

Beginnings

The Art and Science of Planning Psychotherapy

Second Edition



Mary Jo Peebles

Beginnings Second Edition The Art And Science Of Planning Psychotherapy

Mary Jo Peebles



Beginnings Second Edition The Art And Science Of Planning Psychotherapy:

Beginnings, Second Edition Mary Jo Peebles, 2012-08-21 Utilizing a decade's worth of clinical experience gained since its original publication Mary Jo Peebles builds and expands upon exquisitely demonstrated therapeutic approaches and strategies in this second edition of *Beginnings*. The essential question remains the same however: How does a therapist begin psychotherapy? To address this delicate issue she takes a thoughtful step by step approach to the substance of those crucial first sessions delineating both processes and potential pitfalls in such topics as establishing a therapeutic alliance, issues of trust and history taking. Each chapter is revised and expanded to include the latest treatment research and modalities liberally illustrated with rich case material and espouse a commitment to the value of multiple theoretical perspectives. Frank and sophisticated yet eminently accessible this second edition will be an invaluable resource for educators, students and seasoned practitioners of any therapeutic persuasion.

Beginnings Mary Jo Peebles, 2002

Beginnings Mary Jo Peebles-Kleiger, 2016-05-06 How does the therapist begin psychotherapy? How that is, does she conceptualize the needs of the patient while simultaneously enlisting him or her as an active partner in formulating an individualized working plan? And how should supervisors teach the skills needed to make the intake procedure truly the beginning of treatment? In *Beginnings: The Art and Science of Planning Psychotherapy* Mary Jo Peebles Kleiger tackles these and other questions in an authoritative manner that draws on the cumulative experience of the outpatient department of the Menninger Psychiatric Clinic. Peebles Kleiger's elegant synoptic discussions of the major categories of psychological dysfunction and the different treatment strategies appropriate to them are carefully calibrated with actual examples to the limits and opportunities of the first sessions. Of particular value is her unusual capacity to articulate patients' various difficulties in forming and maintaining an alliance and then to show how such difficulties feed back into the clinician's interventions in the first few sessions. In this manner she illustrates how potential treatment obstacles, difficulties in affect regulation, in reality testing, in conscience formation among others can be assessed and subjected to trial interventions from the very start. Skilled in various psychodynamic and behavioral approaches from psychoanalysis to hypnotherapy, Peebles Kleiger consistently advances an integrative approach that cuts across specific modalities and combines sophisticated psychodynamic understanding with the fruits of empirical research. Both primer and sourcebook, *Beginnings: The Art and Science of Planning Psychotherapy* fills a niche in the literature so admirably that clinicians will find it indispensable in planning humanely responsive treatment in an increasingly complex therapeutic world.

Beginnings Mary Jo Peebles-Kleiger, 2016-05-06 How does the therapist begin psychotherapy? How that is, does she conceptualize the needs of the patient while simultaneously enlisting him or her as an active partner in formulating an individualized working plan? And how should supervisors teach the skills needed to make the intake procedure truly the beginning of treatment? In *Beginnings: The Art and Science of Planning Psychotherapy* Mary Jo Peebles Kleiger tackles these and other questions in an authoritative manner that draws on the cumulative experience of the

outpatient department of the Menninger Psychiatric Clinic Peebles Kleiger's elegant synoptic discussions of the major categories of psychological dysfunction and the different treatment strategies appropriate to them are carefully calibrated with actual examples to the limits and opportunities of the first sessions Of particular value is her unusual capacity to articulate patients various difficulties in forming and maintaining an alliance and then to show how such difficulties feed back into the clinician's interventions in the first few sessions In this manner she illustrates how potential treatment obstacles difficulties in affect regulation in reality testing in conscience formation among others can be assessed and subjected to trial interventions from the very start Skilled in various psychodynamic and behavioral approaches from psychoanalysis to hypnotherapy Peebles Kleiger consistently advances an integrative approach that cuts across specific modalities and combines sophisticated psychodynamic understanding with the fruits of empirical research Both primer and sourcebook *Beginnings The Art and Science of Planning Psychotherapy* fills a niche in the literature so admirably that clinicians will find it indispensable in planning humanely responsive treatment in an increasingly complex therapeutic world

