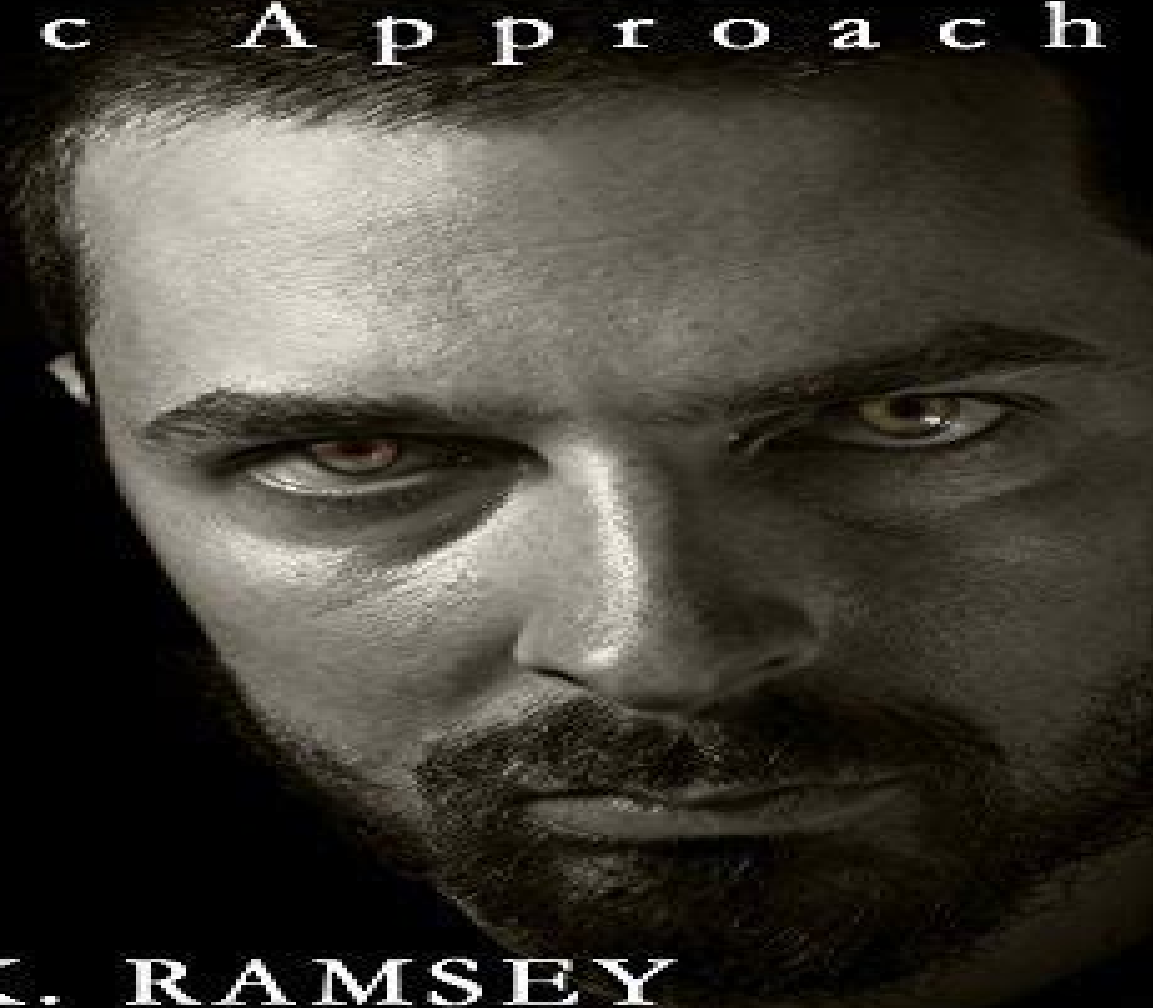


ANNIHILATING ADDICTION

H o l i s t i c A p p r o a c h



V. K. RAMSEY

Annihilating Addiction Holistic Approach Powers

Lingsheng Yao



Annihilating Addiction Holistic Approach Powers:

Annihilating Addiction V. K. Ramsey, 2015-10-29 All About Healing Addiction using Holistic Approach Presented in Blatantly Honest Way This Personal Insight Will Move You Towards Your Inner Power V K Ramsey's very personal book approaches addiction recovery in a new and very different way from what addicts or their family members as well as codependents have been offered so far He clearly highlights that fighting with and eventually facing addiction is something that deserves all respect support and love His supportive approach was created and continues to develop over almost twenty years and being a recovered addict himself stems from his personal experience of isolation with his pain and being labeled as a hopeless case who was very much left to his own devices His research is wide spread and in depth his unwavering care in suggesting an array of ways to help oneself as an addict heart warming his quest to uncover the truth behind one's pain as well as the root cause of an addiction is relentless and his courage to share his own journey write about self love mindfulness as well as compassion is inspiring Attempting to find the right approach towards healing an addiction it starts with that addiction is not a disease contrary to what everyone might have been told or to what more or less every author suggests and continues to find a solution and offers effective recovery strategies Stating that addiction in its essence is a bio psychosocial disorder and as such requires clear understanding and a holistic treatment the author finds it imperative that anyone who suffers from addiction needs to be treated simultaneously on the mental emotional physical as well as spiritual level Why Because he rightly uncovers that the widespread disease model of addiction does not solve the problem and worse dehumanizes the individual Yet when one tries to really understand addiction as a behavioral disorder which ignited into existence through suffering and pain one can finally treat it effectively and achieve the long term results every addict truly hoped for

