

Mental Health Study Guide Exam 4

Module 10: Personality Disorder: when personality traits become rigid/inflexible and contribute to maladaptive patterns of behavior/impairment in functioning

- **Assessment:** Self-assessment/pre-engagement is integral for nurses when treating PD patients. Important to reassess self-reactions to pt behaviors.
- Major disturbances of thought are absent in personality disorders (compared to psychosis)
 - **PD Risk Factors:**
 - Substance use
 - Hx of criminal activity
 - Childhood abuse/trauma
 - Genetic/biochemical factors
 - **S/S:**
 - Inflexible/maladaptive response to stress
 - Compulsivity
 - Lack of social restraint
 - Inability to connect (social/professional)
 - Tendency to provoke conflict

Specific Disorders

Cluster A: Odd / Eccentric

- **Paranoid Personality Disorder:** pattern of pervasive mistrust and suspiciousness of others with misinterpretation of others' motives as malevolent. Begins by early adulthood. S/S generally mild
 - **Risk Factors:**
 - Male
 - **S/S:**
 - Hypervigilant/on guard
 - Ready for any real/imagined threat
 - Constantly testing honesty/integrity of others
 - Irritable
 - Insensitive to others' feelings
 - Avoidant of others
 - Magnification and distortion of cues
 - Unaccountable for behavior
 - Maintains self-esteem by attributing shortcomings to others
- **Schizoid Personality Disorder (SCHIZOID = SOLITARY):** characterized primarily by a profound defect in the ability to form personal relationships. Often perceived as eccentric, isolated, or lonely. Lifelong pattern of social withdrawal and uncomfortable interacting with others.
 - **DMS-5:** pervasive pattern of detachment from social relationships and a restricted range of expression of emotions in interpersonal settings
 - **S/S:** Detachment, disinterest in relationships, indifference to others
 - Want to be left alone; doesn't value others
 - Aloof/cold
 - Uncooperative
 - Engage more with animals vs. People

Ali Health Study Guide

Karin Nielsen-Saines



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