

BEHAVIORAL MEDICINE

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Frank C. Seitz, Ph.D.

Behavioral Medicine Made Ridiculously Simple Medmaster Series

Stephen Goldberg (M.D.)



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Clinical Hematology Made Ridiculously Simple Stephen Goldberg, M.D., 2021-09-20 NEW RELEASE Hematology encompasses numerous diseases and it is easy to get lost in the details of a reference text This book focuses on seeing the overall clinical picture in a brief clear manner It offers a practical overview of the range of common hematologic disorders with their diagnoses and treatments The book is directed toward the medical nursing and PA student as well as the general practitioner who would like a brief overview of the key and practical clinical aspects of Hematology with understanding rather than rote memorization

Clinical Genetics Made Ridiculously Simple Stephen Goldberg, M.D., 2020-09-15 The burgeoning field of Genetics is a complex and formidable topic for the student and practitioner It is easy to get lost in the forest for the trees since genetics lends itself anywhere from a basic foundation of DNA and its parts to a more complicated and nuanced understanding of how these parts work together what happens when things go wrong how to diagnose and treat genetic disorders and the latest advances and areas of hope in genetic research Clinical Genetics Made Ridiculously Simple presents a way to rapidly visualize the field as a whole including basic genetics chromosomal abnormalities epigenetic disorders cancer screening tests gene sequencing CRISPR homeobox genes and changing approaches to the clinical diagnosis and treatment of genetic conditions The author builds from the basics of genetics and DNA to an understanding of how our genetic material functions what we presently know about genetic defects and cutting edge solutions to these problems Each topic is carefully taught one step at a time so that the student is never lost all in 112 pages

Sleep Medicine Made Ridiculously Simple Fabian H. Rossi, M.D., 2021-11-01 Current reference textbooks commonly provide an extensive and in depth review of sleep medicine and are of limited use to busy students and clinicians This book is a brief overview of sleep medicine It introduces medical students physician associates nurse practitioners and general practitioners to the basic aspects of sleep medicine in a way that is easy to read and learn practical concise and fun It emphasizes the pathophysiology diagnosis and treatment of the most common sleep disorders encountered in clinical practice Topics Include Anatomy and Physiology of Sleep Evaluation of Sleep Disorders Obstructive Sleep Apnea OSA Central Sleep Apnea and Hypoventilation Syndromes Insomnia Narcolepsy and Idiopathic Hypersomnia Circadian Rhythm Disorders Parasomnias and Complex Nocturnal Behaviors Restless Leg Syndrome and Periodic Limb Movement Disorders Sleep Disorders in Children Women and the Elderly Sleep Medicine and Medical Neurological and Psychiatric Disorders

Clinical Anatomy Made Ridiculously Simple Stephen Goldberg, M.D., Hugue Ouellette, M.D., 2016-07-01 EXCELLENT FOR USMLE BOARD REVIEW A systemic approach to clinical anatomy with a high picture to text ratio Learning occurs through simple sketched conceptual diagrams ridiculous associations and a strong focus on clinical relevance Companion Digital Download of Atlas of Normal Radiology program Win Mac with quizzes on plain film CT and MRI can be found on MedMaster's website located at <https://medmaster.net/pages/free-downloads>

Clinical Cardiology Made Ridiculously Simple Michael A. Chizner, M.D., 2023-01-09

The new edition includes thoroughly revised and updated information about the latest clinical trials and guidelines in Cardiology For medical students house officers cardiac fellows practicing physicians nurses nurse practitioners physician associates and other health care professionals A clear concise highly practical and enjoyable overview of all of clinically relevant cardiology History physical ECG ECG interpretation taught in just 40 pages radiology noninvasive and invasive diagnostic tests therapy both pharmacologic and non pharmacologic cardiac device therapy and cardiac surgery A final section of the book takes the full gamut of cardiac pearls of wisdom obtained in all previous chapters and Puts It All Together to clearly teach the approach to diagnosis and treatment of the most common cardiac pathologies Putting It All Together includes APPROACH TO THE PATIENT WITH CORONARY ARTERY DISEASE APPROACH TO THE PATIENT WITH HEART FAILURE APPROACH TO THE PATIENT WITH SYSTEMIC ARTERIAL HYPERTENSION APPROACH TO THE PATIENT WITH DYSLIPIDEMIA APPROACH TO THE PATIENT WITH VALVULAR HEART DISEASE APPROACH TO THE PATIENT WITH HYPERTROPHIC CARDIOMYOPATHY APPROACH TO THE PATIENT WITH INFECTIVE ENDOCARDITIS APPROACH TO THE PATIENT WITH AORTIC DISSECTION APPROACH TO THE PATIENT WITH PERICARDIAL DISEASE APPROACH TO THE PATIENT WITH PULMONARY HYPERTENSION APPROACH TO THE PATIENT WITH A HEART MURMUR APPROACH TO THE PATIENT WITH CARDIAC ARRHYTHMIAS AND CONDUCTION DISTURBANCES APPROACH TO THE PATIENT WITH ADULT CONGENITAL HEART DISEASE APPROACH TO THE PATIENT WITH HEART DISEASE UNDERGOING NON CARDIAC SURGERY APPROACH TO THE PATIENT WITH NEOPLASTIC HEART DISEASE APPROACH TO THE PATIENT WITH FALSE HEART DISEASE APPROACH TO THE PATIENT WITH AN ACUTE CARDIAC EMERGENCY Companion Digital Download of Heart Sounds Images program Win Mac with heart sounds ECG interpretation chest x rays echocardiography cases and quiz

