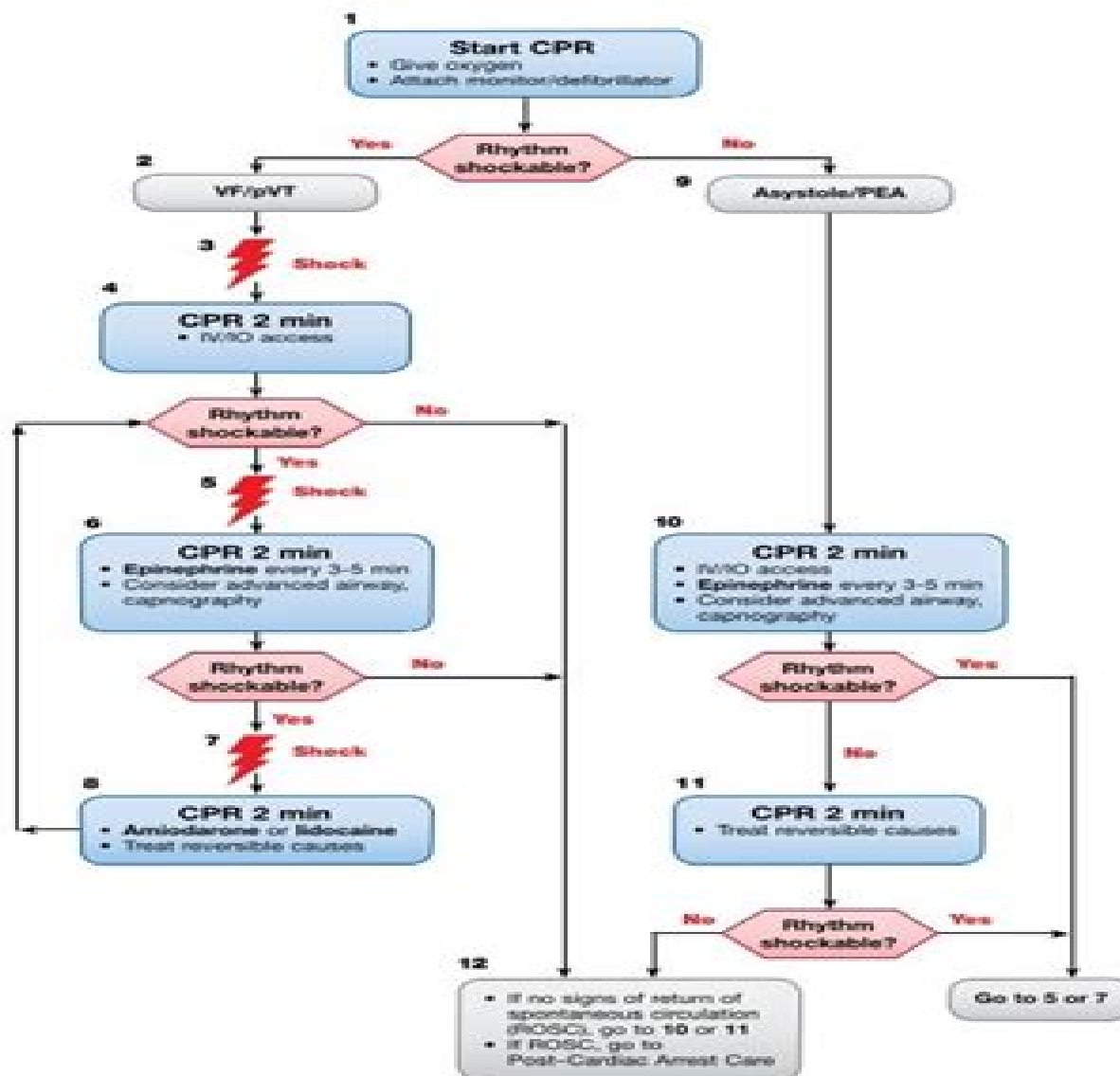


Adult Cardiac Arrest Algorithm – 2018 Update



CPR Quality
- Push hard (at least 2 inches [5 cm]) and fast (100-120/min) and allow complete chest recoil. - Minimize interruptions in compressions. - Avoid excessive ventilation. - Change compressor every 2 minutes, or sooner if fatigued. - If no advanced airway, 30:2 compression-ventilation ratio. - Quantitative waveform capnography: - If P_{Et}100, <10 mm Hg, attempt to improve CPR quality. - Intra-arterial pressure: - If relaxation phase (diastolic) pressure <20 mm Hg, attempt to improve CPR quality.
Shock Energy for Defibrillation
Biphasic: Manufacturer recommendation (eg, initial dose of 120-200 J; if unknown, use maximum available. Second and subsequent doses should be equivalent, and higher doses may be considered. Monophasic: 360 J
Drug Therapy
Epinephrine IV/IO dose: 1 mg every 3-5 minutes Amiodarone IV/IO dose: First dose: 300 mg bolus. Second dose: 150 mg. -OR- Lidocaine IV/IO dose: First dose: 1-1.5 mg/kg. Second dose: 0.5-0.75 mg/kg.
Advanced Airway
- Endotracheal intubation or supraglottic advanced airway - Waveform capnography or capnometry to confirm and monitor ET tube placement - Once advanced airway in place, give 1 breath every 6 seconds (10 breath/min) with continuous chest compressions.
Return of Spontaneous Circulation (ROSC)
- Pulse and blood pressure - Abrupt sustained increase in P_{Et}CO₂ (typically >40 mm Hg) - Spontaneous arterial pressure waves with intra-arterial monitoring
Reversible Causes
- Hypovolemia - Hypoxia - Hydrogen ion (acidosis) - Hypo-/hyperkalemia - Hypothermia - Tension pneumothorax - Tamponade, cardiac - Toxins - Thrombosis, pulmonary - Thrombosis, coronary

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Figure 2. Adult Cardiac Arrest Algorithm.

Aha Code From Manual

VM Jensen



Aha Code From Manual:

Invasive Cardiology: A Manual for Cath Lab Personnel Sandy Watson, Kenneth A . Gorski, 2010-05-06 written specifically by and for nurses and technicians Topics include ECG interpretation intracardiac pressure measurement radiography intracoronary Doppler intravascular ultrasound duties of technical staff angiography and cardiac catheterization PTCA stents atherectomy laser nursing care valvuloplasty and balloon pericardiotomy electrophysiology cardiac pacing endomyocardial biopsy foreign body retrieval pediatric interventional cardiology cardiac pharmacology and cath lab emergencies Publisher **AACN Procedure Manual for Progressive and Critical Care - E-Book** AACN, 2023-07-07 American Journal of Nursing AJN Book of the Year Awards 1st Place in Critical Care Emergency Nursing 2024 Selected for Doody's