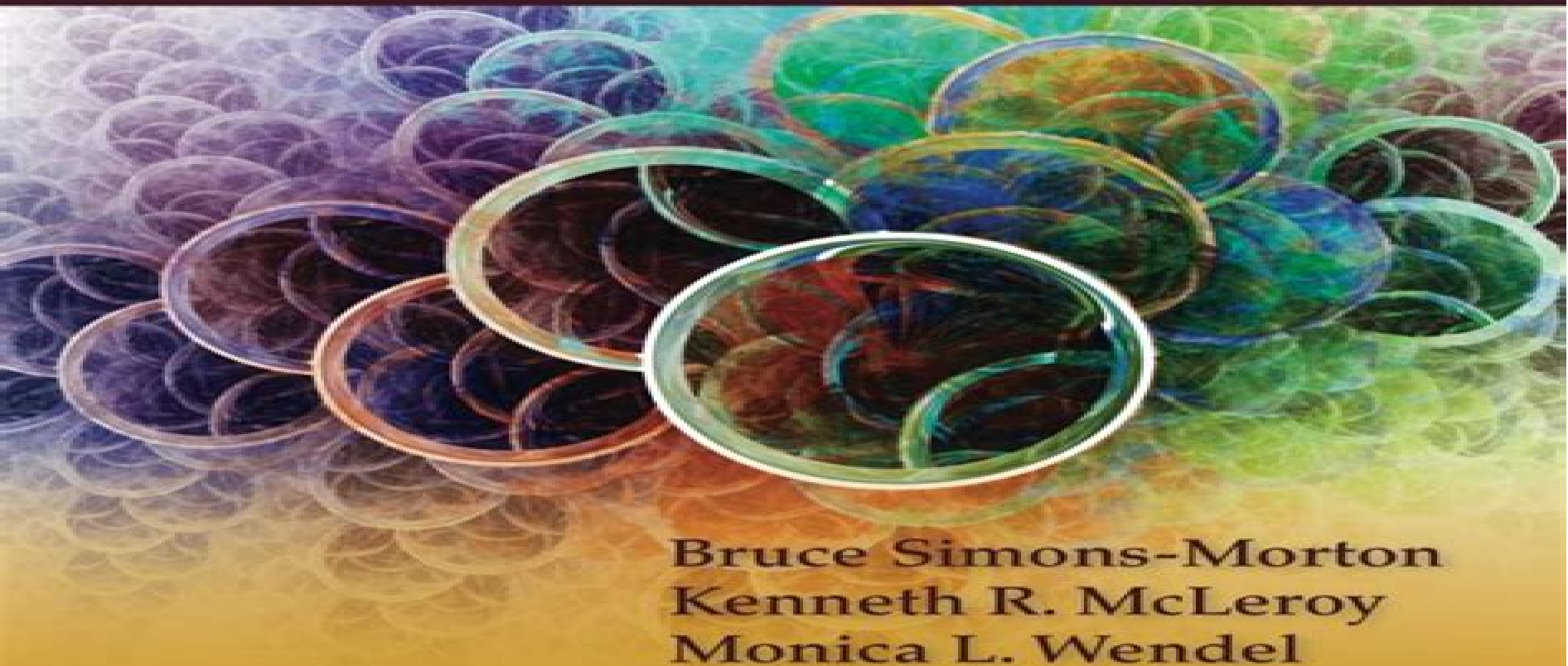


BEHAVIOR THEORY

*in Health Promotion
Practice and Research*



Bruce Simons-Morton
Kenneth R. McLeroy
Monica L. Wendel

Behavior Theory In Health Promotion Practice And Research

Marco Cascella



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Health Behavior Karen Glanz, Barbara K. Rimer, K. Viswanath, 2015-07-27 The essential health behavior text updated with the latest theories research and issues Health Behavior Theory Research and Practice provides a thorough introduction to understanding and changing health behavior core tenets of the public health role Covering theory applications and research this comprehensive book has become the gold standard of health behavior texts This new fifth edition has been updated to reflect the most recent changes in the public health field with a focus on health behavior including coverage of the intersection of health and community culture and communication with detailed explanations of both established and emerging theories Offering perspective applicable at the individual interpersonal group and community levels this essential guide provides the most complete coverage of the field to give public health students and practitioners an authoritative reference for both the theoretical and practical aspects of health behavior A deep understanding of human behaviors is essential for effective public health and health care management This guide provides the most complete up to date information in the field to give you a real world understanding and the background knowledge to apply it successfully Learn how e health and social media factor into health communication Explore the link between culture and health and the

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