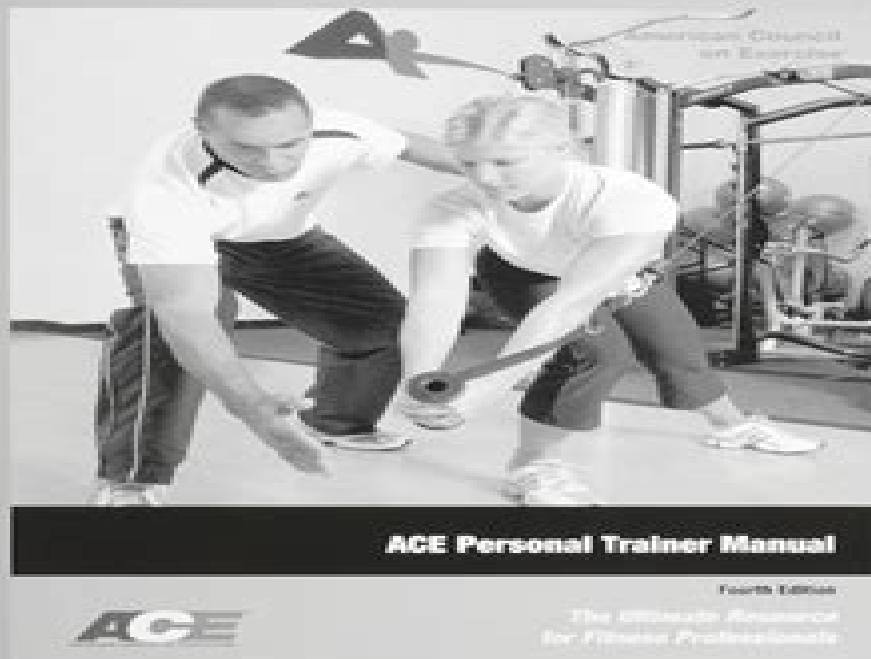


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Injury Prevention for Fitness Instructors IDEA Health & Fitness, 2001

ACE Personal Trainer Master the Manual Daniel J. Green, Cedric X. Bryant, American Council on Exercise, 2011

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Program Design for Personal Trainers, 1993

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