Gastroenterology Made Ridiculously Simple Stephen Goldberg, M.D., Howard I. Baikovitz, M.D., 2025-03-10 This book is for medical nursing and PA students primary care physicians and other health professionals to provide a brief practical overview of clinical gastroenterology its diseases diagnostic methods and treatments Although of broad scope the emphasis of this book is on diseases that are more probable more serious if missed and more likely to lead to an effective remedy Topics include Anatomy of the GI Tract Common Presenting Symptoms in GI Diagnostic Tools in GI Treatments in GI Diseases of the Esophagus Diseases of the Stomach Diseases of the Small Intestine Diseases of the Large Intestine Diseases of the Rectum and Anus Diseases of the Liver Diseases of the Gallbladder and Biliary Ducts Diseases of the Pancreas

Clinical Pharmacology Made Ridiculously Simple James Olson, M.D., Ph.D., 2024-01-01 This new COLOR edition includes thoroughly revised and updated information about the latest drug guidelines in Pharmacology Top to bottom pharmaceutical updates for all systems with extensive inclusions for cancer treatment and anti obesity appetite suppression medications EXCELLENT USMLE BOARD REVIEW A concise overview of the most important principles in clinical pharmacology with drug comparisons in clear chart format The book blends the essentials of basic pharmacology and clinical

pharmacology so that transition from classroom to clinic is less abrupt The text that surrounds the tables emphasize key issues pertaining to therapeutic rationale basic pharmacologic principles and clinical use of drugs Topics include Principles of Pharmacology Pharmacokinetics drug actions at multiple levels drug interactions tolerance dependence and withdrawal Peripheral Nervous System Central Nervous System Cardiovascular and Hematology Drugs Respiratory Drugs GI Drugs Anti Infective Agents Anticancer drugs Anti Inflammatory and Immunomodulating Agents Endocrine System Drugs Including Anti Obesity and Appetite Suppression Drugs **Immunology Made Ridiculously Simple** Massoud Mahmoudi, D.O., Ph.D.,2024-05-15 This new edition contains updated illustrations charts the most up to date vaccine schedules and tables in color EXCELLENT USMLE BOARD REVIEW A brief clear overview of the basic science AND clinical aspects of immunology For medical dental nursing PA and other health professional students The basic science section is a clear presentation of innate and adaptive immunity immune cells antibodies and antigens and other components of the immune system and their interactions The clinical section clarifies hypersensitivity autoimmunity immunodeficiency common diagnostic tests vaccination transplantation and tumor immunology all in 88 pages **Clinical Neuroanatomy Made Ridiculously Simple** Stephen Goldberg (M.D.),2000 This now classic text over 300 000 copies sold presents the most relevant points in clinical neuroanatomy with mnemonics humor and case presentations For neuroanatomy courses and Board review Second edition

Rheumatology Made Ridiculously Simple Adam J. Brown, M.D.,2025-01-01 A brief clear up to date highly illustrated overview of the range of rheumatologic conditions their diagnosis and treatment plus numerous case studies Rheumatology Made Ridiculously Simple delves into autoimmune diseases of the joints and musculoskeletal system as well as evaluation and treatment of other causes of joint pain Topics include Overview of the immune system and treatment options in rheumatology NSAIDs Glucocorticoids DMARDs TNF IL Inhibitors JAK STAT Inhibitors and MORE Inflammatory Arthritis Rheumatoid Arthritis Spondyloarthritis Lupus Gout Infectious joint pain and Numerous More Autoinflammatory Disease Non Inflammatory Arthritis Osteoarthritis Fibromyalgia Miscellaneous Rheumatologic Diseases Hypermobility Sjogren s Scleroderma Vasculitis Inflammatory Myopathies Sarcoidosis and MANY MORE Pediatric Rheumatology Antibodies and Other Lab Tests Rheumatology Review Questions The autoimmune diseases seen by rheumatologists are not only rare but many have varied presentations with differentials which sometimes makes the diagnosis tricky This book attempts to break down how to approach patients with suspected autoimmune disease or non inflammatory arthritis how to better understand the disease manifestations and how to interpret the lab tests so you feel comfortable making the diagnosis All with a touch of Made Ridiculously Simple cartoon humor

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