

A BJJ VIDEO VAULT PRODUCTION



BJJ TECHNIQUES TO DEFEAT BIGGER AND STRONGER OPPONENTS



WITH INSTRUCTOR DAN FAGGELLA

Bjj Techniques To Defeat Bigger And Stronger Opponents

J Dewey



Bjj Techniques To Defeat Bigger And Stronger Opponents:

BJJ Techniques to Defeat Bigger and Stronger Opponents Dan Faggella, 2013-10-04 In your journey as a BJJ fighter you will no doubt come across larger and stronger opponents and this book is the perfect bible that enables you to topple them BJJ Today Website Are you being dominated on the mat by opponents that are bigger in size even though you have superior technique Or perhaps you are being manhandled by stronger guys especially when they pin you in side control or mount and you can't find a way to get out from underneath If these situations sound familiar this book is for you This book is actually a Brazilian Jiu Jitsu BJJ program that has been specifically designed for practitioners to learn how to defeat bigger and stronger opponents When you take the course you will discover 1 The concepts philosophies and the right mindset that will allow you to succeed against the big boys 2 Revolutionary techniques that are designed for the smaller fighter Technical escapes and sweeps that will allow you to turn the tables on opponents that have their weight pinned on you Slick passes that will put you in superior positions to attack and therefore putting your opponents in full defensive mode High percentage and efficient submissions that will finally enable you to tap bigger and stronger guys 3 The secret sauce of Pan American Champion Dan Faggella Let's face it it's no fun to be ragdolled on the mat by strong athletic opponents especially when you know that they are less skilled than you And in many cases not knowing how to hold your own against them actually prevents you from being promoted by your professor as well After implementing the teaching in this book you won't dread having to roll with the big boys or feel hopeless when they pin you down Instead when you next see a much larger opponent you will think how interesting So now is the time to take your Jiu Jitsu to the next level BJJ Techniques to Defeat Bigger and Stronger Opponents was written with practitioners just like you in mind It details concepts step by step instructions and literally hundreds of colored photos that will elevate your technique to the next level This book pretty much lays out a perfect game plan for smaller sized BJJ practitioners Josh Leduc Cofounder of Dissension MMA So stop being dominated by the big guys Buy this book and start training to become a Giant Killer

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The Enigmatic Realm of **Bjj Techniques To Defeat Bigger And Stronger Opponents**: Unleashing the Language is Inner Magic

In a fast-paced digital era where connections and knowledge intertwine, the enigmatic realm of language reveals its inherent magic. Its capacity to stir emotions, ignite contemplation, and catalyze profound transformations is nothing short of extraordinary. Within the captivating pages of **Bjj Techniques To Defeat Bigger And Stronger Opponents** a literary masterpiece penned by way of a renowned author, readers embark on a transformative journey, unlocking the secrets and untapped potential embedded within each word. In this evaluation, we shall explore the book's core themes, assess its distinct writing style, and delve into its lasting effect on the hearts and minds of those who partake in its reading experience.

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