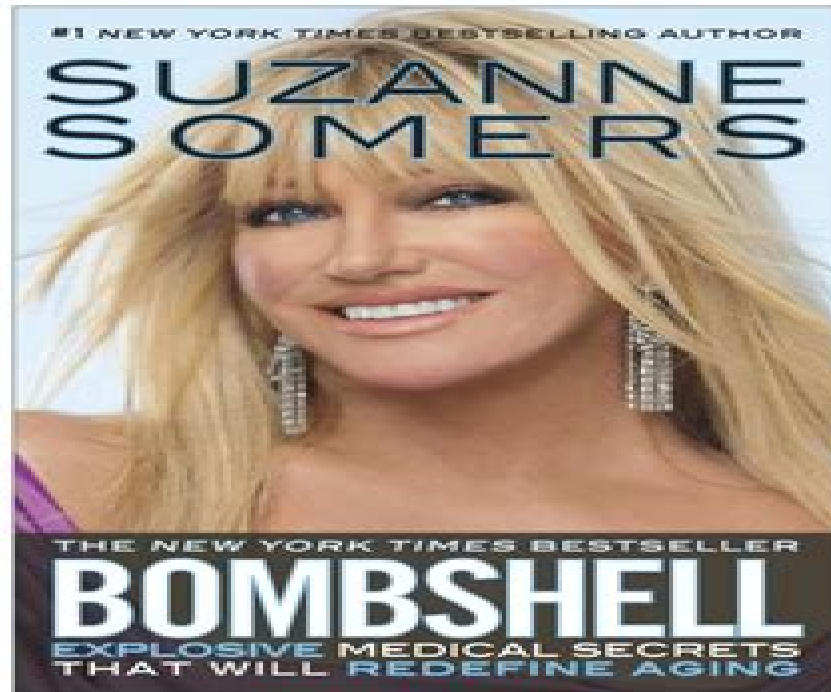


Bombshell: Explosive Medical Secrets That Will Redefine Aging



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Bombshell Explosive Medical Secrets That Will Redefine Aging

**Kathy Merlock Jackson, Lisa Lyon
Payne, Kathy Shepherd Stolley**



Bombshell Explosive Medical Secrets That Will Redefine Aging:

Bombshell Suzanne Somers,2012 The successful actress and best selling author of Eat Great Lose Weight outlines up and coming innovations in the medical world that are redefining aging sharing ideas for a patient awareness program for reshaping how aging is treated 300 000 first printing **Bombshell** Suzanne Somers,2013-09-10 For the millions of fans who ve made Suzanne Somers a bestselling author for years the huge numbers of boomers and the post 40 crowd of health consumers interested in aging gracefully successfully and beautifully This groundbreaking new book aims to redefine aging as we know it And who better to do it than Suzanne Somers bestselling phenomenon health pioneer and the face of anti aging medicine Here she interviews future medicine s best and brightest to craft a plan that will reshape the way we treat approach and think about aging Forget anti aging this is the next step embracing it looking forward to it and enjoying it Definitely pro aging **A New Way to Age** Suzanne Somers,2020-01-07 At seventy three years young 1 New York Times bestselling author and health guru Suzanne Somers has established herself as a leading voice on antiaging With A New Way to Age she takes things a step further to present a revolutionary philosophy for a longer and better quality life in the form of easy to understand lessons and doctor interviews that will make you feel like you ve just had the best checkup of your life There is a new way to age I m doing it and it s the best decision I ve ever made I love this stage of my life I have juice joy wisdom and perspective I have energy vitality clearheadedness and strong bones Most of us are far too comfortable with the present paradigm of aging which normalizes pills nursing homes and the big three heart disease cancer and Alzheimer s disease But you don t have to accept this fate Now there s a new way to grow older with vibrancy freedom confidence and a rockin libido This health bible from Suzanne Somers will explain how to stop aging like your parents and embrace cutting edge techniques such as balancing nutritional and mineral deficiencies detoxifying your gut for weight loss pain management with non THC cannabis instead of harmful opioids and much more Aging well is mainly about the choices you make on a daily basis It can be a fantastic process if you approach it wisely After a lifetime of research Suzanne came to a simple conclusion what you lose in the aging process must be replaced with natural alternatives In order to thrive you have to rid your body of chemicals and toxins Start aging the new way today by joining Suzanne and her trailblazing doctors as they all but unearth the fountain of youth *Anti-Aging Therapeutics Volume XVII* A4M American Academy of Anti-Aging Medicine,2015-11-12 Proceedings of the Twenty Second World Congress on Anti Aging Medicine Regenerative Biomedical Technologies sponsored by the American Academy of Anti Aging Medicine A4M **Age Becomes Us** Leni Marshall,2015-06-30 Deconstructs fiction and nonfiction to further understandings of how aging and old age are created In lively accessible prose this book expands the reach and depth of age studies A review of age studies methods in theory literature and practice leads readers to see how their own intersectional identities shape their beliefs about age aging and old age This study asks readers to interrogate the texts of menopause self help books on aging and foundational age studies works In addition to the study of these nonfiction

texts the poetry and prose of Doris Lessing Lucille Clifton and Louise Erdrich serve as vehicles for exploring how age relations work including how they invoke readers into kinships of reciprocal care as othermothers otherdaughters and otherelders The literary chapters examine how gifted storytellers provide enactments portrayals and metaphorical uses of age to create transformative potential

