

Adult Health Study Guide Notes Weeks 1-4

Hyperthyroidism- Hyperactivity of the thyroid gland excessive sustained release of the hormone.

- Most common in women than men
- The most common form is Graves' disease
- Occurs btw the ages of 20-40 y/o

Causes include:

- toxic nodular goiter
- thyroiditis
- excess iodine intake
- pituitary tumors
- Thyroid cancers

Thyrotoxicosis refers to the physiologic effects or clinical syndrome of hypermetabolism resulting from excess circulating levels of T4, T3, or both.¹² Hyperthyroidism and thyrotoxicosis usually occur together.

- Subclinical hyperthyroidism occurs when the patient has a serum TSH level below 0.4 mU/L but normal T4 and T3 levels. Overt hyperthyroidism is defined by low or undetectable TSH and increased T4 and T3 levels. The patient may or may not have symptoms of hyperthyroidism.

The range for TSH: 0.4-4

Graves' disease is an autoimmune disease of unknown cause characterized by diffuse thyroid enlargement and excess thyroid hormone secretion. It accounts for 75% of cases of hyperthyroidism. **High T3 & T4 and decreased TSH**

- Causative factors, such as a lack of iodine
- smoking
- infection, and stressful life events, may interact with genetic factors to cause Graves' disease.
- In Graves' disease, the patient develops antibodies to the TSH receptor. These antibodies attach to the receptors and stimulate the thyroid gland to release T3, T4, or both.

Clinical Manifestations

- increases metabolism
- Palpation of the thyroid gland may reveal a goiter
- When the thyroid gland is excessively large, a goiter may be seen on inspection.
- A classic finding in Graves' disease is exophthalmos, a protrusion of the eyeballs from the orbits that is usually bilateral. Occurs from fatty deposit behind the eyes.
- Periorbital edema
- ↑ Appetite, thirst
- Weight loss
- ↑ Peristalsis
- Diarrhea, frequent defecation
- ↑ Bowel sounds
- Splenomegaly

Adult Health Study Guide Answers

Kim Cooper, Kelly Gosnell



Adult Health Study Guide Answers:

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