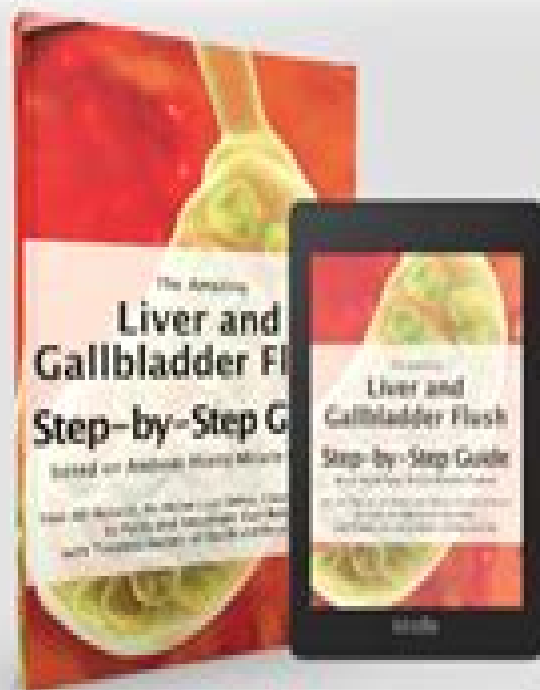


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Summary of Andreas Moritz's The Liver and Gallbladder Miracle Cleanse Everest Media,2022-06-13T22:59:00Z Please note This is a companion version not the original book Sample Book Insights 1 The liver is the main organ responsible for distributing and maintaining the body's fuel supply It also deactivates hormones alcohol and medicinal drugs It modifies these biologically active substances so that they lose their potentially harmful effects 2 The liver and gallbladder cleanse helps to restore homeostasis balances weight and sets the precondition for the body to heal itself It is one of the best precautionary measures you can take to protect yourself against nearly every kind of illness 3 The liver is responsible for producing bile which is a yellow brown or green fluid that is alkaline and has a bitter taste Bile helps break down fats in our food and it also removes toxins from the liver 4 The alimentary canal begins in the mouth and leads through the thorax abdomen and pelvic region to the anus When you eat a meal a series of digestive processes begin to take place These can be divided into the mechanical breakdown of food through mastication and the chemical breakdown of food through enzymes

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healing along with an outline of the author's own experience with natural medicine Following on from this in concise and easy to follow steps Natural Healing discusses the detoxification of different parts of the body such as the bowel kidney liver and lymphatic systems It also explores digestion discussing the influence of nutrition and diet on the body and offering varied and balanced examples Also discussed are heavy metal detoxes electromagnetism plant medicine movement sleep bodywork hydrotherapy integrated medicine and more Natural Healing is the ideal guide for anyone wishing to understand the complexities of health and healing in more details as well as an invaluable tool that will enable all health practitioners to deep their knowledge of different modalities of healing **The Beginner's Guide to Awareness** Ann Peckham,2012-04-06

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medicine as well as ones invented in the nineteenth and twentieth centuries. Many are promoted as natural treatments. What they have in common is that there is no hard evidence that any of them work. Treatments like homeopathy, acupuncture, and chiropractic are widely available and considered reputable by many. Ever more bizarre therapies, from naturopathy to nutraceuticals, ear candling to ergogenics, are increasingly favoured. Endorsed by celebrities and embraced by the middle classes, alternative medicine's appeal is based on the spurious rediscovery of ancient wisdom and the supposedly benign quality of nature. Surrounded by an aura of unquestioning respect and promoted through uncritical airtime and column inches, alternative medicine has become a lifestyle choice. Its global market is predicted to be worth 5 trillion by 2050. Suckers reveals how alternative medicine can jeopardise the health of those it claims to treat, leaches resources from treatments of proven efficacy, and is largely unaccountable and unregulated. In short, it is an industry that preys on human vulnerability and makes fools of us all. Suckers is a calling to account of a social and intellectual fraud, a bracing, funny, and popular take on a global delusion.

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