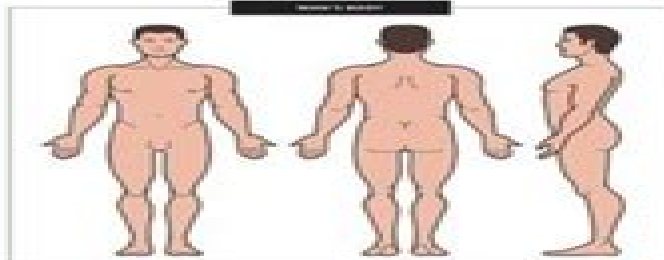


ANATOMICAL TERMS

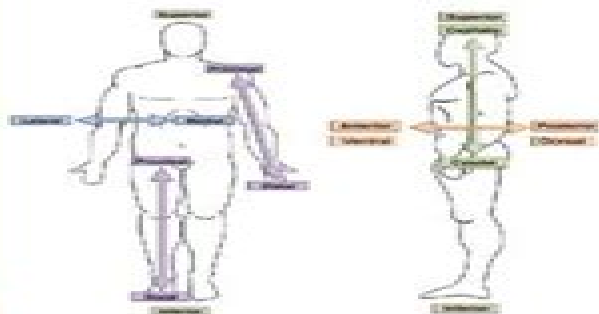
Anatomy and Physiology

THE LANGUAGE OF ANATOMY

ANATOMICAL POSITION - the body is erect with the feet parallel and the arms hanging at the sides with the palms facing forward. To accurately describe body parts and position.



DIRECTIONAL TERMS - allow medical personnel and anatomists to explain exactly where one body structure is in relation to another.



Orientation and Directional Terms		
Term	Definition	Example
Superior (cranial) or cephalad)	Toward the head end or upper part of a	The forehead is superior to the nose.

	structure or the body; above.	
Inferior (caudal)	Away from the head end or toward the lower part of a structure or the body; below.	The navel is inferior to the breastbone.
Ventral (anterior)	Toward or at the front of the body; in front of.	The breastbone is anterior to the spine.
Dorsal (posterior)	Toward or at the backside of the body; behind.	The heart is posterior to the breastbone.
Medial	Toward or at the midline of the body; on the inner side of.	The heart is medial to the arm.
Lateral	Away from the midline of the body; on the outer side of.	The arms are lateral to the chest.
Intermediate	Between a more medial and a more lateral structure.	The collarbone is intermediate between the breastbone and the shoulder.
Proximal	Close to the origin of the body part or the point of attachment of a limb to the body trunk.	The elbow is proximal to the wrist.
Distal	Farther from the origin of a body part or the point of attachment of a limb to the body trunk.	The knee is distal to the thigh.
Superficial (external)	Toward or at the body surface.	The skin is superficial to the skeleton.
Deep (internal)	Away from the body surface; more internal.	The lungs are deep to the rib cage.

Basic Anatomy Terms Quiz

Erin C. Amerman

A red circular graphic with a gradient, appearing as a stylized arrow or a partial circle, located to the right of the author's name.

Basic Anatomy Terms Quiz:

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