



The Applied Anthropology of Obesity

Prevention, Intervention, and Identity



Edited by
CHAD T. MORRIS *and* ALEXANDRA G. LANCEY

Applied Anthropology Obesity Prevention Intervention

Genaro Castro-Vázquez



Applied Anthropology Obesity Prevention Intervention:

The Applied Anthropology of Obesity Alexandra G. Lancey, Chad T. Morris, 2015-12-24 The increasing global prevalence of obesity and nutrition based non communicable disease has many causes including food availability social norms as evidenced in local foodways genetic predisposition economic circumstance cultural variation in norms surrounding body composition and policies affecting production distribution and consumption of food locally and globally The Applied Anthropology of Obesity Prevention Intervention and Identity advances understanding of the many cultural factors underlying increased global obesity prevalence This collection of chapters showcase the value of anthropology s holistic approach to human interaction by exploring how human identity associated with obesity overweight is affected by cultural norms policy decisions and perceptions of cultural change They also demonstrate best practices for the application of anthropological skillsets to develop culturally appropriate nutritional behavior change across multiple levels of analysis from local programming to policy decisions at local and national levels In addition to soliciting explanatory models used by respondents in different cultures and situations anthropologists find themselves on the front lines of public health and policy attempts at affecting behavioral change As such this applied focused volume will be of utility to scholars and practitioners in applied and medical anthropology as well as to scholars and professionals in public health and other disciplines The volume s authors are professional and student anthropologists from both public health practice and academia Chapters are geographically diverse containing lessons learned from attempts to combat obesity by anthropologically focusing on culture history economy and power relative to obesity causation prevention and intervention The Applied Anthropology of Obesity Prevention Intervention and Identity candidly provides rich information about social identity obesity and treatment

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Agency and Bodily Autonomy in Systems of Care Heidi M. Altman,2024-03-06 Agency and Bodily Autonomy in Systems of Care examines the ways in which humans and their bodies become enmeshed in various systems of care Seven case studies demonstrate the ways in which people lose negotiate establish or impose bodily autonomy in diverse contexts Diverse methods and perspectives from cultural and medical anthropology bioarchaeology and public health establish the need for advocacy and policy change to improve health outcomes by re envisioning systems of care as spaces that include room for individual agency and bodily autonomy This volume explores diverse subjects to promote advocacy for patient centered care and bodily autonomy and for liberation from over medicalization

Diabetes in Native Chicago Margaret Pollak,2021-09 In Diabetes in Native Chicago Margaret Pollak explores experiences understandings and care of diabetes in a Native American community

made up of individuals representing more than one hundred tribes from across the United States and Canada Today Indigenous Americans have some of the highest rates of diabetes worldwide While rates of diabetes climbed in reservation areas they also grew in cities where the majority of Native people live today Pollak s central argument is that the relationship between human culture and human biology is a reciprocal one colonial history has greatly contributed to the diabetes epidemic in Native populations and the diabetes epidemic is being incorporated into contemporary discussions of ethnic identity in Native Chicago where a vulnerability to the development of diabetes is described as a distinctly Native trait This work is based upon ethnographic research in Native Chicago conducted between 2007 and 2017 with ethnographic and oral history interviews observations surveys and archival research Diabetes in Native Chicago illustrates how local understandings of diabetes are shaped by what community members observe in cases of the disease among family and friends Pollak shows that in the face of this epidemic care for disease is woven into the everyday lives of community members Diabetes is not merely a physical disease but a social one perpetuated by social policies and practices and can only be thwarted by changing society

Teaching Food and Culture Candice Lowe Swift,Richard R Wilk,2016-07 A group of experienced innovative teachers explore methods of teaching about food and using food to teach the basics of various disciplines

Masculinity and Body Weight in Japan Genaro Castro-Vázquez,2020-04-07 Drawing on the concept of the somatic self Castro V zquez explores how Japanese men think about express and interpret their experiences concerning bodyweight control Based on an extensive ethnographic investigation this book offers a compelling analysis of male obesity and overweight in Japan from a symbolic interactionism perspective to delve into structure meaning practice and subjectivity underpinning the experiences of a group of middle aged Japanese men grappling with body weight control Castro V zquez frames obesity and overweight within historical and current global and sociological debates that help to highlight the significance of the Japanese case By drawing on evidence from different locations and contexts he sustains a comparative perspective to extend and deepen the analysis A valuable resource for scholars both of contemporary masculinity and of medical sociology especially those with a particular interest in Japan

Visual Interventions Sarah Pink,2007 Visual anthropology has proved to offer fruitful methods of research and representation to applied projects of social intervention This volume examines both the range contexts in which applied visual anthropology is engaged and the methodological and theoretical issues it raises

Obesity in Childhood and Adolescence H. Dele Davies MD,Hiram E. Fitzgerald,Kami J. Silk,2018-11-09 This updated edition of the groundbreaking first edition identifies changes in U S children and adolescents obesity levels within the past decade examining factors contributing to obesity in this younger generation as well as possible solutions This comprehensive review of obesity in childhood and adolescence describes the many factors that contribute to obesity how to prevent it and how to manage it in those who already experience its effects Written by specialists in biological psychological social and behavioral fields these volumes take an interdisciplinary approach to the subject offering readers a

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Essentials of Nursing Research and Data Analysis Mr. Rohit Manglik, 2024-07-24 This book guides nursing students through the process of research design data collection statistical analysis and interpretation enhancing evidence based practice

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