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BREAST CANCER

Real Questions,
Real Answers

David Chan, MD

Preface by John Glaspy, MD
UCLA Jonsson Comprehensive Cancer Center

Introduction by Frank Stockdale, MD
Stanford University Combined Modalities Breast Cancer Program

Breast Cancer Real Questions Real Answers

**Nancy Faass, Ricki Pollycove M.D.,
MHS**



Breast Cancer Real Questions Real Answers:

Breast Cancer: Real Questions, Real Answers David Chan, 2025-05-01 Breast Cancer Real Questions Real Answers is an outgrowth of Dr David Chan's more than 20 years in private oncology practice. Inspired by his patients who courageously face their illness but often feel fearful, confused about their options and full of questions, Dr Chan's book is uniquely structured as a Question and Answer between patient and doctor. It provides readers with an easily navigated, completely current resource for all of their queries. Poised to become the new must read for breast cancer patients, this book offers easily digestible information by reviewing and exploring the causes of breast cancer, outlining the core basics of breast cancer therapy, explaining how breast cancer survival is influenced by lifestyle and much more. Dr Chan's surefooted, compassionate tone offers reassurance throughout, as do the stories of his many patients, which give readers a firsthand glimpse at what they may face down the road, all from a survivor's point of view. Complete with a glossary of important terms and an appendix of useful resources, Breast Cancer Real Questions Real Answers is a must for every breast cancer patient seeking information that will guide her through her struggle toward a triumphant recovery.

Breast Cancer: Real Questions, Real Answers David Chan, 2006 Breast Cancer Real Questions Real Answers is an outgrowth of Dr David Chan's more than 20 years in private oncology practice. Inspired by his patients who courageously face their illness but often feel fearful, confused about their options and full of questions, Dr Chan's book is uniquely structured as a Question and Answer between patient and doctor. It provides readers with an easily navigated, completely current resource for all of their queries. Poised to become the new must read for breast cancer patients, this book offers easily digestible information by reviewing and exploring the causes of breast cancer, outlining the core basics of breast cancer therapy, explaining how breast cancer survival is influenced by lifestyle and much more. Dr Chan's surefooted, compassionate tone offers reassurance throughout, as do the stories of his many patients, which give readers a firsthand glimpse at what they may face down the road, all from a survivor's point of view. Complete with a glossary of important terms and an appendix of useful resources, Breast Cancer Real Questions Real Answers is a must for every breast cancer patient seeking information that will guide her through her struggle toward a triumphant recovery.

How I Survived Breast Cancer: Wayne Dornan PhD, 2015-11-11 Every three minutes a woman in the United States is diagnosed with breast cancer. Although more and more men and women are surviving breast cancer, it is still a very frightening diagnosis, and your life is absolutely turned upside down when you are told you have breast cancer. This is a book of hope and inspiration. I wrote it for both men and women, and I believe that thousands of women and men will be helped by all the information in this book. As you will see throughout the book, each inspirational chapter, which is a documentation of my specific journey with breast cancer, is followed by a factual account that contains up-to-date information regarding breast cancer and treatment in both men and women. In addition to its inspirational chapters, I hope that the factual information in his book will help both men and women make informed decisions regarding their treatment options and help them

understand that there is quality of life after being diagnosed with breast cancer In this book you will read that almost from the beginning I decided that I would embrace my diagnosis and not be intimidated by it As you will read I would take this diagnosis head on I wanted to feel empowered and not helpless I want both men and women who read this book to understand that although its not easy you have to maintain a positive attitude about your diagnosis treatment and prognosis and fight it every day You can never give up Lastly although our lives will never be the same as you will read in this book there are tons of breast cancer survivors out there So my advice is to live your life to the fullest and become an inspiration to other breast cancer survivors

A Woman's Decision Karen Berger, John Bostwick, 2005-10-16 A Woman's Decision is an extraordinarily sensitive and authoritative book that will help women assess their options familiarize themselves with the techniques used in treating breast cancer and prepare themselves for what to expect medically and emotionally from reconstructive surgery It combines complete and fully updated medical information with a detailed look at the emotional issues a woman must face when confronting breast cancer Especially reassuring are the interviews conducted with women and their loved ones discussion feelings and reactions at every stage including the decision to seek reconstructive surgery In easy to understand language this new edition features the newest therapies available for breast cancer treatment including Genetic and hormonal therapy Endoscopic minimally invasive surgery Image guided biopsy and sentinel node biopsy Lumpectomy versus mastectomy Skin sparing mastectomy and immediate reconstruction Partial reconstruction after lumpectomy

Breast Cancer United States. Congress. House. Select Committee on Aging, 1992 **Breast Cancer and the Environment: Questions and Answers** Institute of Medicine, 2014-01-01 Throughout their lives women have experiences and make decisions that can influence their chances of getting breast cancer While we have little control over some of these risk factors we can sometimes make choices good or bad that affect our risk of getting breast cancer In a 2011 Institute of Medicine IOM report obesity alcohol consumptions and some medical treatments were found to raise these risks at least a little For other factors the evidence wasn't as clear Look through this question and answer booklet to learn more

Making Sense of Menopause Faye Kitchener Cone, Faye Cone, 1993-10-25 A personal and candid look at the change of life which combines the most up to date medical information with the real life experiences of dozens of women Common problems and treatments including the risks and benefits of hormone replacement therapy and other remedies are discussed in detail

The Pocket Idiot's Guide to Bioidentical Hormones Nancy Faass, Ricki Pollycove M.D., MHS, 2010-03-02 For the first time in history millions of women have the opportunity to grow old as vigorous vitally engaged and productive people Advances in health care and medical knowledge now offer a solid foundation for those who want to reduce their health risks and improve their quality of life Wise use of estrogen can lower a woman's risk of colon cancer osteoporosis hip fractures heart disease and dementia yet fewer than 17 percent of American women for whom hormone supplements are appropriate actually take them Bioidentical hormones are created from plant molecules identical to those found in the human body These

new hormones provide women with another resource to meet the needs of aging safely when used intelligently The Pocket Idiot's Guide to Bioidentical Hormones provides the evidence on what is safe and what is not and presents a wide range of options for supplementing hormones within an easy to answer discussion of Hormone Replacement Therapy in general Completely objective the book answers all the questions and coverage includes The case for hormones bioidentical or otherwise The safety issue which hormones work and which may be harmful Bioidentical hormones beneficial effects on the heart bones and brain Creating an individualized health plan which hormones in what combination how much and how often

Beauty without the Breast Felicia Marie Knaul, 2013-01-14 Knaul documents the personal and professional sides of her experience with breast cancer She contrasts her own journey with that of women throughout the world who face stigma discrimination and lack of access to health care and also shares striking epidemiological data about breast cancer a leading killer of young women in developing countries

100 Questions & Answers about Breast Cancer Zora K. Brown, Harold Freeman, Elizabeth Platt, 2007 Written by a doctor and a patient this book gives both points of view on diagnosis treatment and support It answers the 100 most commonly asked questions about breast cancer in plain English with explanations of medical terms in the margin on the same page

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