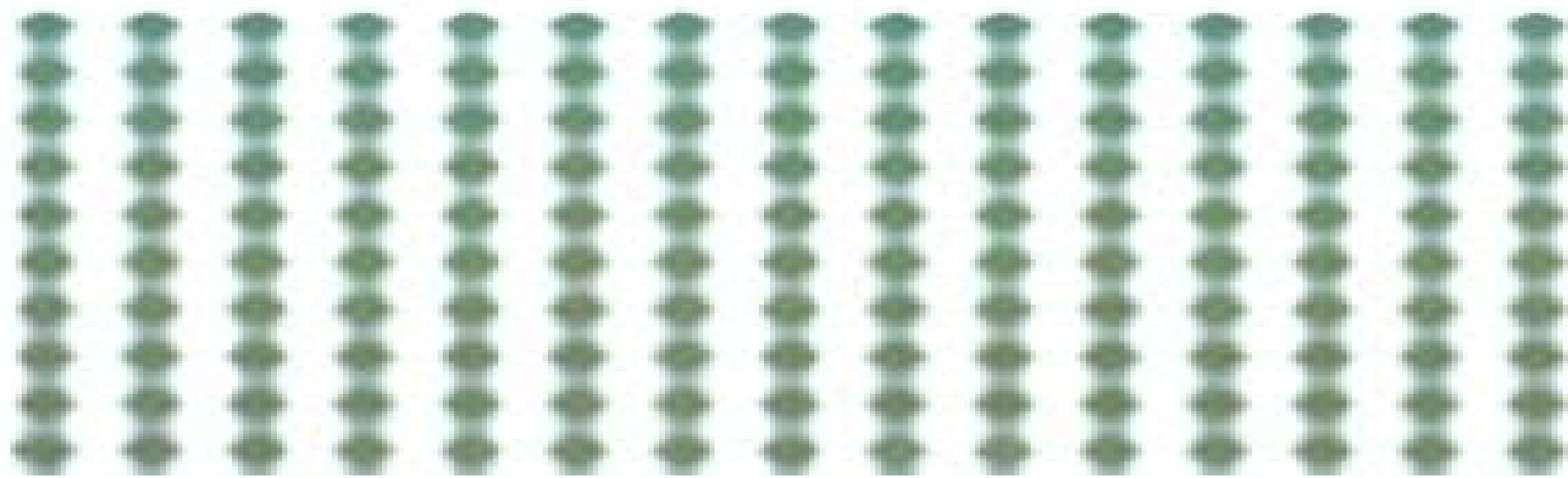




Richard B. Gartner, Ph.D.
Foreword by William Pollack, Ph.D., author of *Real Boys*

Beyond Betrayal

TAKING CHARGE of YOUR LIFE
after BOYHOOD SEXUAL ABUSE



Beyond Betrayal Taking Charge Of Your Life After Boyhood Sexual Abuse

Richard B. Gartner



Beyond Betrayal Taking Charge Of Your Life After Boyhood Sexual Abuse:

Beyond Betrayal Richard B. Gartner, 2010-12-07 With compassion and clarity Richard Gartner shares insights from years of working with male survivors Among this book's greatest strengths is the extensive use of examples from Dr Gartner's clinical practice to illustrate problems and solutions on the path to healing Beyond Betrayal offers support encouragement and useful skills to men in recovery Mike Lew M Ed author of Victims No Longer and Leaping upon the Mountains If you have been sexually abused this book will give you information hope direction and most importantly the assurance that you are not alone Dr Gartner has written an accessible compassionate book that clearly lays out the healing process for men who were hurt or abused as children Whether you were abused by a mother a camp counselor a neighborhood boy or a priest Beyond Betrayal will give you the tools you need to reclaim your life and move on If you're going to take one book with you on the healing journey this should be the one Laura Davis coauthor of The Courage to Heal and author of The Courage to Heal Workbook Compassionate insightful and hopeful Beyond Betrayal shines a bright light It is a must read for anyone concerned Kenneth M Adams Ph D author of Silently Seduced Beyond Betrayal cuts through the shame confusion misunderstanding and fear that so often accompany the abuse of males and replaces them with clear information I will begin to use it immediately with my patients and think that other clinicians will do so as well Christine A Courtois Ph D author of Healing the Incest Wound and Recollections of Sexual Abuse Beyond Betrayal offers men straightforward words of hope and a meaningful way to overcome the invisibility stigma and shame they have endured Many men and their families will find this book a healing aid Jack Drescher M D author of Psychoanalytic Therapy and the Gay Man Dr Gartner writes in a manner any reader will find accessible Not only does he understand the topic of males sexual abuse and recovery but he can explain it to those who need to know Dr Mic Hunter author of Abused Boys and editor of Adult Survivors of Sexual Abuse Treatment Innovations **Adverse Childhood Experiences and Their Life-Long Impact** Ami Rokach, Shauna Clayton, 2023-08-08 Adverse Childhood Experiences and Their Life Long Impact explores how these experiences influence cognitive behavioral and social experiences in adulthood The book conceptualizes the types of violence abuse neglect and or trauma that factor into ACEs It also explores the psychopathological outcomes of ACEs among children including neurodevelopmental and psychosocial mechanisms By drawing on cross cultural perspectives the authors provide insight into the variations between the adversity and trauma children experience Sections also cover preventive measures risk factors and various forms of interventional treatment making this book a core read for psychologists physicians social workers educators and researchers in the field Provides a comprehensive framework for understanding adverse childhood experiences Reviews the link between ACE and homelessness substance abuse and physical and or sexual violence in adulthood Highlights key components of cross cultural perceptions on child abuse and neglect including differences of gender Explores options for prevention and intervention for those who experience adverse childhood experiences **Rape and Sexual Assault** Alison E. Hatch, 2023-01-18 This

