

BEHIND THE MASK

revised and updated



THE IAN YOUNG GOALTENDING METHOD

Ian Young
and
Chris Gudgeon

Now,
Comprehensive
Edition
Combining
Fundamental
and Advanced
Techniques

Beyond The Mask The Ian Young Goaltending Method

**Ian Young, Christopher Gudgeon, Chris
Gudgeon**



Beyond The Mask The Ian Young Goaltending Method:

Behind the Mask Ian Young, Christopher Gudgeon, Chris Gudgeon, 1992 This completely revised edition of Behind the Mask combines the first two volumes in the bestselling Ian Young Goaltending Trilogy Behind the Mask and Beyond the Mask Now in one convenient book is everything a coach or young goaltender needs to develop and practice essential skills Also included are exciting game action photographs and informative diagrams Author Ian Young is a world renowned authority whose innovative drills and practice techniques have a proven record of success with coaches parents and goaltenders

Basic Hockey and Skating Skills Jeremy Rose, Murray Smith, 1993 An introduction to basic ice and in line skating discussing equipment selection and maintenance skating techniques and drills and how to construct a homemade rink

Our Game Doug Beardsley, 1997 Like any allstar team the book has an impressive line up of crusty veterans unsung heroes and hot rookies Monday Magazine The Hockey News ... Yearbook, 1994 *Get the Edge* Audrey Bakewell, 1996 Audrey Bakewell provides an introduction to power skating covering essentials such as balance agility flexibility timing and endurance **Roller Hockey** Greg Siller, 1997 Anyone interested in roller hockey will find a complete guide to the game in this book from fundamentals to advanced techniques from rules to equipment as well as practical insights based on the author's own experiences in both ice hockey and roller hockey Photos diagrams charts *Canadian Book Review Annual*, 1993 Children's Books in Print, 2007, 2006 **Quill & Quire**, 1993 *The Hockey Goalie's Handbook* Jim Corsi, John Hannon, 2002-03-18 The most comprehensive guide to the art and science of goaltending The past decade has seen a tremendous surge of interest in hockey More colleges and universities have added programs Hockey leagues are sprouting up in such unlikely places as Florida beach communities New Mexico desert towns and the Texas flatlands Coauthored by Jim Corsi goaltending coach for the Buffalo Sabres The Hockey Goalie's Handbook is the most comprehensive guide to mastering the most demanding hockey position goalie Drawing upon his extensive coaching experience at all levels from peewees to pros Corsi explores all facets of goaltending From the psychology of being a goalie to choosing and purchasing the right equipment for an individual's style and needs to drills for improving timing coordination reach and speed Corsi covers all the bases with invaluable advice and guidance as well as tips and techniques for aspiring goalies parents and hockey coaches

Discover tales of courage and bravery in Crafted by is empowering ebook, Stories of Fearlessness: **Beyond The Mask The Ian Young Goaltending Method** . In a downloadable PDF format (*), this collection inspires and motivates. Download now to witness the indomitable spirit of those who dared to be brave.

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Beyond The Mask The Ian Young Goaltending Method Introduction

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