



ASIAN SHAME

and

ADDICTION

Suffering in Silence



SAM LOUIE
MA, LMHC

Asian Shame And Addiction Suffering In Silence

Sam Louie



Asian Shame And Addiction Suffering In Silence:

Asian Shame and Addiction Sam Louie, 2013-05-01 Many Asians are drowning in shame and addictions with no way out Is this any different from a traditional Westerner I would say very much so Shame is embedded in the Asian way of thinking behaving and interacting If you do not understand the cultural history of shame and its underpinnings then you will have a hard time understanding the mindset of typical Asians let alone the stranglehold of shame in their midst This book is written especially for Asian Christians as God's unconditional love is hard for many Asians to understand because of the shame that binds them This book is to help you get to the heart of Asian Shame and some of the associated behaviors and addictions that result from a culture that inhibits healthy emotional expression If you want healthy Christianity among Asians you need to understand how to recognize and break this cultural cycle of shame that has shackled millions of Asians to fall prey to the vices of gambling infidelity sex out of control spending over eating and other addictive behaviors *Asian Christian Ethics*

Aldrin M. Peñamora, Bernard K. Wong, 2022-09-26 *Asian Christian Ethics* provides an introduction for students to a range of key topics related to Christian ethics in Asia Fifteen Christian scholars from across Asia and from diverse ethnic and cultural backgrounds demonstrate how to think theologically and contextually about key ethical issues as well as describe best practices in Christian moral formation Ideal for use as a companion textbook in Asian seminaries and institutions as well as the wider Asian diaspora readers will be introduced to a wide range of topics all while upholding the authority of the Bible the centrality of Christ and the transforming power of the Holy Spirit *Passport to Shame* Sam Louie, 2024-01-09 A

psychotherapist's candid memoir of addiction and recovery exploring the intersection of Asian culture mental health and assimilating into American culture as an ethnic minority Sam Louie grew up torn between cultures as part of a first generation Chinese immigrant family from Hong Kong living in a predominantly African American neighborhood in the United States He experienced the duality of existence with the tension of two vastly different worldviews his identity intertwined with the country he lives in and his ancestral ties What traditions and cultural beliefs get preserved what gets discarded and what gets lost in translation Beneath it all was the presence of three generations of addiction trauma and shame In this bold insightful book he documents the challenges of immigrant experiences and how maladaptive coping mechanisms in the form of compulsive behaviors were a means to gain a sense of adequacy due to the cultural tide of shame and ostracism within his own ethnic heritage and the external world Louie's journey of resiliency in navigating multiple cultural forces in the face of adversity and racism can give readers a new understanding of hope perseverance and the resources necessary to heal **Asian Honor: Overcoming the Culture of Silence** Sam Louie, 2012-04-24 Many Asians are

drowning in shame and addictions with no way out Is this any different from a traditional Westerner Very much so Shame and honor are embedded in the Asian way of thinking behaving and interacting If you do not understand the cultural history of honor and shame and its underpinnings then you will have a hard time understanding the mindset of Asians let alone the

stranglehold of shame that keeps many from breaking the code of silence **Transactions of the Asiatic Society of Japan**
Asiatic Society of Japan,2006 List of transactions v 1 41 in v 41 **100 Questions & Answers About Anxiety** Chap
Attwell,2006 Approximately 19 million Americans suffer from anxiety disorders many without knowing why they experience
their symptoms Whether you are a newly diagnosed patient a patient already in treatment who may wish to understand more
deeply the roots of anxiety or a friend or relative of someone suffering from anxiety this book offers help The only volume
available to provide both the doctor s and the patient s view 100 Questions Answers About Anxiety gives you authoritative
practical answers to your questions This book deals directly with the nature of anxiety and its underlying causes treatment
options including various forms of psychotherapy and medication management advice on coping with anxiety sources of
support and much more Written by psychiatrist and psychoanalyst Dr Chap Attwell with commentary from actual patients
this book is an invaluable resource for anyone struggling with the medical psychological or emotional turmoil of this
debilitating condition **Encyclopedia of Immigrant Health** Sana Loue,Martha Sajatovic,2011-11-25 This encyclopedia
adopts a biopsychosocial historical approach to immigrant health with a focus on immigrant populations in and immigration
to magnet countries Extensive references to worldwide trends and global issues are made throughout its entries

Palliative Care Nursing Marianne Matzo,Marianne L. Matzo,Deborah Witt Sherman,2018-06-28 This 5th edition is an
important achievement it is a symbol of commitment to the field of palliative nursing where we have been and where we are
going Betty Rolling Ferrell PhD MA FAAN FPCN CHPN From the Foreword The aging population has only grown since the
first edition of this comprehensive and seminal publication nearly 20 years ago Based on the need to humanize rather than
medicalize the illness experience for patients this text delves into palliative care beyond the specific diseases affecting the
patient Instead content focuses on the whole person and family Palliative patients struggle with chronic debilitating and
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reciprocally suffer not knowing how to help and therefore become the secondary victims of the disease This is not the
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the needs of palliative and hospice patients and family Each chapter contains compassionate timely appropriate and cost
effective care for diverse populations across the illness trajectory Key Features The expanded new edition offers current

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Palliative Care Nursing, Fourth Edition Marianne Matzo, Deborah Witt Sherman, 2014-06-18 Print CourseSmart

London Calling, 1954

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