

BREAKING THE SILENCE

VICTIMS NO MORE



A collection of true stories from
survivors of domestic violence by
SARAH'S REFUGE, INC

Breaking The Silence Victims No More

Dorian Lynskey



Breaking The Silence Victims No More:

Breaking the Silence, Victims No More Sarah's Refuge, 2013-11 The silence must be broken Each year thousands of men women and children suffer domestic violence For many it s far too long to live in this kind of silence How much devastation must we see in individuals families and communities before we realize that someone anyone everyone must take a stand Featuring stories accounts from domestic violence survivors family members Also included is information regarding types of abuse why victims stay awareness months a personalized safety plan Domestic violence has the potential to destroy everything it touches but there is a solution Stand up speak up and break the silence **No More Secrets** Denise Lang-Grant LPC, Irene Colucci-Lebbad LCSW, 2015-06-30 Sexual assault and abuse have been called a worldwide epidemic by the World Health Organization but many clinicians are reluctant to tackle this topic due to their own lack of knowledge or personal anxieties In this ground breaking workbook replete with dramatic examples Denise Lang Grant licensed trauma therapist and award winning author and Irene Colucci Lebbad a licensed clinical social worker with an extensive background in sexual and domestic violence combine fifteen years of experience in running groups for survivors of sexual violence to present the how tos of running a group for adults intended to move group members from crisis to stabilization to integration Keeping in mind that both experienced and novice group leaders will find this guide useful they have included evidence based techniques that will fit easily into any theoretical orientation and practice This guide is a must have for any clinician university rape crisis center or legal entity dealing with sexual violence No More Secrets is a step by step professional guide which can assist mental health practitioners to offer hope and healing for those who have been victims of sexual abuse The authors write about sexual abuse with faith in the power of individuals to overcome their experiences and become strengthened in the process The chapters are written in a clear concise well organized manner and can easily be incorporated into a practitioners skill set or theoretical orientation This is an important and necessary guide that deserves a wide readership Luba Shagawat Distinguished Fellow of the National Academies of Practice and former President of the NJ Society of Social Workers Being a child sexual abuse survivor and a former Penn State football athlete who loves the school and the program I spent years trying to cope with my abuse through drugs and alcohol I was fortunate enough to finally find this group program and I reaped the benefits I believe that the program offered in No More Secrets is a wonderful resource and should be utilized by therapists university training programs and law enforcement agencies to sensitize them to the challenges faced by all survivors of sexual violence Anthony Gordon board member for Defend A Child **Silent No More** Kate Swift, Victim No More Ellen Faulkner, Gayle Michelle MacDonald, 2009 This book challenges the idea that women are simply victims of patriarchal systems The editors argue that Women as victim is not an emancipatory cry that encourages all women to join efforts in combating patriarchy Rather the label victim is at its core highly analogous to right wing conservative agendas that keep women politically passive The authors of this collection celebrate the various forms of

resistance that women exemplify at individual and collective levels Book Jacket *No More Police* Mariame Kaba, Andrea J. Ritchie, 2022-08-30 An instant national best seller A persuasive primer on police abolition from two veteran organizers One of the world's most prominent advocates organizers and political educators of the abolitionist framework NBCNews.com on Mariame Kaba In this powerful call to action New York Times bestselling author Mariame Kaba and attorney and organizer Andrea J Ritchie detail why policing doesn't stop violence instead perpetuating widespread harm outline the many failures of contemporary police reforms and explore demands to defund police divest from policing and invest in community resources to create greater safety through a Black feminist lens Centering survivors of state interpersonal and community based violence and highlighting uprisings campaigns and community based projects No More Police makes a compelling case for a world where the tools required to prevent interrupt and transform violence in all its forms are abundant Part handbook part road map No More Police calls on us to turn away from systems that perpetrate violence in the name of ending it toward a world where violence is the exception and safe well resourced and thriving communities are the rule **Abortion Survivors Break Their Silence** Melissa Ohden, 2024-01-09 How many survivors will it take for us to see the life behind the abortion Today's culture would have us believe that abortion is simply a choice a right a controversial argument and a religious and political issue of pro life vs pro choice It has become easy to think of the unborn as disposable products of conception medical waste But all of that changes when that product of conception defies the odds and arrives into this world as a living breathing human being In Abortion Survivors Break Their Silence we hear the true stories of abortion survivors whose resilience and courage humanize this discussion of choice and life emerging from the womb They are flesh and blood people who against all odds survived abortion attempts and have dramatic touching stories of their own These stories often begin in shame and secret but emerge to become inspiring dramas of hope love and forgiveness This book includes Stories of ten abortion survivors A compassionate look into the pressures many women feel to abort Accounts of medical personnel who worked in the abortion industry Abortion Survivors Break Their Silence stirs the heart challenges readers and humanizes the sanctity of life in concrete and transformational ways *Broken Silence* Annslee Urban, 2015-03-01 A woman is reunited with the cop she once dreamed of marrying when a deadly stalker comes after her in this inspirational romantic suspense She's hiding a deadly secret and someone wants to make sure Amber Talbot never reveals it When she becomes the target of a car bomb and a home invasion she gets the message loud and clear If she tells anyone her secret she will die The person charged with protecting her is police detective Patrick Wiley the fianc she walked away from but never forgot The same man she never wanted to tell about the attack that left her for dead Back then Patrick couldn't save her Now he must Because the attacker has returned to finish what he started Except this time he's got them both in his sights *Broken Silence* Sandra Buckley, 2023-09-01 Broken Silence brings together for the first time many of Japan's leading feminists women who have been bucking the social mores of a patriarchal society for years but who remain virtually unknown outside Japan While Japan