authoritative one stop resource helps readers understand the problem of sexual assault in the United States including societal factors notorious cases laws and practices victim advocacy and reform efforts and keys to recovery It discusses who is being victimized who is perpetrating the offenses and what can be done and is being done to reduce rape sexual assault and sexual harassment in homes and communities across America The volume also explores the role that investigative shortcomings and rape culture have played in facilitating sexual assault and abuse and how shifts in attitude and policy could combat this devastating crime

Handbook of Child Sexual Abuse Paris Goodyear-Brown, 2011-09-09 A comprehensive guide to the identification assessment and treatment of child sexual abuse The field of child sexual abuse has experienced an explosion of research literature and enhanced treatment methods over the last thirty years Representing the latest refinements of thought in this field *Handbook of Child Sexual Abuse Identification Assessment and Treatment* combines the most current research with a wealth of clinical experience The contributing authors many of whom are pioneers in their respective specialties include researchers and clinicians forensic interviewers and law enforcement professionals caseworkers and victim advocates all of whom do the work of helping children who have been sexually victimized Offering a snapshot of the state of the field as it stands today *Handbook of Child Sexual Abuse* explores a variety of issues related to child sexual abuse from identification assessment and treatment methods to models for implementation and prevention including The impact of sexual abuse on the developing brain The potential implications of early sexual victimization Navigating the complexities of multidisciplinary teams Forensic interviewing and clinical assessment Treatment options for children who have traumagenic symptoms as a response to their sexual victimization Treating children with sexual behavior problems and adolescents who engage in illegal sexual behavior Secondary trauma and vicarious traumatization Cultural considerations and prevention efforts Edited by a leader in the field of child therapy this important reference equips helping professionals on the front lines in the battle against child sexual abuse not merely with state of the art knowledge but also with a renewed vision for the importance of their role in the shaping of our culture and the healing of victimized children

Understanding the Sexual Betrayal of Boys and Men Richard B. Gartner, 2017-08-15 *Understanding the Sexual Betrayal of Boys and Men* The Trauma of Sexual Abuse is an indispensable go to book for understanding male sexual victimization It has become increasingly clear since the 1980s that men and boys like women and girls are sexually abused and assaulted in alarming numbers Yet there have been few resources available to victims their loved ones or those trying to help them Richard B Gartner was in the vanguard of clinicians treating male sexual victimization and has written extensively about it initially in professional papers then in his landmark 1999 book for clinicians *Betrayed as Boys* Psychodynamic Treatment of Sexually Abused Men continuing with his 2005 work *Beyond Betrayal Taking Charge of Your Life after Boyhood Sexual Abuse* He has been a tireless teacher clinician and advocate for male victims of sexual abuse in the classroom the lecture hall and of course the consulting room as well as in newspaper television radio and online interviews Dr Gartner has

