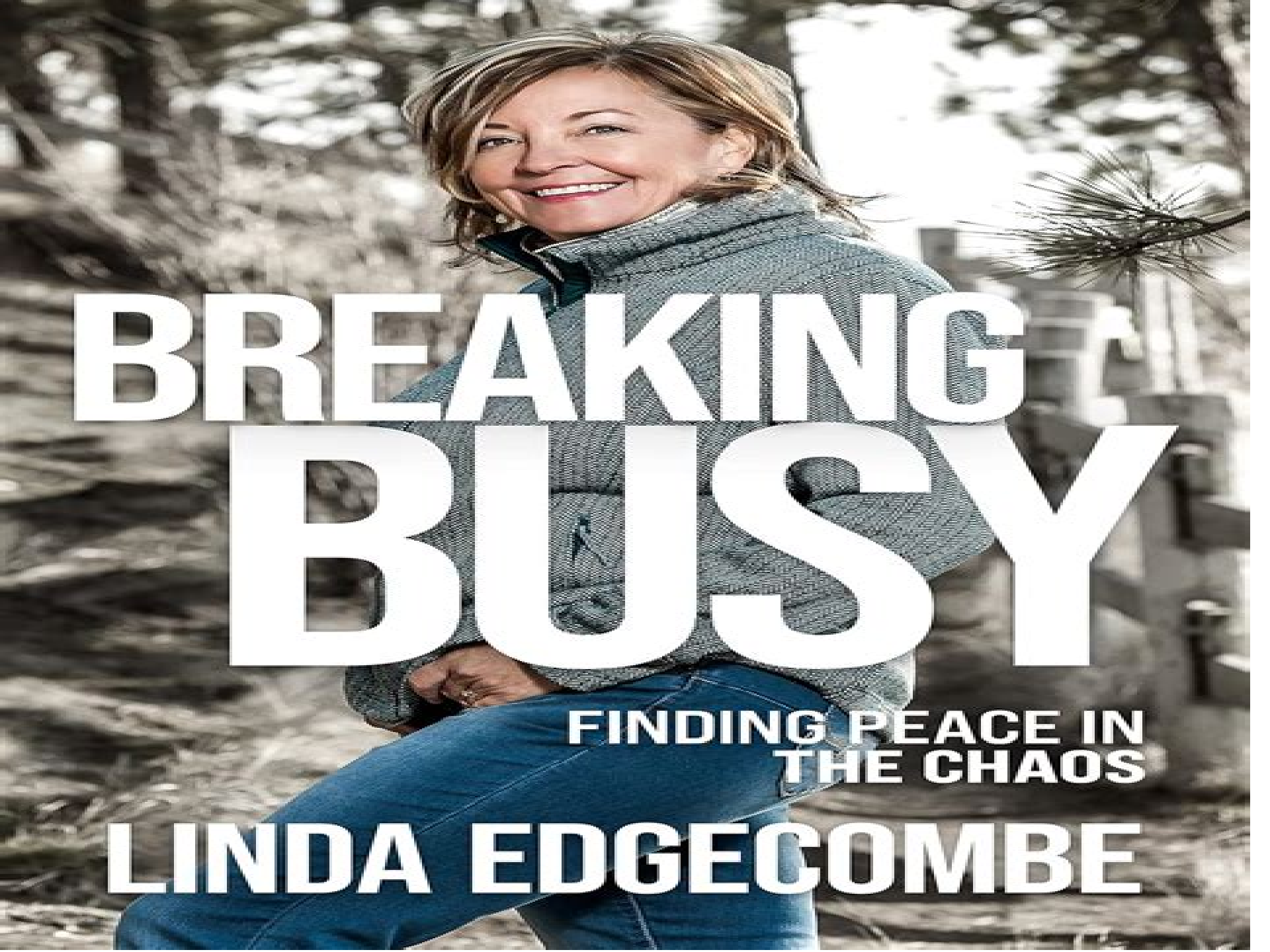


A woman with blonde hair, smiling, wearing a grey jacket and blue jeans, sitting in a snowy field. The background is a blurred winter scene with snow-covered trees and a fence.

BREAKING BUSY

**FINDING PEACE IN
THE CHAOS**

LINDA EDGECOMBE

Breaking Busy Finding Peace In The Chaos

Pasquale De Marco



Breaking Busy Finding Peace In The Chaos:

Breaking Busy Linda Edgecombe, 2014-08-31 Honestly how are you doing Would your answer be fine and the conversation ends there Based on Busy Audit research Breaking Busy sorts through the effects that just being fine is having on us and why if we re not saying we re fine we re BUSY the second most common and I believe the more important response to how we re doing If the sentiment Holy crap I m BUSY strikes a chord then this book is for you Our Busyness has become an epidemic Have you ever wondered how in a single generation we have become helicopter parents taxi drivers professional party planners and fundraisers Not to mention being fulltime employees and part time business owners on the side We ve forgotten how to fuel that parts of ourselves and our lives that really matter as we HOVER through our days What is it that has caused us to lose that lovin feeling It s time to rediscover our happiness and what we REALLY WANT in life It s time to say You know what guys it doesn t get any better than this Join me in Breaking Busy as we dive into How did we get so Busy What being Busy is doing to us How to step off the BUSY Treadmill and Find Peace in the Chaos You won t regret it

