

A Physician's Guide to Coping with Death and Dying

A Physicians Guide To Coping With Death And Dying

DJ Losen



A Physicians Guide To Coping With Death And Dying:

Physician's Guide to Coping with Death and Dying Jan Swanson, Alan Cooper, 2005 Education about death and dying has been almost ignored in medical schools Recently however it has become increasingly obvious that the preferences of dying patients are being ignored leaving many patients to die lonely scared and in pain There is a growing realization that physicians can help dying patients achieve a more peaceful death and increased recognition that good end of life care is not just the province of specialized hospice physicians or nurses Cooper a physician and a clinical psychologist with many years of experience offer insights to help medical students residents physicians nurses and others become more aware of the different stages in the dying process and learn how to communicate more effectively with patients and their families They also discuss the ways physicians and other caregivers can learn to reduce their own stress levels and avoid the risk of burnout allowing them to achieve balance in their lives and be more effective professionally The authors use case examples and thought provoking exercises to provide a personal learning experience bibliography and a unique web resource section with contacts to many organizations working with patients suffering from life threatening illnesses [A Physician's Guide to Coping with Death and Dying](#) Jan Swanson, Alan Cooper, 2005 Education about death and dying has been almost ignored in medical schools Recently however it has become increasingly obvious that the preferences of dying patients are being ignored leaving many patients to die lonely scared and in pain There is a growing realization that physicians can help dying patients achieve a more peaceful death and increased recognition that good end of life care is not just the province of specialized hospice physicians or nurses In A Physician s Guide to Coping with Death and Dying Jan Swanson and Alan Cooper a physician and a clinical psychologist with many years of experience offer insights to help medical students residents physicians nurses and others become more aware of the different stages in the dying process and learn how to communicate more effectively with patients and their families They also discuss the ways physicians and other caregivers can learn to reduce their own stress levels and avoid the risk of burnout allowing them to achieve balance in their lives and be more effective professionally The authors use case examples and thought provoking exercises to provide a personal learning experience A Physician s Guide to Coping with Death and Dying includes an extensive bibliography and a unique web resource section with contacts to many organizations working with patients suffering from life threatening illnesses

Death and Dying John F. Szabo, 2009-11-02 While it can be traced to the 1700s the term thanatology has gained traction in recent decades to refer to the study of death Because of the breadth of the published material and the challenges of discovery in large bibliographic databases and catalogs finding and identifying monographic material on death dying grief and bereavement can be extremely challenging Although there have been several bibliographical resources published on thanatology those titles were incomplete limited in scope or leaned heavily toward one area of the field In Death and Dying An Annotated Bibliography of the Thanatological Literature John F Szabo provides more than 2 200 citations of monographs

on the science and study of death and dying Among the areas this volume addresses are the psychological philosophical and attitudinal aspects coping and dealing with the burdens of caregiving and working in the helping professions instructional and educational topics for practitioners primarily health care providers cultural differences in bereavement rituals and grief mourning and loss In addition notable titles on or relating to death and dying in popular culture death themes in literature methods of death or specific ethical policy or public issues are also included when they contribute important information to subject areas on which the book focuses This book will be helpful to students researchers academics caregivers health care professionals psychologists social workers and anyone with an interest in death dying bereavement or the care of the terminally ill

Physician's Guide to End-of-life Care American College of Physicians--American Society of Internal Medicine. End-of-Life Care Consensus Panel, Timothy E. Quill, 2001 Identifies clinical ethical and public policy challenges in end of life care and offers recommendations on how to better address these problems Part I focuses on building relationships among doctors patients and families cultural differences in attitudes towards palliative care and what to do when the patient cannot speak for himself Part II presents practical approaches to common problems illustrated with clinical cases in management of pain depression and delirium Part III deals with legal financial and quality issues Snyder teaches bioethics at the University of Pennsylvania Center for Bioethics Quill teaches in the Program for Biopsychosocial Studies at the University of Rochester School of Medicine c Book News Inc

