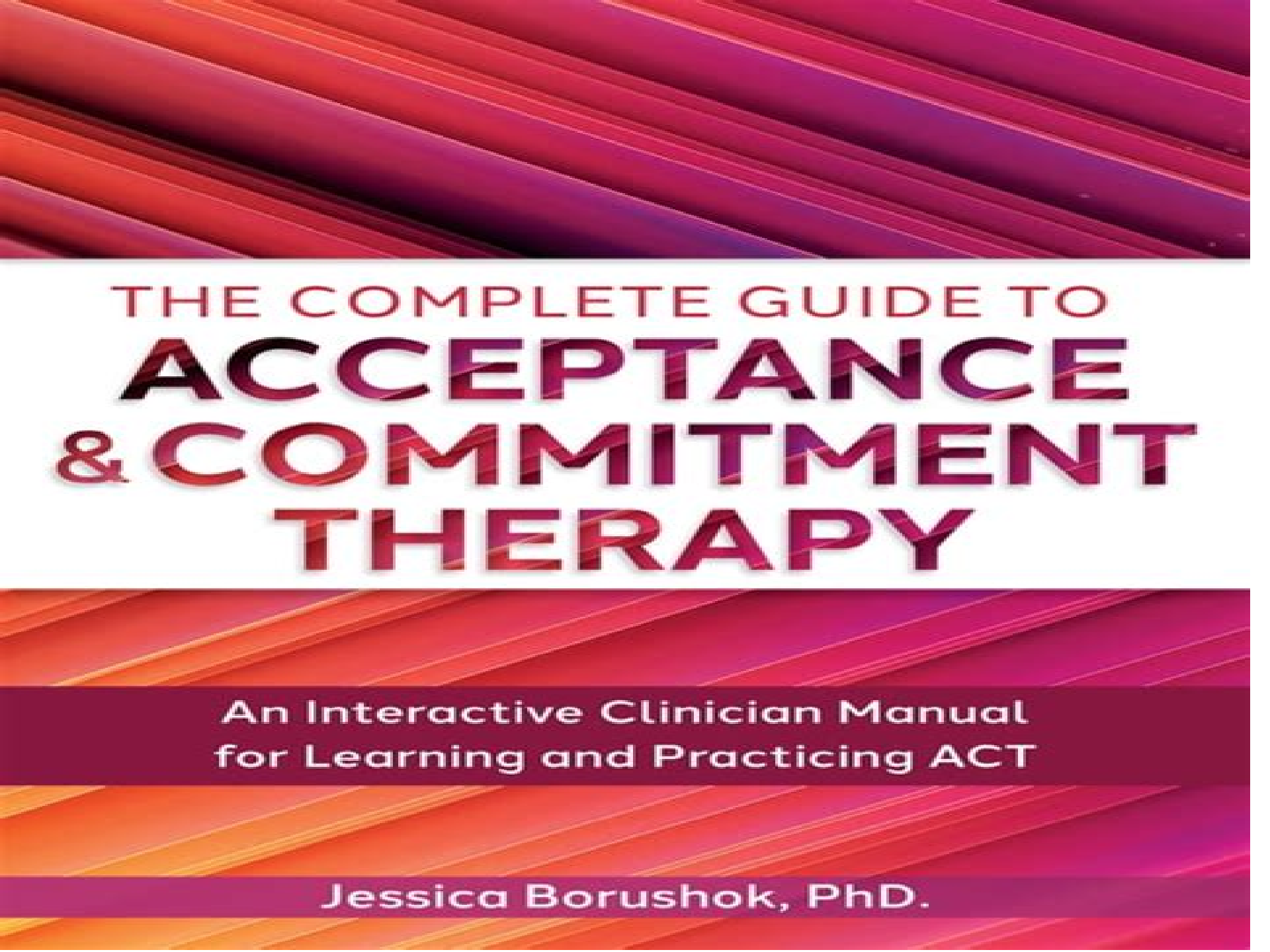




THE COMPLETE GUIDE TO **ACCEPTANCE & COMMITMENT THERAPY**

An Interactive Clinician Manual
for Learning and Practicing ACT

Jessica Borushok, PhD.

Acceptance Commitment Manual

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