

ACUTE RESPIRATORY DISTRESS SYNDROME



Etiology

Direct

- *Pneumonia
- *Aspiration
- Trauma

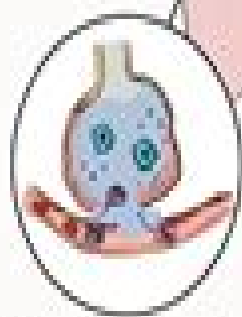
Indirect

- *Sepsis
- Transfusion Rxn
- Pancreatitis
- > 85% of ARDS

Pathophys

Exudative Phase

1. Insult/Injury
2. Alveolar Macrophage Activation
3. Neutrophil Migration



4. Capillary Leakage of Protein-Rich Fluid & Microvascular Injury

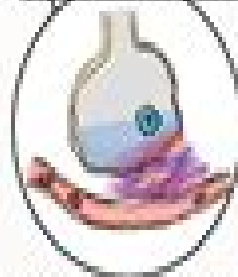
Proliferative Phase



5. Endothelial Barrier Repair

— Recovery? —

Fibrotic Phase



6. Disruption of Normal Lung Architecture

Diagnosis

1. Onset < 7 days
2. CXR/CT Bilateral Opacities
3. NOT Volume Overload or Cardiac
4. $\text{PaO}_2/\text{FiO}_2 < 300 \text{ mm Hg}$

Mild
300-200

Moderate
200-100

Severe
<100

Potential Therapies

↓ Mortality

- Lung Protective Ventilation
 - 6ml/kg Ideal Body Weight
 - Plateau Pressure < 30 mmHg
- Prone (Mod-Severe)

+/-

- (+) Treat Underlying Cause
- (+) Titrate PEEP/ FiO_2 to PaO_2 : 55-88 mmHg

→ ARDS Net Tables

- Conservative Volume Resuscitation
- Inhaled Vasodilators
- Recruitment Maneuvers
- ECMO

Ddx

1. CHF
2. Bilateral PNA

→ See ARDS Ddx Schema

Consequences

1. V/Q Mismatch
2. ↓ Compliance

Acute Respiratory Distress Syndrome

Wolfgang J. Kox, David J. Bihari

A red circular graphic with a gradient, appearing as a partial circle or a stylized arrow pointing to the right, located to the right of the authors' names.

Acute Respiratory Distress Syndrome:

Acute Respiratory Distress Syndrome Michael A. Matthay, 2003-07-11 Forty seven international specialists contribute 23 chapters documenting recent progress made in the research of the acute respiratory distress syndrome ARDS and clinical acute lung injury ALI at the molecular cellular and physiological levels and current pharmacological and ventilatory approaches

Acute Respiratory Distress Syndrome Sadatomo Tasaka, 2022-02-22 Divided into thirteen chapters this book provides a wealth of research oriented findings and practical guidance ranging from the definition epidemiology and pathophysiology to the diagnosis and management of the disease Although acute respiratory distress syndrome ARDS is defined by the acute onset of noncardiogenic pulmonary edema hypoxemia and the need for mechanical ventilation it is a heterogeneous disease entity which makes it difficult to develop specific therapies Treatment tends to focus on lung protective ventilation and no specific pharmacotherapies have been identified All chapters were written by respected experts in the field and summarize the latest trends share recent research findings and outline future prospects Specific chapters are devoted to novel promising diagnostic approaches such as microRNA which may improve our ability to identify early ARDS or at risk patients In addition a dedicated chapter explores cell based therapies and regenerative medicine which offer potential therapeutic options *Acute Respiratory Distress Syndrome Advances in Diagnostic Tools and Disease Management* offers a valuable reference guide not only for young physicians and trainees but also for experienced or teaching physicians medical educators and basic researchers Readers will find the latest information on ARDS and come to understand the current challenges encouraging them to further advance the diagnosis treatment and clinical research on this disease *Acute Respiratory Distress Syndrome, An Issue of Critical Care Clinics, E-Book* Michael Matthay, Kathleen Dori Liu, 2021-09-22 This issue of Critical Care Clinics guest edited by Drs Michael Matthay and Kathleen Dori Lui focuses on Acute Respiratory Distress Syndrome This is one of four issues each year selected by the series consulting editor Dr John Kellum Articles in this issue include but are not limited to Epidemiology Environmental Factors Clinical Diagnosis Physiology of ARDS including COVID 19 Pathogenesis Based on Clinical Studies Genetics of ARDS Ventilator Management and Rescue Therapy with ECMO Acute Kidney Injury and ARDS Pharmacologic Therapies and ARDS and Long Term Outcomes from ARDS Provides in depth clinical reviews on ARDS providing actionable insights for clinical practice Presents the latest information on this timely focused topic under the leadership of experienced editors in the field Authors synthesize and distill the latest research and practice guidelines to create these timely topic based reviews **Acute Respiratory Failure** Warren M. Zapol, Konrad J. Falke, 1985