The Miracle of Regenerative Medicine Elisa Lottor, Ph.D., HMD, 2017-12-12 Turn on the body's self healing abilities prevent illness before it starts and reverse the aging process Explains how to activate the body's regenerative abilities and combat inflammation through diet supplements detox herbs exercise energy medicine and mindfulness Examines the science of epigenetics and the potential of stem cell therapies for regeneration of joints and organs as well as for healing the telomeres of our DNA Reveals the importance of hormone balance and sleep as a core regenerative therapy Harnessing the advances of the new paradigm of medicine which focuses on the regenerative abilities of the body rather than symptom management Elisa Lottor Ph D HMD explains how each of us can turn on the body's self healing abilities prevent illness before it starts and reverse the aging process to live longer healthier and happier lives Beginning with a focus on the foods we eat the author reveals how many diseases and symptoms of aging are the result of inflammation in the body caused by poor diet and a lack of crucial nutrients She explains the top foods to avoid such as refined sugar and the best nutrient rich foods to include along with easy and delicious recipes Showing how regenerative medicine treats the roots of aging and disease preventing them before they start she details the regenerative properties of the liver complex explaining the best ways to detox and reveals how to restore optimal microbe balance in your gut Dr Lottor explores the regenerative properties of adaptogens herbs and nutraceuticals the unobtrusive healing practices of energy medicine the importance of hormone balance and the concept of living water She also underscores sleep as a core regenerative therapy Looking at the most cutting edge research in the rapidly emerging field of regenerative medicine Dr Lottor examines the potential of stem cell therapies for regeneration of joints and organs as well as for lengthening our DNA's telomeres the shrinkage of which is now considered a chief cause of aging She also looks at the science of gene expression epigenetics and how DNA can be used as both a health predictor and a tool for preventing inherited diseases Including a comprehensive resource section for finding products and practitioners Dr Lottor offers each of us the necessary tools and information to reverse aging and participate in your own wellness

The Intersection of Star Culture in America and International Medical Tourism Kathy Merlock Jackson, Lisa Lyon Payne, Kathy Shepherd Stolley, 2015-12-24 Celebrity culture health care and travel attract attention in America's media saturated society These worlds curiously intersect in the study of medical tourism Although the US touts some of the finest and best known medical facilities in the world many jet setting A list celebrities who can well afford the finest of health care seek treatment far away from home popularizing international sites physicians and procedures These travelers whose every move is chronicled by the media both reflect and influence health care concerns in America An analysis of these high profile cases of celebrities with both life threatening and

non life threatening conditions sheds light on the link between medical tourism and celebrity showing how health care and entertainment intersect and the American public responds The Intersection of Star Culture in America and International Medical Tourism Celebrity Treatment argues that celebrity cases and media content drive awareness of medical tourism among Americans at a time when the medical system is under intense scrutiny By popularizing international sites for treatment procedures not available in the US and different approaches to patient care media narratives present options for health care triggering dialogue on one of America s most important human welfare issues

Outstanding Health Michael Galitzer, Larry Trivieri, 2018-03-06 Doctor to celebrities like Suzanne Somers and Vanessa Williams Michael Galitzer shares his revolutionary approach to health a combination of conventional and energy medicine so that anyone can look and feel years younger than their age For more than twenty five years Dr Michael Galitzer has been sought out by movers and shakers in business entertainment and medicine for his revolutionary approach to health a unique combination of conventional and complementary medicine with a focus on Energy Medicine which addresses health at the cellular energetic level Now in Outstanding Health Dr Galitzer shares his wisdom so that you too can achieve the same benefits of youthfulness and longevity as his patients In this groundbreaking book discover how to renew and revitalize yourself in body mind and spirit so you can enjoy outstanding health at any age Your journey begins with a new understanding of how to use Energy Medicine to detect and correct health problems long before they ever develop into physical symptoms And with Dr Galitzer s 6 Essential Keys to Outstanding Health you will discover breakthrough solutions for keeping your brain and heart healthy and youthful for the rest of your life Look and feel much younger than you actually are and live a life of outstanding health

New Testosterone Treatment Edward Friedman, William Cane, 2023-12-21 Written by the leading authority on hormone receptors and prostate cancer this book reveals the surprising truth about how you can prevent and treat breast cancer prostate cancer and Alzheimer s with testosterone and other FDA approved drugs For decades doctors have sought to combat prostate cancer under the mistaken assumption that testosterone fueled its growth But the latest research into the nature of hormone receptors and therapies using bioidentical instead of synthetic hormones have caused a shift in thinking and new hope for treating this cancer with testosterone Today the medical profession equates a diagnosis of Alzheimer s with a death sentence In fact the only thing doctors do is throw ineffective drugs at it and resign themselves to failure For the first time this book explains how testosterone can halt the disease and cure early stage Alzheimer s Similar breakthroughs for fighting breast cancer follow close on the heels of these revelations outlining how the avoidance of synthetic progestins and the use of aromatase inhibitors are crucial tools in prevention and treatment At the core of this book is the remarkable observation that we experience our highest hormone levels during our teen years a time of life when there is no breast cancer prostate cancer or Alzheimer s Could bringing hormones back to teen levels be the key to vibrant good health The answer is a resounding yes This thoroughly researched guide to the latest biomedical research is must reading for medical

professionals and anyone concerned about their health **The Ecstasy of Surrender** Judith Orloff, 2014 New York Times
bestselling author of Emotional Freedom provides an exciting new plan for reducing stress manifesting material and
psychological wealth and experiencing perpetual joy

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