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BOLD SPIRIT

HELGA ESTBY'S
FORGOTTEN WALK ACROSS
VICTORIAN AMERICA

Linda Lawrence Hunt



Bold Spirit Helga Estbys Forgotten Walk Across Victorian America

Jane Kirkpatrick



Bold Spirit Helga Estbys Forgotten Walk Across Victorian America:

Bold Spirit Linda Lawrence Hunt,2007-12-18 In 1896 a Norwegian immigrant and mother of eight children named Helga Estby was behind on taxes and the mortgage when she learned that a mysterious sponsor would pay 10 000 to a woman who walked across America Hoping to win the wager and save her family s farm Helga and her teenaged daughter Clara armed with little more than a compass red pepper spray a revolver and Clara s curling iron set out on foot from Eastern Washington Their route would pass through 14 states but they were not allowed to carry more than five dollars each As they visited Indian reservations Western boomtowns remote ranches and local civic leaders they confronted snowstorms hunger thieves and mountain lions with equal aplomb Their treacherous and inspirational journey to New York challenged contemporary notions of femininity and captured the public imagination But their trip had such devastating consequences that the Estby women s achievement was blanketed in silence until nearly a century later Linda Lawrence Hunt encountered their extraordinary story *Bold Spirit: Helga Estby's Forgotten Walk Across Victorian America* Linda Lawrence Hunt,2005-01-01 Helga Estby left Spokane Washington and walked to NYC on a 10 000 challenge This remarkable story of hardship and suffering was long lost and only recently discovered by the author On Christmas Eve 1896 the New York World reported her arrival What followed was an American tragedy **Bold Spirit** Linda Hunt,2003 *The Daughter's Walk* Jane Kirkpatrick,2011-04-05 A mother s tragedy a daughter s desire and the 7000 mile journey that changed their lives In 1896 Norwegian American Helga Estby accepted a wager from the fashion industry to walk from Spokane Washington to New York City within seven months in an effort to earn 10 000 Bringing along her nineteen year old daughter Clara the two made their way on the 3500 mile trek by following the railroad tracks and motivated by the money they needed to save the family farm After returning home to the Estby farm more than a year later Clara chose to walk on alone by leaving the family and changing her name Her decisions initiated a more than 20 year separation from the only life she had known Historical fiction writer Jane Kirkpatrick picks up where the fact of the Estbys walk leaves off to explore Clara s continued journey What motivated Clara to take such a risk in an era when many women struggled with the issues of rights and independence And what personal revelations brought Clara to the end of her lonely road *The Daughter's Walk* weaves personal history and fiction together to invite readers to consider their own journeys and family separations to help determine what exile and forgiveness are truly about Kirkpatrick has done impeccable homework and what she recreates and what she imagines are wonderfully seamless Readers see the times the motives the relationships that produce a chain of decisions and actions all rendered with understatement Kirkpatrick is a master at using fiction to illuminate history s truths This beautiful and compelling work of historical fiction deserves the widest possible audience Publishers Weekly Starred Review **Trekking Across America** Lyell D Jr Henry,2024 For several decades following the end of the Civil War the most popular sport in the United States was walking Professional pedestrians often covered 500 miles or more for up to six grueling days and nights in

pursuit of large money prizes in competitions held in big city arenas Walking was also a favorite amateur sport newspapers often noted a pedestrian mania or walking fever that only began to give way in the mid 1880s to fast rising crazes for baseball bicycling and roller skating As competitive walking faded however another kind of walking that had also begun in the late 1860s came to full flower Between 1890 and 1930 hundreds of men women even children and entire families were on the nation s roads and railroad tracks trekking between widely separated points frequently New York and San Francisco and sometimes moving in unusual ways such as on roller skates or by walking barefooted backwards on stilts or while rolling a hoop To finance their attention seeking journeys many sold souvenir postcards Although they claimed various reasons for making these treks for most the treks clearly were a means of personal expression The public usually found these performers entertaining but public officials and newspaper editors often denounced them as nuisances or frauds Tapping vintage postcards and old newspaper articles this is the first book to bring back to view this once familiar feature of American life Following a prologue providing background and context five chapters address different aspects of this trekking phenomenon In 106 illustrations and seventy six vignettes some poignant many amusing all engaging the book provides a fair representation of the many trekkers who moved across the country during those years An epilogue offers some final musings about those trekking performers and their place in the annals of American popular culture **Mercy and Madness** Beverly Lionberger Hodgins,2022-04-01 Spokane Washington s first female physician Mary Archard Latham moved to the community with her three sons leaving her husband behind in Ohio in 1888 She sought a better climate for her health and worked tirelessly for the health of all of Spokane s citizens but particularly women and children and especially the poor She helped found the Spokane Humane Society and the Spokane Public Library and she was beloved and respected in the community Then in 1903 one of her sons died and she seemingly became unhinged She would be seen wandering the streets wailing and inconsolable and her behavior became extremely erratic In 1905 she was accused arrested and convicted of arson then sentenced to four years of hard labor in the state penitentiary She escaped into the forests of Idaho where she hid from a massive manhunt for a week before being captured and sent to prison in Walla Walla She eventually returned to Spokane a broken yet determined woman and died in 1917 Despite the tragic and violent events that characterized her later years today Dr Mary A Latham is honored in Spokane for the good she did in the first part of her life **Mercy and Madness** captures the captivating outrageous and sometimes sorrowful life of Dr Mary Archard Latham in her own words MaryJane's Outpost MaryJane Butters,2008 In her third book Butters presents a practical yet whimsical primer to outdoor pursuits from digging up a tree swing to foraging for wild edibles and backpacking with kids Full color photographs throughout *Katie Gale* Llyn De Danaan,2020-03-09 A gravestone a mention in local archives stories still handed down around Oyster Bay the outline of a woman begins to emerge and with her the world she inhabited so rich in tradition and shaken by violent change Katie Kettle Gale was born into a Salish community in Puget Sound in the 1850s just as settlers were migrating into what would become