ARDS Acute Respiratory Distress in Adults Timothy W. Evans, C. Haslett, 2013-11-11 Great progress has been made since the first description of the acute respiratory distress syndrome by the Denver group in 1967 Lancet Although we introduced the term adult respiratory distress syndrome in our second and more detailed description of the syndrome in 1971 this was probably a mistake for the simple reason that children also suffer the same syndrome following acute lung insults Today

the syndrome of acute respiratory distress in adults ARDS is recognized as a worldwide problem but the prevalence of disease varies in different parts of the world A huge amount of research has focused on the mechanisms of acute lung injury and yet the exact sequence of events and mediators in inflammatory cascade which result in acute respiratory failure from ARDS is not known but many possibilities exist The definition of ARDS has been gradually modified in recent years and investigators around the world are now collaborating in order to establish more uniform concepts in identification risk factors and mechanisms of lung injury which someday will result in improved approaches to management Already at least some centers are showing improved outcomes in ARDS achieving an approximate 60% survival rate In the past most large series documented only about a 40% survivability taking all causes of ARDS This apparent progress is likely attributable to more meticulous and disciplined care than any specific pharmacologic attack on the basic mechanism resulting in ARDS

Acute Respiratory Distress Syndrome James A. Russell, Keith R. Walley, 1999-05-28 ARDS A Comprehensive Clinical Approach focuses on the clinical assessment and management of patients with ARDS *Severe Acute Respiratory Distress Syndrome, An Issue of Critical Care Clinics* Lena M. Napolitano, Krishnan Raghavendran, 2011-07-28 This issue of Critical Care Clinics will focus on Severe Acute Respiratory Distress Syndrome and dealing with it in the ICU Topics will include Challenges and Successes in ARDS Research Mechanical ventilation with Lung Protective Strategies What works Gene therapy for ALI ARDS High Frequency Oscillatory Ventilation in ALI ARDS Prone positioning therapy in ARDS Recovery and Long term outcome in ARDS and Experimental models and emerging hypotheses for ALI and ARDS *Acute Respiratory Distress Syndrome* Sadis Matalon, Jacob Iasha Sznajder, 2012-12-06 Proceedings of a NATO ASI held in Corfu Greece June 15 25 1997 Shock and the Adult Respiratory Distress Syndrome Wolfgang J. Kox, David J. Bihari, 2012-12-06 The interrelated syndromes of shock and the adult respiratory distress to attract the attention of both clinical and syndrome ARDS continue laboratory scientists This reflects both the size of the problem and its unresponsiveness to current lines of treatment Doubtless a greater appreciation of the underlying pathophysiological disturbances during the past two decades has led to appropriate action and increased survival in the early stages but once established these syndromes have remained remarkably immune to a wide spectrum of therapeutic modalities This observation stresses the importance of prevention but also indicates the need for continued research into the nature of the established syndromes and the means whereby they may be reversed Drs Kox and Bihari are to be congratulated on bringing together within the covers of this volume many of the acknowledged European experts in these two fields of investigation Each author has provided an up to date account of his current experimental and clinical research and their combined contributions makes fascinating reading Undoubtedly these are exciting times in the development of understanding of shock and ARDS Inevitably more questions are raised than answers provided but the accumulated knowledge presented here adds significantly to our understanding of this complex biological jigsaw From this corporate endeavour will come the clinically useful developments of the future and with them the

ultimate hope that the term refractory shock may be finally removed from our vocabulary *American Lung Association*
Fact Sheet: Adult (Acute) Respiratory Distress Syndrome (ARDS). , Presents a fact sheet on adult acute respiratory distress
syndrome ARDS provided by the American Lung Association Discusses symptoms incidence causes and treatment

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