Core Titles 2024 with Essential Purchase designation in Critical Care Edited by the American Association of Critical Care Nurses and written by more than 100 critical care experts under the direction of Karen L Johnson PhD RN FAAN this definitive reference represents the gold standard of care for procedures performed in progressive and critical care settings It guides you through procedures common to the adult critical care environment including those performed by advanced practice nurses in an illustrated step by step format This edition now in full color features new procedures new and updated illustrations and updated content throughout reflecting the latest evidence based guidelines and national and international protocols Quick reference tabs make it easier than ever to locate content quickly This new edition integrates key AACN initiatives such as Practice Alerts and coordinates closely with the AACN Core Curriculum for Progressive and Critical Care Nursing 8th Edition Chapter specific quick links employ QR codes for instant access to high quality online references Edited by the American Association of Critical Care Nurses written by more than 100 expert critical care clinicians under the direction of Karen L Johnson PhD RN FAAN and extensively reviewed by more than 100 additional critical care experts to ensure the accuracy and currency Comprehensive coverage includes all procedures commonly performed in progressive and critical care settings including those performed by advanced practice nurses indicated by an AP icon Straightforward step by step organization uses consistent headings to make following a procedure and finding the various supporting elements quick and easy with bulleted lists tables and detailed illustrations throughout to ensure that content is easy to reference and follow Rationales for all interventions in patient and family education assessment patient preparation procedure and monitoring help students understand the rationale for every step and a level of evidence is provided when a research base exists to substantiate an intervention giving insight into the strength of recommendations NEW Additional procedures new and updated illustrations and updated content throughout reflect the latest evidence based guidelines and national and international protocols NEW Full color design with color reference tabs enhances navigation plus full color illustrations reinforce understanding UPDATED Key AACN initiatives such as Practice Alerts are integrated throughout and content coordinates with the AACN Core Curriculum for Progressive and Critical Care Nursing 8th Edition

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