Breaking Busy Alli Worthington, 2016-01-26 Do you feel like you re living busily but not abundantly Are you struggling to find balance in life Have you ever felt like you ve reached your capacity and just need a break Bestselling author Alli Worthington dismantles common happiness myths and empowers you to rediscover your God given purpose In ten succinct chapters Alli breaks apart the sources of our stress and tackles major topics like relationships calling traditions and decisions With her trademark candor practicality and uproarious true stories she will help you Find your peace in a world of worry Find your rhythm in a world that s constantly overwhelmed Find God s best in a world over packed with options Find your groove in a world of high expectations Find your purpose in a world of striving Whether you re a harried mom of four or a high level executive Alli models real life guidance on boundaries relationships and self care humbly examining her own mistakes and walking through how she learned from her missteps and found peace in a world of busyness *Standing Strong* Alli Worthington, 2020-09-29 Let go of the guilt shake off the shame and fend off your fears God made you to stand strong in any situation and bestselling author Alli Worthington will show you how We live in a culture that constantly tells you who you should be as a modern woman You re told that you aren t enough and that you don t have what it takes to chase your dreams But it doesn t have to be that way For the woman who longs to break free from what holds her back *Standing Strong* offers a no nonsense guilt free guide to take back your life from self doubt In *Standing Strong* Alli comes alongside you as you Eliminate once and for all the lies that keep you from being who God made you to be Become an unbreakable woman who finds her strength from God for any adversity Gain strategies for tackling the obstacles of self doubt fear and insecurity Find the confidence to say yes and amen to God s call on your life You can t break a woman who draws her strength from God You re stronger than you think and you re worth more than you could ever imagine Let this book help you cement these realities in your life Praise for *Standing Strong* The path to fulfilling our God given purpose is filled with

numerous twists turns and challenges In Standing Strong Alli shows us how to press through our fears doubts and self imposed limitations in order to embark on the exhilarating faith filled adventure we are each destined to live This book is full of wisdom grace and honesty I loved it and know you will too Christine Caine Founder of A21 and Propel Women If your life has been plagued by self doubt by feelings of never being enough Alli has given us a road map to saying yes to who God says we are Sheila Walsh Author of Praying Women and Praying Girls **The Time-Saving Mom** Crystal Paine,2023-03-07 Time is short Here s how to invest it in what matters most As a busy mom pulled in many directions you ve felt it There s too much to do and not enough time to do it It seems like the only solution is to hustle harder But there s a far better way to manage your time so that you can simplify and enjoy your life Crystal Paine mom of six bestselling author and entrepreneur delivers a real world no nonsense guide to keeping you sane and doing the things you love most In The Time Saving Mom Crystal takes you inside her days to help you Adopt an easy to implement four step system to organize and simplify your life Create morning and evening routines that set you up for success Learn time saving hacks to help you find time for pursuing your personal passions friendships exercise and better sleep Carve out sacred time for God and your family You don t have to be a productivity queen to maximize your time Instead you can be a time saving mom investing in what matters most The Time Saving Mom will change your life The practical tools and advice in this book are game changers ALLI WORTHINGTON author of Remaining You While Raising Them [Play with Fire](#) Bianca Juarez Olthoff,2016-08-30 Raw real and relatable this book is your guide to navigating life s fires Bianca Olthoff is here to show that our struggles and hardships may be the fire that refines us instead of destroys us brings us hope instead of despair and leads us right into the arms of a God who loves us Play with Fire the debut book by popular speaker and teacher Bianca Juarez Olthoff is the reminder that God isn t waiting until you have more resources or a spouse or a job so he can use you He s ready to use you now Using the mythical creature the Phoenix which was also referenced by early church leaders she parallels this story with God s work in her own life highlighting the beauty of reinvention with fire as both the impetus and the method for change Olthoff reminds us that we serve a God who is redemptive and can take the worst situations and use them for His glory Play With Fire is a Bible infused message that will help women discover The way out of the middle is moving forward The personal and powerful nature of the Holy Spirit The power and sacrifice of transformation The unique calling and purpose of life involves transformation With Olthoff s distinct style strong storytelling gifts and powerful bible teaching Play with Fire will remind readers that God has huge dreams for them In Bianca s words He s whispering in the wind and speaking through the fire and shouting in silence the extraordinary dream He is birthing in you His dream for you is far greater than the dream you have for yourself It s not your identity or income or influence that will make this happen Like Zechariah 4 6 says It s not by might nor by power but by my Spirit says the Lord It s time to play with fire Study guide and video study also available **The Busy Businessman's Daily Devotional: 366 Crisp Truths to Start Your Day Strong** Gerard Assey,2024-12-26 Start your day with purpose

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