Washington State With her people forced out of their traditional hunting and fishing grounds into ill provisioned island camps and reservations Katie Gale sought her fortune in Oyster Bay In that early outpost of multiculturalism where Native Americans and immigrants from the eastern United States Europe and Asia vied for economic social political and legal power a woman like Gale could make her way As Llyn De Danaan mines the historical record we begin to see Gale a strong willed Native woman who cofounded a successful oyster business then won the legal rights from her Euro American husband a man with whom she had raised children but who ultimately made her life unbearable Steeped in sadness with a lost home and a broken marriage children dying in their teens and tuberculosis claiming her at forty three Katie Gale s story is also one of remarkable pluck a tale of hard work and ingenuity gritty initiative and bad luck that is ultimately essentially American

Walk of Ages Jim Reisler,2015-02 On his seventieth birthday in 1909 a slim man with a shock of white hair a walrus mustache and a spring in his step faced west from Park Row in Manhattan and started walking By the time Edward Payson Weston was finished he was in San Francisco having trekked 3 895 miles in 104 days Weston s first epic walk across America transcended sport He was everyman in a stirring battle against the elements and exhaustion tramping along at the pace of someone decades younger Having long been America s greatest pedestrian he was attempting the most ambitious and physically taxing walk of his career He walked most of the way alone when the car that he hired to follow him kept breaking down and he often had to rest without adequate food or shelter That Weston made it is one of the truly great but forgotten sports feats of all time Thanks in large part to his daily dispatches of his travails from blizzards to intense heat rutted roads bad shoes and illness Weston s trek became a wonder of the ages and attracted international headlines to the sport called pedestrianism Aided by long buried archival information colorful biographical details and Weston s diary entries Walk of Ages is more than a book about a man going for a walk It is an epic tale of beating the odds and a penetrating look at a vanished time in America

One Hundred Doses Teddy Jones,Sue Jane Sullivan,2012-01-15 Farm and ranch women are the heart of an important American institution agriculture Their strength is a critical resource for their families and communities This book offers those women their own special prescription for health and well being in one hundred small doses Some capsules remind of care to be taken daily some to be taken regularly others to take as needed several to give to family and friends and still more to apply to the community Reading this book won t make you immediately feel good like a warm beverage or a serving of your mother s best meal It won t always bring a tear of nostalgia to the eye or a longing for the good old days But like a good tonic these capsules of advice and encouragement will stimulate you You ll find essays that will boost your morale Others will prompt you to be grateful Several instruct about health matters And some will even make you laugh There s no better prescription than that is there TEDDY JONES R N Ph D is a Family Nurse Practitioner Before she and her husband began farming his family s land near Friona Texas she was a Professor at Texas Tech University Health Sciences Center School of Nursing in Lubbock Texas Growing up in a rural town in central North Texas she spent lots of

happy times with cousins on their families wheat and dairy farms Those experiences and her admiration for those who farm and ranch prompted her to develop and teach elective courses in Rural Health Nursing That same interest spurred her to develop the concept for her health promotion column In The Middle Of It All which appears monthly in The Farmer Stockman She practices part time as a Nurse Practitioner in New Mexico and writes when she s not helping with the farm work SUE JANE SULLIVAN B S Ed teaches in the only school in the only town in Borden County Texas That rural school is not far from the area where she grew up surrounded by ranches farms and oil wells Like most people in farming and ranching areas she can and does fill many roles She teaches English Spanish history and government and coaches Interscholastic League literary events including debate journalism and spelling She s a free lance newspaper writer and her newsletter A New Song is a regular source of encouragement for the special group of friends for whom she publishes it A major inspiration for her work is her maternal grandmother who was widowed at 41 during the Great Depression She managed to keep and operate the family farm and raise five children long before the term single parent was invented

Reviewing **Bold Spirit Helga Estbys Forgotten Walk Across Victorian America**: Unlocking the Spellbinding Force of Linguistics

In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is truly astonishing. Within the pages of "**Bold Spirit Helga Estbys Forgotten Walk Across Victorian America**," an enthralling opus penned by a very acclaimed wordsmith, readers set about an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve in to the book is central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

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Bold Spirit Helga Estbys Forgotten Walk Across Victorian America Introduction

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