Paging Dr. Within Tom Garz, 2020-03-22 As a Patient Would you like a Patient Listener Are you tired of Medicine Treatment Trial and Error at your expense Are you tired of being shuffled from one Doctor to another Do you want to get better and stay better As a Doctor Would you like more good information from Patients relevant to their symptoms Would you like to help Patients get better and stay better Are you open to venturing out of your comfort zone in diagnosing and treating patients Do you sometimes wonder if there is more to diagnosing treating than what you were taught in Medical School As a Health Medical Innovator Inventor Engineer Writer other Creative Person Are you looking for some new ideas Would you like to Interface with the Dr Within each of us As an Insurance Company Would you like to pay out less If you answered yes to any of the above maybe this book is for you This book describes the Concepts of a Patient Listener and a Super Symptom Checker Human Computer and or Computer Assisted Human Considering the Big Picture around Health and or Symptoms This book is about 250 pages a little over half written text The remainder contains many Reference Links from which you can build upon and learn from The author of this book has set up Discussion Groups for this book to help others share network collaborate etc Use of the Information in this book may help the Patient Doctor and or Others Get Better Some common Side Effects may include A better understanding of what affects Health and Symptoms Seeing the big picture surrounding Symptoms Better health less dependence on medication treatment generally feeling better Experiencing less perceived stress more contentment with self and life Perceiving more control of your life in general realizing there are always options no matter what New insights on what could be done to make it better

Note Continued Use of the Information in this book may result in Staying Better Ask your Doctor if Getting Better and Staying Better are right for you

Critical Approaches to Death, Dying and Bereavement Erica Borgstrom, Renske Visser, 2024-10-03 This book is the first of its kind to examine key topics in death dying and bereavement through a critical lens highlighting how the understanding and experience of death can vary considerably based on social cultural historical political and medical contexts It looks at the complex ways in which death and dying are managed from the political level down to end of life care and the inequalities that surround and impact experiences of death dying and bereavement Readers are introduced to key theories such as the medicalisation of dying as well as contemporary issues such as social movements pandemics and assisted dying The book stresses how death is not only a biological process or event but rather shaped by a range of intersecting factors Issues of inequalities in health inequities in support and intersectional analyses are brought to the fore and each chapter is dedicated to an issue that has interdisciplinary resonance thus showcasing the wider sociocultural and political factors that impact this time of life This book is valuable reading for scholars in thanatology and death studies and for those in related fields such as sociology of health medical and social anthropology and interdisciplinary social science courses

Staying Human During Residency Training Allan D. Peterkin, 2012-04-17 The ultimate survival guide for medical students interns residents and fellows Staying Human during Residency Training provides time tested advice and the latest information on every aspect of a resident's life from choosing a residency program to coping with stress enhancing self care and protecting personal and professional relationships Allan D Peterkin MD provides hundreds of tips on how to cope with sleep deprivation time pressures and ethical and legal issues This fifth edition features new leading edge information on enhancing personal resilience planning one's career pursuing leadership roles and using new technologies to maximize learning Presenting practical antidotes to cynicism careerism and burnout Peterkin also offers guidance on fostering more empathic connection with patients and deepening relationships with colleagues friends and family Acknowledged by thousands of doctors across North America as an invaluable resource Staying Human during Residency Training has helped to shape notions of trainee well being for medical educators worldwide Informative compassionate and professional this new edition will again show why it is required reading for medical students and new physicians pursuing postgraduate training

A Physician's Guide to Pain and Symptom Management in Cancer Patients Janet L. Abrahm, 2015-01-01 This highly regarded handbook provides clinicians with the information they need to treat their cancer patients effectively and compassionately This comprehensive guide to managing pain and other symptoms for people with cancer has helped tens of thousands of patients and families Designed for busy practicing clinicians A Physician's Guide to Pain and Symptom Management in Cancer Patients provides primary care physicians advanced practice nurses internists and oncologists with detailed information and advice for alleviating the stress and pain of patients and family members alike Drawing on the work of experts who have developed revolutionary approaches to symptom management and palliative care

as well as on the lessons learned from patients and their families during her thirty years as a teacher and clinician Dr Janet L Abrahm shows how physicians and other caregivers can help patients and families heal emotionally even as the disease progresses The third edition includes updates to medications and clinical stories and features two new chapters Working with Patients Families and Sexuality Intimacy and Cancer New lessons from palliative care and hospice care can help patients their professional caregivers and their families support each other every step of the way Living, Dying, Grieving Dixie Dennis, 2009 Taking a life education approach this resource offers helpful tips and techniques for mastering a fear of death suggests helpful ideas for taking care of the business of dying and encourages students to live longer by adding excitement into their lives **Choice** , 2006

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