

BIPOLAR DISORDER SYMPTOMS

BIPOLAR DISORDER INCLUDES MANIC EPISODES:



FEELING OVERLY HAPPY FOR
LONG PERIODS OF TIME



TALKING VERY FAST
WITH RACING THOUGHTS



BECOMING EASILY
DISTRACTED



HAVING OVERCONFIDENCE
IN ABILITIES



ENGAGING IN RISKY BEHAVIOR
E.G. DRINKING

BIPOLAR DISORDER INCLUDES DEPRESSION EPISODES:



FEELING SAD OR HOPELESS
FOR LONG PERIOD OF TIME



SIGNIFICANT CHANGE
IN APPETITE



THINKING ABOUT OR
ATTEMPTING SUICIDE



FEELING FATIGUE
OR LACK OF ENERGY



PROBLEMS WITH MEMORY
AND CONCENTRATION

Bipolar Disorder A Students Guide

RM Cervero



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