

SECOND EDITION

Adolescent Psychotherapy

HOMEWORK PLANNER

- Contains 83 ready-to-copy homework assignments that can be used to facilitate brief adolescent therapy.
- Homework assignments and exercises are keyed to the behaviorally based presenting problems from *The Adolescent Psychotherapy Treatment Planner, Fourth Edition*.
- Assignments may be quickly customized using the enclosed CD-ROM.



ARTHUR E. JONGSMA, Jr., L. MARK PETERSON, WILLIAM P. MCINNIS

Adolescent Psychotherapy Homework Planner Practiceplanners

**Arthur E. Jongsma, Jr., L. Mark
Peterson, William P. McInnis, Timothy J.
Bruce**

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Jr.,2011-02-10 As with the previous edition The Adolescent Psychotherapy Progress Notes Planner Third Edition helps mental health practitioners reduce the amount of time spent on paperwork by providing a full menu of pre written progress notes that can be easily and quickly adapted to fit a particular patient need or treatment situation Adolescent Psychotherapy Homework Planner David J. Berghuis,L. Mark Peterson,William P. McInnis,2014-03-12 New and updated assignments and exercises to meet the changing needs of mental health professionals The Adolescent Psychotherapy Homework Planner Fifth Edition provides you with an array of ready to use between session assignments designed to fit virtually every therapeutic mode This easy to use sourcebook features 146 ready to copy exercises covering the most common issues encountered by adolescent clients including such problems as blended families substance use and eating disorders A quick reference format the interactive assignments are grouped by behavioral problems including academic underachievement anger control problems depression social anxiety and sexual abuse Expert guidance on how and when to make the most efficient use of the exercises Assignments cross referenced to The Adolescent Psychotherapy Treatment Planner Fifth Edition so you can quickly identify the right exercises for a given situation or problem A download code contains all the exercises in a word processing format allowing you to customize them to suit your and your clients unique styles and needs **Adolescent Psychotherapy Homework Planner. Practice Planners** L. Mark Peterson,William P. McInnis,2006 *Adolescent Psychotherapy Homework Planner* Arthur E. Jongsma, Jr.,L. Mark Peterson,William P. McInnis,Timothy J. Bruce,2024-01-11 Evidence based and effective clinical homework for adolescent clients and their caregivers In the newly updated sixth edition of The Adolescent Psychotherapy Homework Planner a team of distinguished practitioners delivers a time saving and hands on practice tool designed to offer clients valuable homework assignments that will further their treatment goals for a wide variety of presenting problems The Homework Planner addresses common and less common disorders including anxiety depression substance use eating and panic allowing the client to work between sessions on issues that are the focus of therapy This book provides evidence based homework assignments that track the psychotherapeutic interventions suggested by the fifth edition of The Adolescent Psychotherapy Treatment Planner They are easily photocopied and a digital version is provided online for the therapist who would prefer to access them with a word processor The Homework Planner also offers Cross referenced lists of suggested presenting problems for which each assignment may be appropriate beyond its primary designation Several brand new assignments as well as adapted assignments that have been shortened or modified to make them more adolescent client friendly Homework assignments for the parents of adolescents in treatment assignments for the adolescents themselves and assignments for parents and adolescents to complete together An essential and practical tool for therapists and practitioners treating adolescents The Adolescent Psychotherapy Homework Planner Sixth Edition will benefit social workers psychologists psychiatrists and other clinicians seeking efficient and effective homework tools for their clients

The Adolescent Psychotherapy Treatment Planner David J. Berghuis,L. Mark Peterson,William P. McInnis,2010-06-15 The

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