## APIC Guideline for Hand Washing and Hand Antisepsis in Health-Care Settings\*

Elaine L. Larson and 1992, 1993, and 1994 APIC Guidelines Committee Association for Professionals in Infection Control and Epidemiology, Inc.

The Association for Professionals in Infection Control and Epidemiology, Inc. (APIC) Board of Direction and Guidelines Committee and pleased to propent the "APIC" Guideline for Hand Washing and Hand Antisepsis in Health Care Settings."

Etaine Laston, RN, PhD, FAAN, CIC, was selected to stvise the previously published "APIC Guideline for Use of Topical Antimicobasi Agents" because of her recognised exports in infection contact and extensive sessands in hand weeting and hand distribution. Initial drafts second soview by the APIC Guidelines Committee, key individuals, and professional organizations before publication of the Death in the Occober 1994 issue of the Jaurial, soliciting further commons. All written commons were seviewed by the APIC Guidelines Committee and revisions were reads. The Guidelines Committee in February 1995 and approved by the APIC Board of Disnectors in March. 1995.

The APC Board of Directors and the APC Guidelines Committee expetits our sincete graditude to the author and to all who provided astistance in the guideline development and toview peocest.

The success of United States efforts in infection control has been due in large part to attention paid to the individual person as a primary source of the spread and thus the prevention of nosocomial infections. It is known, for example, that hand washing causes a significant reduction in the carriage of potential pathogens on the hands. It is also known that hand washing can result in reductions in patient morbidity and mortality from nosocomial infection. Although a definitive, double-blind, clinical trial of the effects of hand washing with an antiseptic product on nosocomial infection rates may be infeasible, it

appears that, at least in certain high-risk situations, such antimicrobial products are beneficial. Two major dilemmas facing ICPs in health care settings today, however, are when to use antiseptic agents and which agents to use.

In addition to the Association for Professionals in Infection Control and Epidemiology, Inc. (APIC) serveral agencies and organizations have published guidelines, regulations, and standards regarding the topical use of antimicrobials for skin hygiene. This particular guideline will supplement those published by the Association of Operating Room Nurses (ADRN), the Centers for Disease Control and Prevention (CDC), and the Food and Drug Administration (FDA) by describing specific characteristics of antimicrobial products available for topical use, summarizing the literature regarding their efficacy, and providing recommendations for their use by surgical personnel for hand scrubbing and by health care personnel for hand washing and hand antisepsis.

This guideline therefore provides information on skin flora of hands, characteristics of selected antimicrobial agents used on hands, hand washing and surgical scrub techniques, and related aspects of hand care and protection. In addition, recommendations are made regarding (1) health care personnel handwashing, (2) personnel hand preparation for operative procedures, and (3) other aspects of hand care and protection.

#### **CHANGES SINCE 1988**

This guideline focuses on hand washing, surgical personnel hand scrub, and related topics. Changes in this guideline from the 1988 publication. include a review of recent literature addressing handwashing and surgical hand scrub products and the addition of sections on use of gloves and lotions; wearing of artificial nails, nail polish, and hand jewelry, and the

From the School of Norwing, Georgetown University, Washington, D.C.

Reprinted with permission, Lamon E: APE, guideline for handwarking and hard authorpsis in bealth care settings, Am J. Juliet Control 22:254–288, 1995.

<sup>&</sup>quot;Previously published as "APIC Guideline for Use of Topical Astimicrobial Agents."

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# **Apic Infection Control Guidelines**

James E. Allen

#### **Apic Infection Control Guidelines:**

APIC Guideline for Infection Prevention and Control in the Long-term Care Facility Philip W. Smith, Patricia G.

Rusnak, Association for Practitioners in Infection Control, 1991 The APIC/JCAHO Infection Control Workbook Joint
Commission Resources, Inc, 2006 Hospital Infection Control Guidelines: Principles and Practice Gupta Singh, 2012-01-01
This book Hospital Infection Control Guidelines Principles and Practice aims to provide comprehensive acceptable
implementable and effective guidelines on Infection Control in various healthcare facilities. The book deliberates on all
aspects of infection control in healthcare facilities including prevention processes infrastructure and training Analyses the
existing guidelines on infection control and recommends micro and macro guidelines appropriate to healthcare facilities at
various levels i e primary secondary and tertiary As per the World Health Organization statistics at any
Infection
Control in Home Care Emily Rhinehart, Mary M. Friedman, 1999 Provides information to home care and hospice
organizations for the prevention control and surveillance of infection Thirteen chapters cover topics including infection
control as a health care discipline the infectious disease process patient care practices infection control in home infusion t

Infection Control Compliance Guide Gail Bennett, 2006 The Infection Control Compliance Guide ensures that your institution's compliance portfolio stands up to the Joint Commission's increased scrutiny with such new 2007 revisions as an interdisciplinary IC plan built upon risk assessments and prioritization of risks standard IC 2 10 which requires your IC program to continually identify risks for the transmission of infectious agents survey scoring based upon observations that may require more drill down than usual a three strikes and you re out mentality when observing staff hand hygiene practices **Infection Control in Home Care and Hospice** Emily Rhinehart, 2006 An official and a new standard IC 4 15 requiring publication of the Association for Professionals in Infection Control and Epidemiology Inc APIC the highly successful Infection Control in Home Care and Hospice helps home care providers assess the infection control needs of their organization and develop home care infection and surveillance programs The Second Edition has been thoroughly updated and revised with the latest CDC Guidelines on infection control in home care including Hand Hygiene Prevention of IV related Infections and Infection Prevention Analyst - The Comprehensive Guide, Step into the vital world of the 2004 Isolation Guideline infection prevention and control with Infection Prevention Analyst The Comprehensive Guide Designed for healthcare professionals epidemiologists data analysts and public health practitioners this comprehensive resource unites scientific rigor with real world application From hospital surveillance and antimicrobial stewardship to outbreak analysis and environmental hygiene monitoring this book delivers practical frameworks and data driven insights for effective infection management Explore the intersection of epidemiology analytics and healthcare operations Learn to interpret infection metrics apply predictive modeling to patient safety and build evidence based prevention programs Through case studies and interactive exercises readers gain hands on understanding of root cause analysis reporting protocols and compliance with

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