

Behavioral Medicine
Approaches to
Cardiovascular
Disease Prevention

edited by

Kristina Orth-Gomér
Neil Schneiderman

Behavioral Medicine Approaches To Cardiovascular Disease Prevention

**Laura L. Hayman, PhD, RN,
FAAN, Margaret M. Mahon, PhD, CRNP,
FAAN, J. Rick Turner, PhD**

Behavioral Medicine Approaches To Cardiovascular Disease Prevention:

Behavioral Medicine Approaches to Cardiovascular Disease Prevention Kristina Orth-Gom,Neil Schneiderman,Kristina Orth-Gomer,2013-05-13 Cardiovascular disease CVD is the number one killer of men and women in industrialized countries In older age groups CVD is also the most important cause for hospitalization and in many countries it is the basis of early retirement from work Thus CVD is associated with enormous costs for care and loss of productivity as well as for disabilities pensions etc All this has motivated clinicians and scientists to develop and implement new methodologies and technologies to better care for patients who are hospitalized for heart disease Efforts to improve care in the acute phases of coronary heart disease CHD have been successful During the last decade the immediate mortality risk of a patient admitted to coronary care for a suspected myocardial infarction or other acute coronary syndrome has decreased to less than 10% Despite these achievements CVD continues to represent a major threat to the health of middle aged and elderly men and women This volume addresses myriad aspects of CHD prevention including biobehavioral and psychosocial factors behavioral epidemiology behavioral intervention models and policy The first section of the text provides an introduction to CVD prevention and behavioral medicine The second section introduces two theoretically different approaches to preventive action high risk and population based strategies The third section describes and discusses the important questions of how behavioral sciences can be conceptually integrated into traditional medically based preventive efforts The fourth section presents both population and high risk behavioral intervention approaches In summary this volume examines the social environment and its potentials for preventive actions reviews the psychosocial and biobehavioral mechanisms involved in these effects and describes concrete and practical implementations of behavioral medicine knowledge as they have been applied to CHD prevention

Handbook of Research Methods in Cardiovascular Behavioral Medicine Neil Schneiderman,Stephen M. Weiss,Peter G. Kaufmann,2013-11-21 Cardiovascular disease continues to be the number one killer of men and women in industrialized countries Behavioral medicine was developed and shaped into the one source of morbidity and mortality in our country following definition try Despite a 35% reduction since 1964 Behavioral medicine is the interdisciplinary field concerned with diseases particularly coronary heart disease concerned with the development and integration of behavioral and biomedical science knowledge and techniques the United States has lost nearly 1 000 000 lives each year in cardiovascular disease Havlik Feinleib 1979 relevant to the understanding of health and illness and The Framingham study among others has identified the application of this knowledge and these techniques to prevention diagnosis treatment and rehabilitation identified three major risk factors implicated in the development of CHD smoking elevated serum cholesterol and high blood pressure Castelli et al 1978 This concept of biobehavioral collaboration 1986 Given that these factors account for less than 50% of the variance associated with CHD scientists and clinicians are challenged to consider how they might more effectively develop diagnostic treatment and prevention strategies Jenkins 1976 it has become obvious that additional risk factors must be identified if further progress is to be made

by merging their perspectives to address gress is to be made in disease prevention and simultaneously among others behavioral psy control **Women and Heart Disease** Desmond Julian,Nanette Wenger,2005-11-10 Despite being one of the world s biggest killers of women heart disease is under diagnosed under treated and under managed Why What is going wrong Important and ground breaking Women and Heart Disease brings our attention to the inadequacies in both the diagnosis and treatment of heart disease in women Key features written by Nanette Wenger and Peter Collins two of the worlds leading cardiologists contributions from leaders in women s cardiac health covers all aspects of cardiovascular disease not just coronary artery disease fully updated Building on the success of the best selling first edition this is essential reading for all physicians with a particular interest in women and heart disease **Global Psychosomatic Medicine and Consultation-Liaison Psychiatry** Hoyle Leigh,2019-07-26 This authoritative reference surveys mind body healing concepts and psychosomatic medicine in diverse countries and regions of the world It provides practical insights on the Western division between medical and mental healing and useful information concerning recent efforts to bridge that enduring divide particularly in the use of ancient and indigenous healing knowledge in psychosomatic practice Coverage compares and contrasts current applications of psychosomatic medicine and or consultation liaison psychiatry as conducted in such representative countries as France Britain China India Argentina Canada and the United States And the book predicts how this synthesis of traditions and advances will progress as it Traces the history and development of psychosomatic medicine Reviews contributions of traditional healing methods to psychosomatic medicine Analyzes national styles of psychosomatic medicine as practiced in specific countries Compares the status of psychosomatic medicine consultation liaison psychiatry in various countries Considers the future of psychosomatic medicine as the field and the world evolves Global Psychosomatic Medicine and Consultation Liaison Psychiatry expands the knowledge base for psychiatrists primary care physicians psychiatric and primary care residents medical students behavioral medicine specialists and others who are interested global and regional perspective on providing biopsychosocial care It is also relevant for advanced students in health psychology and behavioral medicine and for professionals in related health fields **Stress, Coping and Depression** Sheri L.

