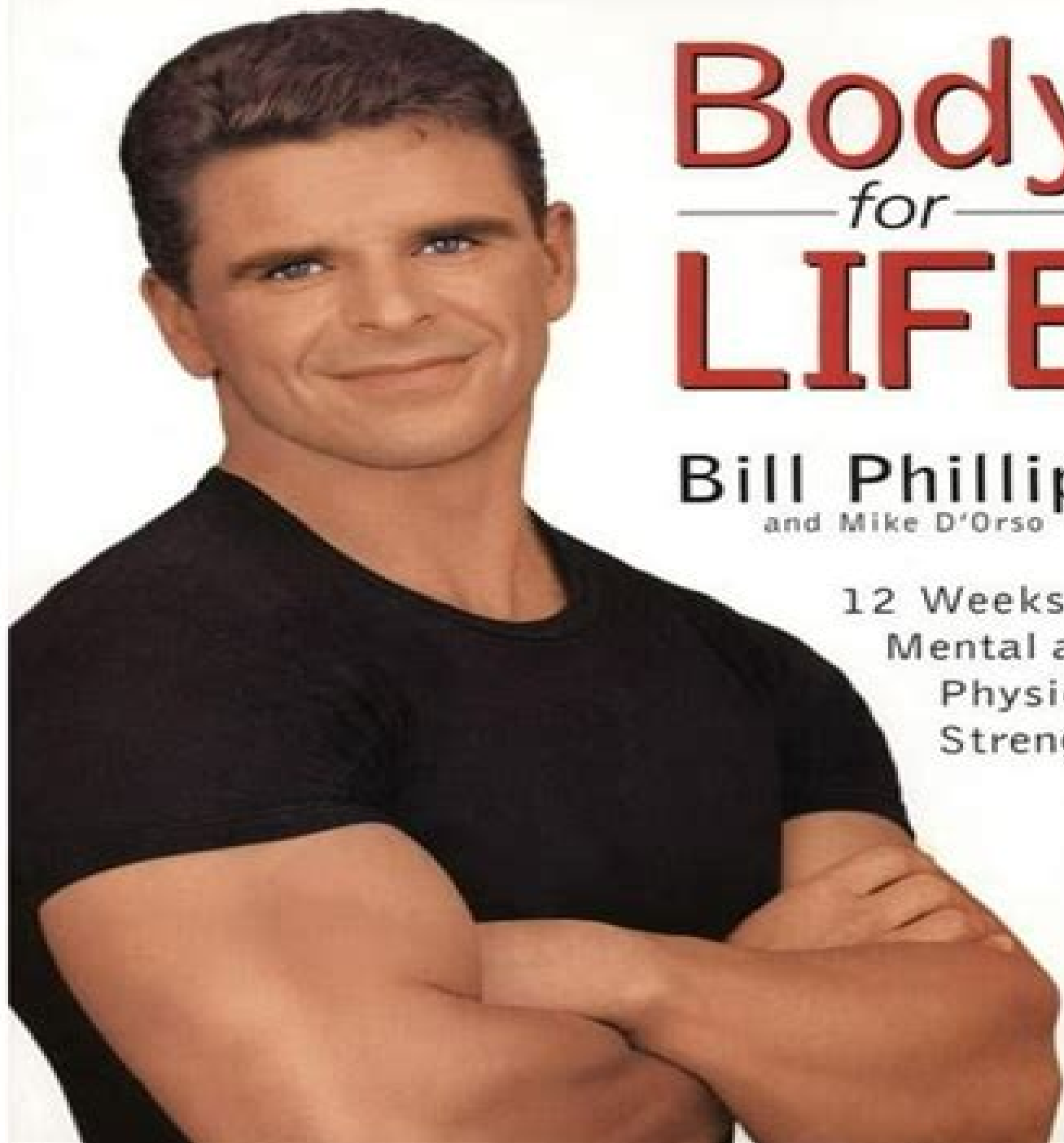




Body — *for* — LIFE

Bill Phillips
and Mike D'Orso

12 Weeks to
Mental and
Physical
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