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The Gifts of Imperfection Summary -Pro,2016-07-02 The Gifts of Imperfection A Full Summary The Gifts of Imperfection is a book that describes what and how does it look like when we live our lives with our whole hearts This book is written by Brene Brown and it is a book that provides practical explanations and that shows what does it really mean when we live with our whole hearts We humans are social beings and as such we want for someone to love us and for someone to care for us just as much as we want to care for somebody else Here the author says that if people want to live their lives wholeheartedly several things need to be fulfilled People need courage compassion and connection to be able to live a life wholeheartedly and here the author precise why we need each of those traits But there are also some obstacles in reaching and living wholehearted life and they are shame fear and vulnerability Besides listing these negative traits that can and often stop us into living a wholehearted life the author also lists ten so called guideposts which are used to help people to live a life as they are supposed to in the first place The Gifts of Imperfection is a book that shows to its readers another perspective on human life in general a perspective that will reveal both benevolent and malevolent sides of living a life This book is also a guidebook that can certainly help people to observe their own lives from different angle of view and as such to determine what are things that should be removed and or changed for them to be able to live a life with its fullest potential Here Is A Preview Of What You Will Get In The Gift of Imperfection you will get a detailed summary of the novel In The Gift of Imperfection you will find some analysis to strengthen your knowledge about the book In The Gift of Imperfection you will get some fun multiple choice quizzes along with answers to help you learn about the novel Click the Buy Now With One Click Button and learn everything about The Gift of Imperfection [Brene Brown's the Gifts of Imperfection Summary](#) Ant Hive Media,2016-04-25 This is a Summary of Brene Brown s The Gifts of Imperfection Let Go of Who You Think You re Supposed to Be and Embrace Who You Are In The Gifts of Imperfection Brene Brown a leading expert on shame authenticity and belonging shares ten guideposts on the power of Wholehearted living a way of engaging with the world from a place of worthiness Each day we face a barrage of images and messages from society and the media telling us who what and how we

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