Johnson,Adele M. Hayes,Tiffany M. Field,Neil Schneiderman,Philip Mccabe,1999-12 Providing stimulating models of etiology treatment in depression this new edited volume offers a rich understanding of environmental intrapsychic risk factors that contribute to the onset maintainence of depression are important in its treatment **Stress, Coping, and Cardiovascular Disease** Philip Mccabe,Neil Schneiderman,Tiffany M. Field,A. Rodney Wellens,2000-03 Focuses on the latest research on the relationship between bio behavioral and social factors and heart disease Examines ethnic differences psychosocial influences and proposed behavioral interventions Appeals to psychologists physicians nurses et *Handbook of Health Psychology and Aging* Carolyn M. Aldwin,Crystal L. Park,Avron Spiro,2007-01-26 Offering a fresh authoritative take on a topic of increasing relevance this book is comprehensive in scope yet concise and accessible Key contributors from health psychology

gerontology and related fields pool their knowledge *Control of Human Behavior, Mental Processes, and Consciousness* Walter J. Perrig, Alexander Grob, 2013-05-13 In this book an international group of leading scientists present perspectives on the control of human behavior awareness consciousness and the meaning and function of perceived control or self efficacy in people s lives The book breaks down the barriers between subdisciplines and thus constitutes an occasion to reflect on various facets of control in human life Each expert reviews his or her field through the lens of perceived control and shows how these insights can be applied in practice **Perspectives of Knowledge Management in Urban Health** Michael Christopher Gibbons, Rajeev Bali, Nilmini Wickramasinghe, 2010-08-19 It is a tragic paradox of American health care a system renowned for world class doctors the latest medical technologies and miraculous treatments has shocking inadequacies when it comes to the health of the urban poor Urban Health Knowledge Management outlines bold workable strategies for addressing this disparity and eliminating the knowledge islands that so often disrupt effective service delivery The book offers a wide reaching global framework for organizational competence leading to improved care quality and outcomes for traditionally underserved clients in diverse challenging settings Its contributors understand the issues fluently imparting both macro and micro concepts of KM with clear rationales and real world examples as they Analyze key aspects of KM and explains their applicability to urban health Introduce the KM tools and technologies most relevant to health care delivery Offer evidence of the role of KM in improving clinical efficacy and executive decision making Provide extended case examples of KM based programs used in Washington D C child health South Africa HIV AIDS and Australia health inequities Apply KM principles to urban health needs in developing countries Discuss new approaches to managing evaluating and improving delivery systems in the book s Measures and Metrics section Urban health professionals as well as health care executives and administrators will find Urban Health Knowledge Management a significant resource for bringing service delivery up to speed at a time of great advancement and change Health And Behavior In Childhood And Adolescence Laura L. Hayman, PhD, RN, FAAN, Margaret M. Mahon, PhD, CRNP, FAAN, J. Rick Turner, PhD, 2002-10-01 The key to preventing many adult diseases lies in childhood when lifetime patterns of diet exercise and moderation are most often set Authored by an interdisciplinary team including nurses psychologists nutritionists and researchers this book provides a research based examination of the interplay between health and behavior in childhood and adolescence leading to either positive or negative health outcomes It examines issues such as What role does temperament play in at risk behavior How can we improve dietary choices How can we reduce the cycle of physical inactivity leading to obesity What makes some children more prone to substance abuse This book provides a long range perspective on health promotion by examining its roots in the early years of life

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