is often thought to be without a significant feminist presence these interviews and essays reveal a vital community of women fighting for social change Sandra Buckley's dialogues with poets journalists teachers activists and businesswomen exemplify the diversity of Japanese feminism we meet Kanazumi Fumiko a lawyer who assists women in a legal system that has long discriminated against them Kora Rumiko a poet who reclaims and redefines language to convey her experiences as a woman Nakanishi Toyoko founder of the Japanese Women's Bookstore and Ueno Chizuko a professor who has tackled such issues as pornography and abortion reform both in and out of the academy These women speak to a host of issues the politics of language the treatment of women in medicine and law the deeply entrenched role of women as mothers and caregivers the future of feminism in Japan and the relationship between Japanese feminists and western feminisms Broken Silence will do much to dispel Western stereotypes about Japanese women and challenge North American attitudes about feminism abroad With a timeline glossary and comprehensive list of feminist organizations this is a long overdue collection sure to inform and excite all those interested in feminism and Japan Broken Silence brings together for the first time many of Japan's leading feminists women who have been bucking the social mores of a patriarchal society for years but who remain virtually unknown outside Japan While Japan is often thought to be

Everything Must Go Dorian Lynskey, 2025-01-28 A rich captivating and darkly humorous look into the evolution of apocalyptic thought exploring how film and literature interact with developments in science politics and culture and what factors drive our perennial obsession with the end of the world As Dorian Lynskey writes People have been contemplating the end of the world for millennia In this immersive and compelling cultural history Lynskey reveals how religious prophecies of the apocalypse were secularized in the early 19th century by Lord Byron and Mary Shelley in a time of dramatic social upheaval and temporary climate change inciting a long tradition of visions of the end without gods With a discerning eye and acerbic wit Lynskey examines how various doomsday tropes and predictions in literature art music and film have arisen from contemporary anxieties whether they be comets pandemics world wars the Cuban Missile Crisis Y2K or the climate emergency Far from being grim Lynskey guides readers through a rich array of fascinating stories and surprising facts allowing us to keep company with celebrated works of art and the people who made them from H G Wells Jack London W B Yeats and J G Ballard to The Twilight Zone Dr Strangelove Mad Max and The Terminator Prescient and original Everything Must Go is a brilliant sweeping work of history that provides many astute insights for our times and speaks to our urgent concerns for the future

Invisible to Invincible Dawn D. Milson, 2019-08-30 There has been so much pain in my life pain in my heart and the pain of being beaten so badly that death was a welcome thought Twenty people are physically abused by a loved one every minute of every day This is more than 10 million victims of domestic violence a year Offering a hard look inside the life of a victim of domestic violence Dawn shares her pain heartache and fear as she walks you through the thirteen years of horrific abuse at the hands of her husband Beaten cut and stabbed numerous times throughout the years it was her faith in Jesus Christ that would see her through the dark

years that lay ahead Your heart will pound as Dawn takes you through her death defying escape in order to save the lives of her children It would take years to overcome the shame guilt and unworthiness that attached themselves throughout her life You will journey back in time as she relives childhood memories of a scared little girl who felt lost and invisible throughout her childhood years But even as a small child she held on to hope through Jesus Christ Get ready for your heart to fill with joy as Dawn shares her journey to freedom as God calls her to action She must use her voice once again in order to change a legacy of silence that has been passed down through generations You will see God use her trials in life in order to fulfill his purpose For I know the plans I have for you declares the Lord plans to prosper you and not harm you plans to give you hope and a future Jeremiah 29 11 2

Enjoying the Beat of Expression: An Psychological Symphony within **Breaking The Silence Victims No More**

In a global used by screens and the ceaseless chatter of quick communication, the melodic splendor and emotional symphony produced by the written word usually fade in to the back ground, eclipsed by the constant sound and disruptions that permeate our lives. But, nestled within the pages of **Breaking The Silence Victims No More** a wonderful literary treasure brimming with natural emotions, lies an immersive symphony waiting to be embraced. Constructed by a masterful composer of language, that captivating masterpiece conducts visitors on a mental journey, well unraveling the concealed tunes and profound influence resonating within each cautiously constructed phrase. Within the depths with this moving review, we can discover the book is central harmonies, analyze its enthralling publishing design, and submit ourselves to the profound resonance that echoes in the depths of readers souls.

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