents innovative and contemporary methodologies and intervention protocols for the enhancement of positive psychological attributes in multicultural professional and organizational contexts Most methods models and approaches that underpin positive psychological interventions are confined to clinical samples closed systems or monocultural contexts which restrict their applicability to particular contexts Extensive practical intervention protocols designs and methods which usually accompany first draft intervention papers are condensed into brief paragraphs in final manuscripts or removed in their entirety This in turn reduces their potential for replicability or adoption by consumers practitioners or industry This volume develops guidelines for enhancing positive psychological attributes such as positive moods e g positive affect life satisfaction strengths e g gratitude humour cognitions e g hope optimism and behaviours e g emotional regulation positive relationship building within various multicultural contexts Thereby it shows how positive psychology interventions can be replicated to a

wide range of contexts beyond those in which they were developed

The Handbook of Behavior Change Martin S. Hagger, Linda D. Cameron, Kyra Hamilton, Nelli Hankonen, Taru Lintunen, 2020-07-15 Social problems in many domains including health education social relationships and the workplace have their origins in human behavior The documented links between behavior and social problems have compelled governments and organizations to prioritize and mobilize efforts to develop effective evidence based means to promote adaptive behavior change In recognition of this impetus The Handbook of Behavior Change provides comprehensive coverage of contemporary theory research and practice on behavior change It summarizes current evidence based approaches to behavior change in chapters authored by leading theorists researchers and practitioners from multiple disciplines including psychology sociology behavioral science economics philosophy and implementation science It is the go to resource for researchers students practitioners and policy makers looking for current knowledge on behavior change and guidance on how to develop effective interventions to change behavior

Behavioral Intervention Research in Hospice and Palliative Care George Demiris, Debra Parker Oliver, Karla T. Washington, 2018-10-12 Behavioral Intervention Research in Hospice and Palliative Care Building an Evidence Base sets forth research considerations and guidelines to build evidence based interventions to improve end of life care It is an in depth introduction to implementation research and showcases how a clinical need is identified to inform an intervention The book extensively examines the various phases of intervention research including design implementation evaluation dissemination and translation The book focuses on methodological ethical and practical issues The science behind the quality of hospice and palliative care lags behind that of traditional medical practice despite the continuous growth of palliative care interdisciplinary teams Researching developing and testing strategies is essential to advancing the effectiveness and value of this care Informs readers how to conduct intervention research toward identifying best care Advises readers on design implementation and evaluation of research Provides step by step templates to develop an intervention study Includes mock protocols from successful intervention trials Synthesizes lessons learned by established intervention researchers in hospice and palliative care

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