

HEAD TO TOE ASSESSMENT

Before the Exam

- Ensure privacy and keep the room at a comfortable temperature
- Sit/Stand at eye level + make good eye contact
- Use open-ended questions to gather unbiased information

General & Health History

SUBJECTIVE →

1. Health history
2. Family history
3. Chief complaint

What the Patient Says?

OBJECTIVE →

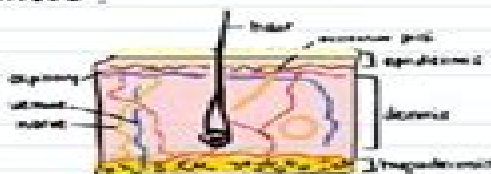
1. Behavior + mood
2. Appears stated age
3. Hygiene + nourishment level
4. Posture and mobility
5. Level of consciousness
 - 4 Alert? Oriented?

What you See/measure

Integument

Inspect Skin...

1. Color
2. Moisture
3. Texture
4. Turgor
5. Lesions



Head & Eyes

1. Inspect + palpate hair, scalp + face
2. Test CN VII - heavept, smile, frown
Show teeth, frown + puff cheeks
3. Inspect sclera, iris + conjunctiva
for any discoloration/abnormalities
4. Test vision - Snellen chart
5. Check pupils are equal, round and reactive to light + accommodation



Neurological + Mental Status



1. Assess speech pattern
2. Orientation to person, place, time and situation
3. Assess recent and remote memory
4. Screen for depression + anxiety
5. Ensure the client's thought process is logical and coherent
6. Assess mood + facial expression

Inspection →

Look + smell



Palpation →

Feel texture + consistency with palms + fingertips



Percussion →

tap to assess for dullness / tympany

Auscultation →

listen for sounds



Ears



1. Test hearing
2. Inspect pinna and inner ear

Nose



1. Assess patency
2. Ensure sense of smell
3. Inspect septum + turbinates

Mouth



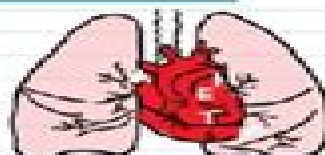
1. Inspect lips/mucosa
2. Assess teeth + gums
3. Check hard + soft palate

Throat

1. Inspect uvula
2. Test CN IX "say ahhh"
3. Test CN XII "move tongue side to side"

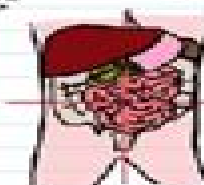
Lungs + Cardiovascular

1. Inspect anterior and posterior chest
2. Percuss lung fields
3. Palpate Apical pulse
4. Auscultate lung sounds
5. Auscultate heart sounds



- Aortic - 2nd right intercostal space
- Pulmonic - 2nd left intercostal space
- Erb's - 3rd left intercostal space
- Tricuspid - 4th left intercostal space
- Mitral - 5th intercostal space at midclavicular

Abdomen → GI & GU



1. Inspect contour, symmetry
2. Auscultate for bowel sounds
3. Percuss all 4 quadrants
4. Palpate all 4 quadrants
5. Assess bladder + voiding habits

Extremities + Musculoskeletal

1. Assess ROM + muscle strength
2. Check for + grade any edema
3. Inspect posture + gait
4. Test deep tendon reflexes



Assessment Guide

SJ Ball



Assessment Guide:

DoD Performance Assessment Guide, 1995 *Security Self-assessment Guide for Information Technology System*
Marianne Swanson, 2001 15276:TFK: *NonFiction Readers: Emergent:Assessment Guide Book*, 2011-09-01 *Handbook of Forensic Assessment* Eric Y. Drogin, Frank M. Dattilio, Robert L. Sadoff, Thomas G. Gutheil, 2011-06-24 The first handbook to explore forensic assessment from psychiatric and psychological perspectives The editors have assembled a magnificent collaboration between psychiatrists and psychologists to bring forth critical knowledge and insight to the core competency of forensic assessment This handbook is essential reading and a comprehensive resource for both newly minted and seasoned forensic practitioners Robert I Simon MD Director Program in Psychiatry and Law Georgetown University School of Medicine This long awaited resource blows the dust off traditional standards shakes the cobwebs out of our old ways of thinking and shows the practical steps in producing work that will make sense to juries and withstand the most skillful cross examination There is no better resource Kenneth S Pope PhD ABPP Diplomate in Clinical Psychology coauthor *Ethics in Psychotherapy and Counseling* Fourth Edition From preparation to collection to interpretation to communication of the results this excellent comprehensive treasure shows how to conduct forensic assessments Each splendid evidence based chapter is presented from the collaboration between psychologists and psychiatrists It is a must have resource for forensic experts as well as general practitioners or anyone wishing to understand standard of care in forensic assessment Melba Vasquez PhD ABPP 2011 American Psychological Association President The practitioner oriented coverage in the *Handbook of Forensic Assessment* examines The current state of psychology and psychiatry including requisite clinical competencies ethical guidelines and considerations of multidisciplinary collaboration Various approaches to assessments in criminal and civil matters The principles of effective preparation data collection and interpretation as well as communication for each special situation Topics including competence to stand trial sexual offender evaluations addictions child abuse and education Overarching practice issues such as practice development retention compensation consultation and forensic treatment Includes sample reports that demonstrate the integrative potential of both psychology and psychiatry Incorporating a wealth of current and multidisciplinary research the *Handbook of Forensic Assessment* is destined to become every mental health professional's most valuable one stop reference for their forensic work [Learning disabilities screening and evaluation guide for low- and middle-income countries](#) Anne M. Hayes, Eileen Dombrowski, Allison H. Shefcyk, Jennae Bulat, 2018-04-29 Learning disabilities are among the most common disabilities experienced in childhood and adulthood Although identifying learning disabilities in a school setting is a complex process it is particularly challenging in low and middle income countries that lack the appropriate resources tools and supports This guide provides an introduction to learning disabilities and describes the processes and practices that are necessary for the identification process It also describes a phased approach that countries can use to assess their current screening and evaluation services as well as determine the steps needed to develop

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