

A Population-Based Policy and Systems Change Approach to Prevent and Control Hypertension

A Population Based Policy And Systems Change Approach To Prevent And Control Hypertension

**Institute of Medicine, Food and
Nutrition Board, Committee on
Strategies to Reduce Sodium Intake**

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A Population-Based Policy and Systems Change Approach to Prevent and Control Hypertension Institute of Medicine, Board on Population Health and Public Health Practice, Committee on Public Health Priorities to Reduce and Control Hypertension in the U.S. Population, 2010-08-13 Hypertension is one of the leading causes of death in the United States affecting nearly one in three Americans It is prevalent in adults and endemic in the older adult population Hypertension is a major contributor to cardiovascular morbidity and disability Although there is a simple test to diagnose hypertension and relatively inexpensive drugs to treat it the disease is often undiagnosed and uncontrolled A Population Based Policy and Systems Change Approach to the Prevention and Control Hypertension identifies a small set of high priority areas in which public health officials can focus their efforts to accelerate progress in hypertension reduction and control It offers several recommendations that embody a population based approach grounded in the principles of measurement system change and accountability The recommendations are designed to shift current hypertension reduction strategies from an individual based approach to a population based approach They are also designed to improve the quality of care provided to individuals with hypertension and to strengthen the Center for Disease Control and Prevention's leadership in seeking a reduction in the sodium intake in the American diet to meet dietary guidelines The book is an important resource for federal public health officials and organizations especially the Center for Disease Control and Prevention as well as medical professionals and community health workers

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Hypertension in High Risk African Americans Keith C. Ferdinand, 2015-01-02 This volume discusses the many ways to prevent identify and control hypertension in African Americans a common and potent risk factor for virtually all forms of cardiovascular renal diseases Comprehensive chapters address modifiable risk factors such as lifestyle changes especially sodium restriction and appropriate combination pharmacotherapy Emerging devices and evidence based approaches that may also enhance effective blood pressure control and decrease the disparate cardiovascular disease risks including MI stroke HF and cardiorenal metabolic syndrome and diabetes are also discussed in detail Written by a wide range of experts in the field Hypertension in High Risk African Americans Current Concepts Evidence based Therapeutics and Future Considerations is a valuable resource for clinicians researchers health administrators and public health policy leaders to better understand the best practices and unique aspects of risk assessment and treatment of hypertension and co morbid conditions in African Americans

Morbidity and Mortality Weekly Report, 2011-04

Strategies to Reduce Sodium Intake in the United States Institute of

Medicine, Food and Nutrition Board, Committee on Strategies to Reduce Sodium Intake, 2010-11-14 Reducing the intake of sodium is an important public health goal for Americans Since the 1970s an array of public health interventions and national dietary guidelines has sought to reduce sodium intake However the U S population still consumes more sodium than is recommended placing individuals at risk for diseases related to elevated blood pressure Strategies to Reduce Sodium Intake in the United States evaluates and makes recommendations about strategies that could be implemented to reduce dietary sodium intake to levels recommended by the Dietary Guidelines for Americans The book reviews past and ongoing efforts to reduce the sodium content of the food supply and to motivate consumers to change behavior Based on past lessons learned the book makes recommendations for future initiatives It is an excellent resource for federal and state public health officials the processed food and food service industries health care professionals consumer advocacy groups and academic researchers

