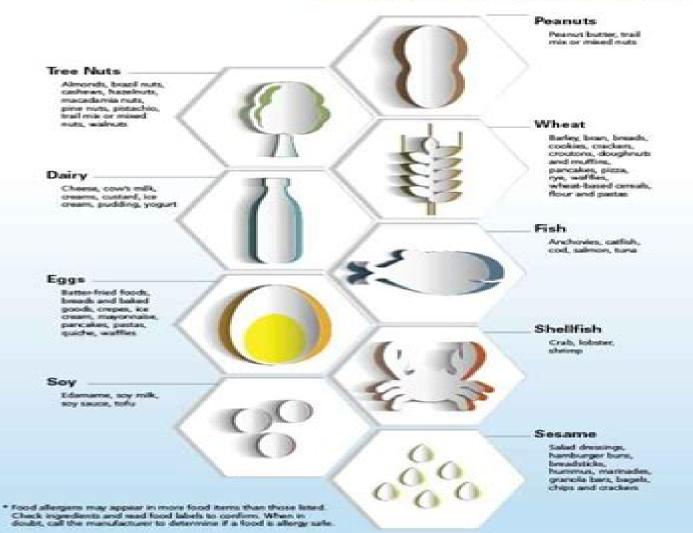


# Allergy Top 5 Food Allergens

(Account for 90% of all food allergy reactions in the United States)



More than 170 foods have been reported to cause allergic reactions, including: Apples, Avocados, Celery, Citrus, Corn, Garlic, Gelatin, Meat, Mustard, Poppy seeds, Spices, Sunflower seeds

# <u>Allergy Asthma Allergy Which Allergens Peanut Food Of</u> <u>Plant Origin</u>

**Minjie Lin** 

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