

A journey
to self-awareness

BEYOND the FOG



 The
Eureka Effect

RAY ORTIZ

Beyond Fog Self Awareness Ray Ortiz

Ray Ortiz



Beyond Fog Self Awareness Ray Ortiz:

Beyond the Fog Ray Ortiz, 2015-12-09 This book is intended to demonstrate how we have a tendency to fall into a state of confusion and emotional roller coaster by our set of beliefs and the power we give into our Ego The author shares personal experiences and techniques on how to moved beyond such state of mind This book will give you the opportunity to challenge your status quo and provide you with the tools to perceives life circumstances from a place of self empowerment **The Illustrated London News** ,1868

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