A Nationwide Framework for Surveillance of Cardiovascular and Chronic Lung Diseases Institute of Medicine, Board on Population Health and Public Health Practice, Committee on a National Surveillance System for Cardiovascular and Select Chronic Diseases, 2011-08-26 Chronic diseases are common and costly yet they are also among the most preventable health problems Comprehensive and accurate disease surveillance systems are needed to implement successful efforts which will reduce the burden of chronic diseases on the U S population A number of sources of surveillance data including population surveys cohort studies disease registries administrative health data and vital statistics contribute critical information about chronic disease But no central surveillance system provides the information needed to analyze how chronic disease impacts the U S population to identify public health priorities or to track the progress of preventive efforts A Nationwide Framework for Surveillance of Cardiovascular and Chronic Lung Diseases outlines a conceptual framework for building a national chronic disease surveillance system focused primarily on cardiovascular and chronic lung diseases This system should be capable of providing data on disparities in incidence and prevalence of the diseases by race ethnicity socioeconomic status and geographic region along with data on disease risk factors clinical care delivery and functional health outcomes This coordinated surveillance system is needed to integrate and expand existing information across the multiple levels of decision making in order to generate actionable timely knowledge for a range of stakeholders at the local state or regional and national levels The recommendations presented in A Nationwide Framework for Surveillance of Cardiovascular and Chronic Lung Diseases focus on data collection resource allocation monitoring activities and implementation The report also recommends that systems evolve along with new knowledge about emerging risk factors advancing technologies and new understanding of the basis for disease This report will inform decision making among federal health agencies especially the Department of Health and Human Services public health and clinical practitioners non governmental organizations and policy makers among others

Using Nursing Research to Shape Health Policy Patricia A. Grady, Ada Sue Hinshaw, 2017-03-15 Examining the crucial interrelationship between nursing research and health policy this

book presents examples of specific health care policy that has been influenced implemented or changed as a result of nursing research It builds on the discussion of this relationship as described in the editors earlier book *Shaping Health Policy through Nursing Research* named a Doody s Core Title in 2013 and an AJN Book of the Year in 2011 This current edition updates earlier information with new nursing research by esteemed scholars It encompasses research related to major policy statements of the decade including the IOM Future of Nursing report the Affordable Care Act and the Blueprint for Genomics in Nursing and highlights how they have influenced and will continue to influence health policy Written for multiple audiences including undergraduate and graduate students faculty and nursing professionals the book presents information on how science shapes health policy in general models and strategies for linking research and health policy and multiple examples of how major nursing research has influenced health policy The text provides both a conceptual orientation and an operational approach to strategies linking research to policy and influencing policy makers at the organizational community state national and international levels

Key Features Offers examples of cutting edge nursing research that provides a foundation for practice and policy Incorporates major policy directives of this decade and highlights how nursing research has influenced health policy Demonstrates to undergraduate and graduate students faculty and nursing professionals how nursing research can shape health policy decisions Includes perspectives models and strategies for using nursing research to influence health policy Addresses how nursing research shapes policy at organizational community state national and international levels

Population Health for Nurses Diana R. Mager, Jaclyn Conelius, Jaclyn E. Conelius, 2019-11-28 A nurse s field guide to improving health outcomes for distinct patient populations This practical text is distinguished by its in depth coverage of populations ranging from opioidaddicted veterans to young children suffering from obesity Focused on the educational needs of students in undergraduate and bridge programs this book is grounded in evidence based practice in depth content and clinical case studies Five sections address population health in the following settings community based care home and rural health school based and primary care medical home and palliative care and acute and long term care Each section begins with an overview chapter addressing fundamental concepts characteristic trends expenditures and critical considerations Subsequent chapters provide descriptions of varied patient populations relevant care settings and examples of the RN s role within each setting Chapters conclude with a case study that illustrates a day in the life of a typical nurse which includes assessment and evaluation of present symptoms demographic information social and environmental determinants and medical background Chapters also encompass advocacy and policy roles care access emergency preparedness and community resiliency

Key Features Focuses on the needs of students in undergraduate and bridge programs Provides specific examples and context using a population of interest approach Exposes nurses and future nurses to a multitude of diverse work settings Case studies are written from the nurse s perspective Addresses current medical issues among populations with an emphasis on practical content application Grounded in evidence based principles Clinical

reasoning exercises Q As with rationales and lists of key terms with definitions Supplemental Instructor s PowerPoints included

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