Psychodynamic Diagnostic Manual, Second Edition Vittorio Lingiardi, Nancy McWilliams, 2017-06-20 Now completely revised over 90% new this is the authoritative diagnostic manual grounded in psychodynamic clinical models and theories Explicitly oriented toward case formulation and treatment planning PDM 2 offers practitioners an empirically based clinically useful alternative or supplement to DSM and ICD categorical diagnoses Leading international authorities systematically address personality functioning and psychological problems of infancy childhood adolescence adulthood and old age including clear conceptualizations and illustrative case examples Purchasers get access to a companion website where they can find additional case illustrations and download and print five reproducible PDM derived rating scales in a convenient 8 1/2 x 11 size New to This Edition Significant revisions to all chapters reflecting a decade of clinical empirical and methodological advances Chapter with extended case illustrations including complete PDM profiles Separate section on older adults the first classification system with a geriatric section Extensive treatment of psychotic conditions and the psychotic level of personality organization Greater attention to issues of culture and diversity and to both the clinician's and patient's subjectivity Chapter on recommended assessment instruments plus reproducible downloadable diagnostic tools In depth comparisons to DSM 5 and ICD 10 CM throughout Sponsoring associations include the International Psychoanalytical Association Division 39 of the American Psychological Association the American Psychoanalytic Association the International Association for Relational Psychoanalysis Psychotherapy the American Association for Psychoanalysis in Clinical Social Work and five other organizations *Beginnings* Margaret B. Spencer, Geraldine K. Brookins, Walter R. Allen, 2013-04-15 How does the therapist begin psychotherapy How that is does she conceptualize the needs of the patient while simultaneously enlisting him or her as an active partner in formulating an individualized working plan And how should supervisors teach the skills needed to make the intake procedure truly the beginning of treatment In *Beginnings The Art and Science of Planning*

Psychotherapy Mary Jo Peebles Kleiger tackles these and other questions in an authoritative manner that draws on the cumulative experience of the outpatient department of the Menninger Psychiatric Clinic Peebles Kleiger outlines an approach that gives equal weight to the need for a diagnostic case formulation with specific treatment recommendations and the need to make the patient an active partner in the process right from the start Clinicians of every persuasion will appreciate her sensitive discerning grasp of the dyadic interaction of the initial sessions when the therapist must refine preliminary hypotheses and simultaneously engage the patient in a process of discovery and self reflection that lays the groundwork for the therapeutic alliance Peebles Kleiger s elegant synoptic discussions of the major categories of psychological dysfunction and the different treatment strategies appropriate to them are carefully calibrated with actual examples to the limits and opportunities of the first sessions Of particular value is her unusual capacity to articulate patients various difficulties in forming and maintaining an alliance and then to show how such difficulties feed back into the clinician s interventions in the first few sessions In this manner she illustrates how potential treatment obstacles difficulties in affect regulation in reality testing in conscience formation among others can be assessed and subjected to trial interventions from the very start Skilled in various psychodynamic and behavioral approaches from psychoanalysis to hypnotherapy Peebles Kleiger consistently advances an integrative approach that cuts across specific modalities and combines sophisticated psychodynamic understanding with the fruits of empirical research Both primer and sourcebook *Beginnings The Art and Science of Planning Psychotherapy* fills a niche in the literature so admirably that clinicians will find it indispensable in planning humanely responsive treatment in an increasingly complex therapeutic world *Adolescence* ,2004 **American Journal of Psychotherapy** ,1947 *Book Review Index Cumulation* Dana Ferguson,2005-09 Book Review Index provides quick access to reviews of books periodicals books on tape and electronic media representing a wide range of popular academic and professional interests The up to date coverage wide scope and inclusion of citations for both newly published and older materials make Book Review Index an exceptionally useful reference tool More than 600 publications are indexed including journals and national general interest publications and newspapers Book Review Index is available in a three issue subscription covering the current year or as an annual cumulation covering the past year *Occupational Therapy in Community and Population Health Practice* Marjorie E Scaffa,S. Maggie Reitz,2020-01-28 Be prepared for the growing opportunities in community and population health practice with the 3rd Edition of this groundbreaking resource The New Edition reflects the convergence of community and population health practice with expanded content on health promotion well being and wellness Drs Scaffa and Reitz present the theories underpinning occupational therapy practice in community and population health Then the authors provide practical guidance in program needs assessment program development and program evaluation Both new practitioners and students will find practice applicable coverage including expanded case examples specific strategies for working in the community and guidance on securing funding for community and population

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