
ATI Nutrition Proctored Exam 2023

Questions with 100% correct

Answers

A nurse is conducting a nutritional class to a group of newly licensed nurses. Which of the following should be included in the teaching?

- A. Limit saturated fat to 10% of total caloric intake
- B. Good bowel function requires 35 g/day of fiber for women.
- C. Limit cholesterol consumption to 400 mg/day
- D. Normal functioning cardiac systems depends on B-complex vitamins -

ANS>>>>A

A nurse is discussing essential nutrients for normal functioning of the nervous system. Which of the following should be included in the teaching? Select all that apply

- A. Calcium
- B. Thiamin
- C. Vitamin B6
- D. Sodium
- E. Phosphorus - ANS>>>>A B C D

A school nurse is teaching a group of students how to read food labels. Which of the following should be included in the teaching? Select all that apply.

- A. Total carbohydrates
- B. Total fat
- C. Calories
- D. Magnesium
- E. Dietary fiber - ANS>>>>A, B, C, E

A nurse is reinforcing diet teaching to a client who has type 2 DM. Which of the following should the nurse include in the teaching? Select all that apply.

- A. Carbs should comprise 55% of daily caloric intake
- B. Use hydrogenated oils for cooking

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Aasdn Nutrition Specialist Certification Exam Study Guide Jane A. Pentz,2010-05 This study guide provides detailed information on each of the five performance domains required to become an AASDN Nutrition Specialist In addition to information contained in the Nutrition for Professionals Textbook this study guide provides additional details sample test questions including sample test answers **Nutrition Specialist Certification Exam Study Guide** Jane Pentz,2013-09-01 This study guide is the official study guide for successful completion of the AASDN Nutrition Specialist Exam This guide provides candidates with candidate and exam policy study questions and answers study activities designed to reinforce the skills needed for successful completion of the exam and sample exam questions Nutrition and Diet Therapy Antoinette Venuto Grundy,Rose Mirenda,Esther K. Plotner,1969 **Nutritionist I** National Learning Corporation,2014 The Nutritionist I Passbook R prepares you for your test by allowing you to take practice exams in the subjects you need to study It provides hundreds of questions and answers in the areas that will likely be covered on your upcoming exam including but not limited to Nutrition and dietetics Understanding and interpreting tabular material Preparation of written material Supervision

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