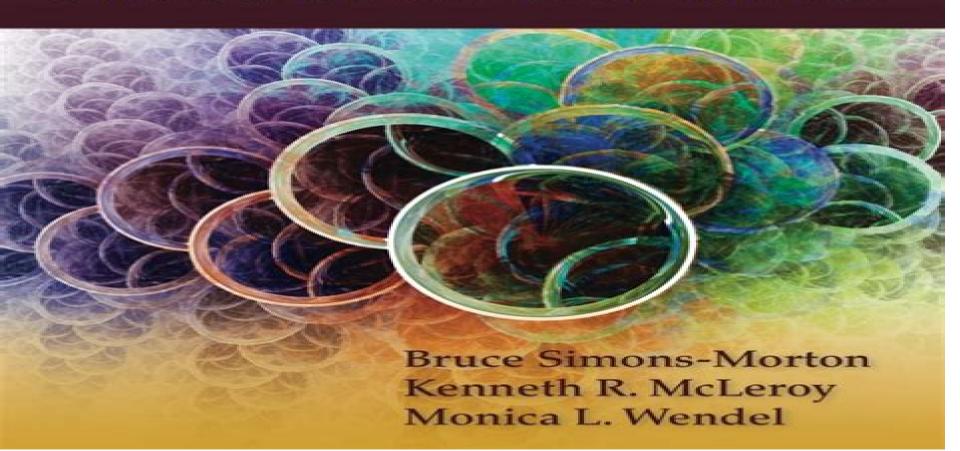
BEHAVIOR THEORY

in Health Promotion Practice and Research



Behavior Theory In Health Promotion Practice And Research

Marcel A. Müller

Behavior Theory In Health Promotion Practice And Research:

Behavior Theory in Health Promotion Practice and Research Bruce Simons-Morton, Kenneth McLeroy, Monica Wendel, 2012 Grounded in public health practice this text offers a comprehensive study of the health behavior theories that are the foundation of all health education and promotion programs Your students will come away with a clear understanding of essential relationships between human behavior and health as well as the practical application of theory and approaches to health promotion research and practice Designed for graduates or upper level undergraduates the book maintains a consistent single voice and offers many examples throughout Contents Section I Theory in Context 1 Health Behavior in the Context of Public Health 2 A Social Ecological Perspective 3 Theories of Motivation and Behavior A Brief History and Contemporary Perspectives Section II Cognitive and Social Theories of Motivation and Behavior 4 Expectancy Value Models 5 Operant Conditioning Self Regulation and Social Cognitive Theory 6 Social Influence Theory The Effects of Social Factors on Health Behavior 7 Diffusion of Innovations Theory Section III Behavior Change Theories 8 Learning Teaching and Counseling 9 Self Determination Theory and Motivational Interviewing 10 Stage Models 11 Health Communication and **Behavior Theory in Public Health Practice and Research** Social Marketing 12 Communities and Health Promotion Bruce Simons-Morton, Marc Lodyga, 2021-08-02 Written by experienced behavioral scientists with substantial experience teaching public health students Behavior Theory in Public Health Practice and Research Second Edition offers a comprehensive study of health behavior theories that are the foundation of all health education and promotion programs After presenting the rationale for behavioral science in public health practice the text methodically describes each theory or set of related theories with ample examples and research that demonstrate how they are applied in public health practice

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