gathered together expert colleagues from the trauma psychoanalytic medical and survivor treatment fields Together they have created a comprehensive guide to what was once thought to be a rarity but now is clearly an all too common occurrence Understanding the Sexual Betrayal of Boys and Men looks at the realities of male sexual victimization guiding clinicians and lay people alike to understand the complexities of the devastation it causes in victimized boys and men It considers topics as diverse as sexual assault in institutions like the military sports teams schools universities and religious organizations sex trafficking of boys and adolescents neurobiology and brain chemistry of male survivors of sexual abuse gender and sexual dysfunctions and confusions resulting from sexual exploitation and trauma physicians treatment of sexually abused men s medical problems socio cultural influences on processing and treating men s and boys sexual victimization Understanding the Sexual Betrayal of Boys and Men is required reading for anyone working with male victims of sexual abuse and assault at any level psychotherapists rape counselors attorneys journalists guidance counselors physicians clergy graduate students and lawmakers and helpful to lay people interested in this often unrecognized problem *An Intersectional Guide for Male Survivors of Sexual Abuse and Their Allies* Jeremy Sachs, 2025-07-15 Few experiences carry more shame stigma and misunderstanding than the life altering trauma of sexual abuse Men who experience sexual abuse and rape often find themselves marginalised and isolated yet there are few resources available for them or those who support them This book examines the impact of sexual abuse on different men through an intersectional lens exploring how their unique identities circumstances and society s views affect their recovery or compound their trauma Each chapter addresses a topic chosen by hundreds of male survivors who have attended the author s recovery groups It includes survivor testimonies signposts to resources and reflective activities to help manage the aftermath of sexual trauma With statutory services such as the criminal justice system often failing male survivors the book draws on Transformative Justice principles to suggest alternative ways for men to break cycles of trauma and move forward with their lives Aimed at male survivors and those who support them counsellors psychotherapists social workers family members and loved ones this book offers guidance and hope for navigating a path to healing *Predatory Priests, Silenced Victims* Mary Gail Frawley-O'Dea, Virginia Goldner, 2016-05-06 The sexual abuse scandal in the Catholic Church captured headlines and mobilized public outrage in January 2002 But much of the commentary that immediately followed was reductionistic focusing on single causes of clerical abuse such as mandatory celibacy homosexuality sexual repressiveness or sexual permissiveness anti Catholicism and a decadent secular culture *Predatory Priests Silenced Victims The Sexual Abuse Crisis and the Catholic Church* a collection of groundbreaking articles edited by Mary Gail Frawley O Dea and Virginia Goldner eschews such one size fits all theorizing In its place the abuse situation is explored in all its troubling complexity as contributors take into account the experiences respectively of the victim survivor the abuser perpetrator and the bystander whether family member professional clergy or the community at large Setting polemics to the side *Predatory Priests Silenced Victims* provides a sober and sobering analysis of the interlacing

historical doctrinal and psychological issues that came together in the sexual abuse scandal It is mandatory reading for all who seek thoughtful informed commentary on a crisis long in the making and yet to be resolved *Joining Forces* Howard Fradkin, Dr.,2012-11-05 This inspirational book was written to empower male survivors of sexual victimization at any age to overcome the effects of trauma and learn to thrive Male survivors often struggle to feel any sense of hope for the future so *Joining Forces* is designed to inspire them and their allies with easily mastered skills developed over the course of psychologist Dr Howard Fradkin s 30 year career and the real life experiences of other survivors who have learned to thrive Each chapter invites survivors to dare to dream that they can take another step in their healing process by leaving their isolation behind challenging their dysfunctional beliefs and replacing them with healthier functional messages practicing healing exercises reading about the struggles and successes of men just like them and learning how to build hope through the use of affirmations This book is unique in that it is based on the experiences of over 800 participants in MaleSurvivor Weekends of Recovery The tools taught during those workshops plus many more developed through Dr Fradkin s clinical experiences are presented so that each survivor has an opportunity to use coping skills as he faces the challenges of his recovery Survivors and their allies will learn that they are not alone in their struggles and that others have walked in their path become stronger and found a sense of freedom They ll read about how to make healthier choices to enhance their relationships emotional functioning and job performance and to thrive in their lives *Treating Adult Survivors of Childhood Emotional Abuse and Neglect* Elizabeth K. Hopper,Frances K. Grossman,Joseph Spinazzola,Marla Zucker,2021-08-09 Component based psychotherapy for childhood abuse is not a sequenced model but it deliberately attends to the following four components 1 relational focused on client and therapist attachment styles and relational patterns with the intent of building a secure attachment as the context of the remaining work 2 self regulation not only of emotions but of cognitions and behavior 3 dissociative parts of self and their identification and elicitation and 4 narrative construction of a coherent self CPB does so in a way that is client centered flexible and fluid yet it is also systematic and has a structure Each chapter offers observations of false starts missed opportunities pivotal interactions and alternate approaches in response to particular exchanges between therapist and client and highlights and builds upon interactions and interpretations perceived to bear promise *The LGBTQ+ Psychotherapy Treatment Planner* J. M. Evosevich,Timothy J. Bruce,Arthur E. Jongsma, Jr.,2025-10-06 Evidence based best practices to support practitioners in LGBTQ mental health care This second edition of the LGBTQ Psychotherapy Treatment Planner updates and expands upon the first edition to reflect the evolving understanding and best practices in LGBTQ mental health care New chapters expanded appendices and the inclusion of detailed objectives and interventions grounded in evidence based practices have been added to enhance the comprehensiveness and relevance of this resource Each chapter is structured to guide clinicians through objectives and interventions appropriate for these various levels emphasizing a continuum of care approach Readers will find insights on Developing long term coping

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