

breaking free

Women
of
Spirit
at
Midlife
and
Beyond

edited by MARILYN SEWELL

Breaking Free Women Of Spirit At Midlife And Beyond

Shirley J. Potterton



Breaking Free Women Of Spirit At Midlife And Beyond:

Breaking Free Marilyn Sewell, 2004-09-23 In twenty seven personal and daring essays some of our finest women writers examine the second half of their lives They grapple with what age and life have taught them contemplate their experiences and reflect on where they have arrived These are writers who get down and dirty who have looked at themselves as they are and at life as it is to discover not only what time has taken from them but also the powerful gifts that only come with age and experience Contributors include Isabel Allende Maya Angelou M F K Fisher China Galland Vivian Gornick Germaine Greer Erica Jong Audre Lorde Grace Paley Alix Kates Shulman Gloria Steinem and Terry Tempest Williams *The Breaking Point* Sue Shellenbarger, 2005-04-06 From Wall Street Journalist columnist Shellenbarger comes a groundbreaking work that identifies and explains the phenomenon of female midlife crisis *Fifty is the New Fifty* Suzanne Braun Levine, 2009 Outlines ten lessons for maximizing creativity and personal satisfaction after the age of fifty and shares advice on such topics as confronting change renegotiating one's relationships and setting boundaries *The Accidental Pilgrim* Judith Sornberger, 2015-09-01 Once a nice pagan girl acclaimed poet and scholar Judith Sornberger recounts her journey through faith in this beautiful personal memoir highlighted by a trip to Italy As a professor of English and Women's Studies Sornberger had long been interested in the female role in scripture iconography and religious literature When she began questioning her personal choices regarding Church and religion Sornberger was drawn to art to find some answers Her journey through the churches and museums of Italy gazing upon powerful images of scriptural scenes led her to insights into the place of Mary along with other women in a life of faith and service Within this carefully told narrative and full color images of many of the works of art that inspired Sornberger the reader will find much to influence his or her own remarkable journey of faith *Connecting Christ* Paul Louis Metzger, 2012-05-07 We live in a multifaith society an ever growing diverse cultural climate where no religion is viewed as having a monopoly on truth It is important when that Christ followers not only share the Word of God but also listen and learn how to interact meaningfully with those of diverse perspectives as we engage in life's most important conversations Connecting Christ encourages believers to be not only better communicators and witnesses but also listeners to people of other worldviews and traditions skills that are crucial in defending against today's negative connotations and ineffective approaches associated with Christian evangelism With extensive commentary from leaders of various walks of faith and life from Judaism to Islam and Buddhism to atheism theologian and author Dr Paul Louis Metzger offers a spiritual compass to help navigate the intimidating yet critical dialogue of conveying our faith in Christ Filled with practical guidance and insight into controversial topics such as hell fascism and homosexuality Connecting Christ reveals that there is a way of evangelizing that is neither disengaging monologue nor silent lifestyle ministry but is instead an approach for evangelism and dialogue to go hand in hand We must remove ourselves as the stumbling block to salvation for others and embrace a way to proclaim the uncommon compassionate God revealed in Jesus Christ the Savior this world is

dying to know **Stable Wisdom** Shirley J. Potterton,2013-07 Although midlife has been traditionally viewed as a time of decline science and experience are demonstrating that most of our fears are unsupported For many women it can be a time to rediscover important aspects of themselves that have been left due to the responsibilities of motherhood and careers In **Stable Wisdom** lifelong horsewoman Shirley Potterton provides a one of a kind guide for women on a midlife journey that encourages transformation and positive changes with the help of an equine companion Potterton whose love for horses was rekindled at midlife relies on experiences from her own journey of self discovery as well as others to share powerful tools and exercises to help women embrace the wisdom of an intuitive creature in order to move forward develop new skills and utilize innate strengths Through a step by step plan that can be applied with or without a horse women can learn how to listen to the inner voice for direction create and renew energy levels develop a courageous approach to life bring insight wisdom and experience to leadership roles and initiate self reflection without judgment **Stable Wisdom** provides valuable guidance tools and confidence for any woman in midlife who dares to think big and is ready to discover her own unique wisdom and implement exciting life changes **Latin American Women Writers** Kathy S. Leonard,2007-09-19 There is a wealth of published literature in English by Latin American women writers but such material can be difficult to locate due to the lack of available bibliographic resources In addition the various types of published narrative short stories novels novellas autobiographies and biographies by Latin American women writers has increased significantly in the last ten to fifteen years To address the lack of bibliographic resources Kathy Leonard has compiled **Latin American Women Writers A Resource Guide to Titles in English** This reference includes all forms of narrative short story autobiography novel novel excerpt and others by Latin American women dating from 1898 to 2007 More than 3 000 individual titles are included by more than 500 authors This includes nearly 200 anthologies more than 100 autobiographies biographies or other narrative and almost 250 novels written by more than 100 authors from 16 different countries For the purposes of this bibliography authors who were born in Latin America and either continue to live there or have immigrated to the United States are included Also titles of pieces are listed as originally written in either Spanish or Portuguese If the book was originally written in English a phrase to that effect is included to better reflect the linguistic diversity of narrative currently being published This volume contains seven indexes Authors by Country of Origin Authors Titles of Work Titles of Work Authors Autobiographies Biographies and Other Narrative Anthologies Novels and Novellas in Alphabetical Order by Author and Novels and Novellas by Authors Country of Origin Reflecting the increase in literary production and the facilitation of materials this volume contains a comprehensive listing of narrative pieces in English by Latin American women writers not found in any other single volume currently on the market This work of reference will be of special interest to scholars students and instructors interested in narrativ Life Reimagined Marilyn Sewell,2025-10-16 When Marilyn Sewell retired after seventeen years as senior minister of one of the nation s largest Unitarian Universalist churches she expected to excel at this next chapter as she had in every other Instead

nothing prepared her for the emptiness loneliness lack of purpose and the loss of the community that she experienced when she hung up her robe turned over the keys and walked out the door of her beloved church Adrift she found herself awash in profound questions of being Who am I without my identity as the minister of First Unitarian Where will I find community that holds me What if anything could life possibly hold for me now Searching for signs and solutions she discovers practical advice for retirement but little to soothe the grief that has invaded her body and spirit Unmoored with a deep sense of loss and crippling anxiety she is pushed to go deeper than she yet has gone deeper than she wants to go to get at the roots of her despair She spends seven years wandering through the thicket examining the family history that brought her to this place looking at what has driven her lifelong frantic work ethic The writing itself begins to reveal the answers she is seeking Ultimately Marilyn realizes that she must radically change She still has gifts to give revealed only when she stops her fanatical drive to produce when she learns to get quiet to breathe to listen to be present to the nanosecond that life is to respond to the moment to embrace and live out a second calling People So Bold, A , Growing Church, The ,

Eventually, you will entirely discover a additional experience and talent by spending more cash. yet when? do you take that you require to acquire those every needs in the manner of having significantly cash? Why dont you attempt to get something basic in the beginning? Thats something that will lead you to comprehend even more concerning the globe, experience, some places, gone history, amusement, and a lot more?

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