Longevity Finance Karen Wendt, Marta Ra, 2025-09-15 This book presents the latest research and evidence on how longevity research translates into longevity investment strategies and sustainable outcomes The book explores the concept of longevity explaining how investment strategies and longevity focused asset management can support financial sustainability It defines the purpose scope and objectives highlighting the importance of longevity planning Furthermore the book sheds light into the investment universe through a sustainable longevity lens detailing criteria for investment selection portfolio diversification and risk management strategies

Cumulated Index Medicus, 1986

New Unionist, 1978

Resources in Education, 1996 *The Missouri Review*, 1987 *Resources in Education*, 1996 Peace, Power, and a Sound Mind Rhonda S. McBride, 2011-11-04 Peace Power and A Sound Mind will offer the alcoholic or addict and those that love them and understanding of addiction and the tools to return to a life of health happiness and peace of mind **Herbal Solution for Alcohol and Substance Abuse** Dr Chris Friedrich, 2023-12-05 Uncover the Power of Nature's Healing Bounty Embark on a transformative journey towards a sober life with Herbal Solution for Alcohol and Substance Abuse This expert guide takes you on a profound exploration of holistic healing through the potent force of plant power Are you ready to break

free from the chains of addiction and embrace a life of lasting recovery Discover Nature s Pharmacy Dive into a comprehensive guide that unveils the remarkable healing properties of herbs From ancient remedies to cutting edge research explore the holistic approach that empowers you to address the root causes of addiction Holistic Healing for Body and Mind Learn how herbal solutions offer a holistic approach to healing not only targeting physical symptoms but also nurturing mental and emotional well being Gain insights into mindfulness practices nutrition and lifestyle changes that support a balanced and sustainable recovery Break Free with Plant Power Empower yourself with the knowledge to make informed choices Explore herbal remedies that aid in detoxification reduce cravings and promote overall wellness Unleash the potential of natural solutions to complement and enhance your journey to sobriety Expert Guidance for Lasting Change Benefit from the wisdom of experts who guide you through a personalized and effective herbal healing plan This book is a beacon of hope offering practical advice empowering stories and a roadmap to navigate the challenges of addiction recovery Your Sober Life Awaits Take the first step towards a brighter future Embrace the call to action within these pages and reclaim control of your life Break free from the chains of addiction and embark on a holistic journey towards lasting sobriety Are You Ready to Transform Your Life This book is more than a guide it s a roadmap to a life free from the shackles of alcohol and substance abuse Seize the opportunity to embrace holistic healing harness the power of plant remedies and unlock the door to a sober fulfilling life Your journey to recovery starts now turn the page and step into a future of wellness and vitality

The Alcoholism and Addiction Cure Chris Prentiss,Pax Prentiss,2010-04-20 The Alcoholism and Addiction Cure contains the powerful three step program to total recovery that is the basis of the miraculous success of the Passages Addiction Cure Center in Malibu California You ll learn the three steps to permanent sobriety the four causes of dependency how your thoughts emotions and beliefs are key factors in your recovery and how to create your own personalized treatment program with the help of health professionals where you live one that gets to the real underlying causes of dependency Freedom from dependency starts with understanding that alcohol drugs and addictive behaviors are not the real problems say Pax and Chris Prentiss cofounders of Passages Alcohol street drugs nicotine prescription medications food bingeing gambling and the like are merely the substances or behaviors you or your loved ones are using to cope with the real problems anything from deep emotional pain ill health or depression to hypoglycemia a sluggish thyroid or brain wave pattern imbalances Once the underlying problems are discovered and cured the need for drugs alcohol or addictive behavior will disappear along with the craving Chris Prentiss should know His son Pax was addicted to heroin cocaine and alcohol for ten years They sought help everywhere but Pax relapsed again and again In desperation they finally created their own holistic hand tailored program that was a complete break from all other programs and that combined several effective therapies It saved Pax s life Together father and son founded Passages to help others find their own freedom For decades we ve been hearing that alcoholism and addiction are incurable diseases but The Alcoholism and Addiction Cure proves that this is a dangerous myth and that the

label of alcoholic or addict destroys the promise of full recovery Visionaries and innovators Pax and Chris Prentiss bring new hope to people everywhere who are dependent on drugs alcohol or addictive behaviors This groundbreaking approach will show you how to end relapse end addictive behavior and end your suffering

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