Physical Therapy Exercise Flow Sheet

 Name: Jeremy Lee

 Age: 45
 Gender: M

 Date: 02/18/2025,
 Time: 10:30AM

Relevant medical history:

History of ACL reconstruction (left knee), mild osteoarthritis

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Sets	Repetitions	Duration	Frequency	Additional notes
3	15	10 second hold	2x	

Progress notes:

Patient reports mild discomfort but no sharp pain. Good quad activation.

Sets	Repetitions	Duration	Frequency	Additional notes
3	12	10 second hold	2x	

Progress notes:

Patient able to perform with minimal fatigue, slight hip flexor strain reported.

Sets	Repetitions	Duration	Frequency	Additional notes
3	10	5 second hold	2x	

Knee flexion improved slightly, reports stiffness but no significant pain.

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Jacqueline A. Osborne

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Documentation for Physical Therapist Practice: A Clinical Decision Making Approach Jacqueline A.

Osborne, 2015-08-03 Documentation for Physical Therapist Practice A Clinical Decision Making Approach provides the framework for successful documentation It is synchronous with Medicare standards as well as the American Physical Therapy Association's recommendations for defensible documentation It identifies documentation basics which can be readily applied to a broad spectrum of documentation formats including paper based and electronic systems. This key resource skillfully explains how to document the interpretation of examination findings so that the medical record accurately reflects the evidence In addition the results of consultation with legal experts who specialize in physical therapy claims denials will be shared to provide current meaningful documentation instruction Exam 77-881 Microsoft Word 2010 Microsoft Official Academic Course, 2011-09-21 The Microsoft Official Academic Courseware MOAC Office 2010 Series is the only Official Academic Course program Microsoft Access 2010 is built from the ground up around the MOS certification objectives making it a great way to learn all the workforce oriented tasks required for certification The Test Bank now offers greater flexibility and provides more than 75 questions and 3 projects per lesson as well as automated grading via OfficeGrader Furthermore the latest edition s use of color in screen captures allows users to follow on screen much easier as screen captures will look the exact same as the application Additional projects throughout the book help users comprehend how a task is applied on the job OfficeGrader helps instructors offer immediate feedback on all homework assignments and projects and additional animated tutorials on key Office tasks provides additional help on difficult topics Functional Rehabilitation in Orthopaedics Trudy Sandler Goldstein, 1995 This book shows the clinician how to apply the newest concepts of functional restoration that have been so successful in sports medicine and industrial medicine to the average orthopaedic patient Functional assessment activity analysis documentation and the implementation of a functional rehabilitation program are Mastering Healthcare Terminology - E-Book Betsy J. Shiland, 2022-06-25 Master the terminology you need to included communicate clearly and confidently in the healthcare setting Using small learning segments or chunks Mastering Healthcare Terminology 7th Edition makes it easy to learn medical terms and definitions Concepts and terms are immediately followed by exercises to reinforce and assess your understanding Organizing terminology by body system the book covers prefixes suffixes and word roots and realistic case studies help you apply your knowledge to practice Special boxes help you avoid terminology pitfalls Written by respected educator Betsy Shiland this book includes an Evolve website with medical animations flash cards guizzes word games and more Frequent word part and word building exercises reinforce your understanding with immediate opportunities for practice and review Pathology and diagnostic terminology tables summarize the phonetic pronunciation of terms word origin and definitions Case studies provide an opportunity to see terminology in use Be Careful boxes remind you of potentially confusing look alike or sound alike word parts and terms Age

Matters boxes highlight important concepts and terminology for both pediatric and geriatric patients Labeling exercises and hundreds of illustrations help you learn anatomy and the accompanying combining forms Focus On boxes put it all together by highlighting a disorder or procedure that uses the medical terminology presented throughout the chapter Coverage of electronic medical records prepares you for using EHR in the healthcare setting Evolve website includes medical animations electronic flash cards quizzes and word games such as Tournament of Terminology Medical Millionaire and Match the Word Part NEW Point of Interest boxes offer a complete picture of selected diseases and procedures NEW gradable activities are added to the Evolve website for this edition NEW terms and photos keep you up to date with advances in healthcare

Guide to Clinical Documentation Debra Sullivan, 2011-12-22 Develop the skills you need to effectively and efficiently document patient care for children and adults in clinical and hospital settings. This handy guide uses sample notes writing exercises and EMR activities to make each concept crystal clear including how to document history and physical exams and The Journal of Continuing Education in Nursing ,1979 write SOAP notes and prescriptions The Microsoft Office 2000 Step-by-Step Learning Kit Microsoft Press, 1999 The Microsoft Office 2000 Step By Step Learning Kit uniquely combines the learning advantages of the proven step by step tutorials and those of interactive computer based training Users can easily choose what they learn and how they learn it by using both print and interactive lessons The companion CD ROM contains sample files for step by step lessons and Starts Here multimedia lessons Microsoft Office 2003 PowerPoint: A Professional Approach, Comprehensive w/ Student CD Deborah Hinkle, Pat Graves, 2004-07-01 McGraw Hill Technology Education's Professional Approach Series presents exercises in real life business situations so students get hands on experience working on actual projects the best way to prepare them for the on the job challenges they ll face Each lesson contains up to 25 skill applications and 5 end of unit skill applications that take students from simple to complex situations The Office 2003 texts complete instruction in all skill sets and activities for the appropriate Microsoft Office Specialist Certification MOS Exams Bulletin of the Atomic Scientists ,1970-06 **Focus Charting** Susan Lampe, 1997 The Bulletin of the Atomic Scientists is the premier public resource on scientific and technological developments that impact global security Founded by Manhattan Project Scientists the Bulletin's iconic Doomsday Clock stimulates solutions for a safer world

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