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Autobiography Of A Yogi

Sri Sri Paramahansa Yogananda



Autobiography Of A Yogi:

Autobiography of a Yogi Sri Sri Paramahansa Yogananda, 2008 **Autobiography of a Yogi** Paramahansa Yogananda, 1973-12 This audio edition contains the complete text of Paramahansa Yogananda's life story. Selected as One of the 100 Best Spiritual Books of the Twentieth Century, *Autobiography of a Yogi* has been translated into 20 languages and is regarded worldwide as a classic of religious literature. Several million copies have been sold, and it continues to appear on best seller lists after more than fifty consecutive years in print. Profoundly inspiring, it is at the same time vastly entertaining, warmly humorous, and filled with extraordinary personages. This audio book version is given an inspired reading by Academy Award-winning actor Sir Ben Kingsley.

Autobiography of a Yogi Paramahansa Yogananda, Sheba Blake, 2022-01-10 The *Autobiography of a Yogi* details his search for a guru during which he encountered many spiritual leaders and world-renowned scientists. When it was published in 1946, it was the first introduction of many westerners to yoga and meditation. The famous opera singer Amelita Galli Curci said about the book: "Amazing true stories of saints and masters of India blended with priceless superphysical information much needed to balance the Western material efficiency with Eastern spiritual efficiency come from the vigorous pen of Paramahansa Yogananda, whose teachings my husband and myself have had the pleasure of studying for twenty years."

Autobiography of a Yogi Paramahansa Yogananda, 2023-10-11 The book is an account of the life and spiritual journey of Paramahansa Yogananda, who was born in India in 1893. Yogananda's early years are marked by a deep interest in spirituality and a desire to seek truth and enlightenment. He describes his encounters with several spiritual teachers and gurus during his youth, including Swami Sri Yukteswar Giri, who became his principal guru and mentor. The autobiography recounts Yogananda's experiences and spiritual insights, including his training in the ancient science of Kriya Yoga, a meditation and spiritual practice. He also shares his travels in India and his interactions with various spiritual figures, including Mahatma Gandhi. Yogananda's journey takes him to the United States, where he introduces the teachings of yoga and meditation to a Western audience. He establishes the Self-Realization Fellowship, an organization devoted to disseminating the teachings of Kriya Yoga and spiritual self-realization. Throughout the book, Yogananda discusses the interconnectedness of various religious and spiritual traditions and emphasizes the universal principles that underlie all spiritual paths. He shares personal stories and mystical experiences, making a compelling case for the transformative power of yoga and meditation in achieving self-realization and spiritual awakening. The *Autobiography of a Yogi* is regarded as a spiritual classic and has been highly influential in the spread of yoga and Eastern spirituality in the West. It has inspired countless individuals on their spiritual journeys and continues to be widely read and respected by people seeking a deeper understanding of the inner workings of the mind and the quest for self-realization. The book's universal message of seeking divine wisdom and realization transcends cultural and religious boundaries.

Autobiography of a Yogi Yogananda (Paramahansa), 1946 **Autobiography of a Yogi** Paramahansa Yogananda, 2014-07-25 *Autobiography of a Yogi* introduces

the reader to the life of Paramahansa Yogananda and his encounters with spiritual figures of both the East and West The book begins with his childhood family life to finding his guru to becoming a monk and establishing his teachings of Kriya Yoga meditation The book continues in 1920 when Yogananda accepts an invitation to speak in a religious congress in Boston Massachusetts USA He then travels across America lecturing and establishing his teachings in Los Angeles California In 1935 he returns to India for a yearlong visit When he returns to America he continues to establish his teachings including writing this book The book is an introduction to the methods of attaining God realization and to the spiritual thought of the East which had only been available to a few in 1946 The author claims that the writing of the book was prophesied long ago by the nineteenth century master Lahiri Mahasaya *Autobiography of a Yogi* Paramahansa Yogananda,2023-07-23
Reproduction of the original **Autobiography of a Yogi** Paramahansa Yogananda,2011-06-24 Details the life of Paramahansa Yogananda one of India s Spiritual guru s who is often referred to particularly in the West as the Father of Yoga Yogananda chronicles his life s journey and his many encounters with spiritual luminaries such as Mahatma Gandhi Rabindranath Tagore Therese Neumann and many more bn com **Autobiography of a Yogi - With Pictures** Paramhansa Yogananda,2018-04-03 **Autobiography Of A Yogi** Paramhansa Yogananda,1950

This book delves into Autobiography Of A Yogi. Autobiography Of A Yogi is an essential topic that needs to be grasped by everyone, from students and scholars to the general public. This book will furnish comprehensive and in-depth insights into Autobiography Of A Yogi, encompassing both the fundamentals and more intricate discussions.

1. The book is structured into several chapters, namely:

- Chapter 1: Introduction to Autobiography Of A Yogi
- Chapter 2: Essential Elements of Autobiography Of A Yogi
- Chapter 3: Autobiography Of A Yogi in Everyday Life
- Chapter 4: Autobiography Of A Yogi in Specific Contexts
- Chapter 5: Conclusion

2. In chapter 1, the author will provide an overview of Autobiography Of A Yogi. The first chapter will explore what Autobiography Of A Yogi is, why Autobiography Of A Yogi is vital, and how to effectively learn about Autobiography Of A Yogi.
3. In chapter 2, the author will delve into the foundational concepts of Autobiography Of A Yogi. The second chapter will elucidate the essential principles that must be understood to grasp Autobiography Of A Yogi in its entirety.
4. In chapter 3, this book will examine the practical applications of Autobiography Of A Yogi in daily life. This chapter will showcase real-world examples of how Autobiography Of A Yogi can be effectively utilized in everyday scenarios.
5. In chapter 4, the author will scrutinize the relevance of Autobiography Of A Yogi in specific contexts. The fourth chapter will explore how Autobiography Of A Yogi is applied in specialized fields, such as education, business, and technology.
6. In chapter 5, the author will draw a conclusion about Autobiography Of A Yogi. This chapter will summarize the key points that have been discussed throughout the book.

This book is crafted in an easy-to-understand language and is complemented by engaging illustrations. This book is highly recommended for anyone seeking to gain a comprehensive understanding of Autobiography Of A Yogi.

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