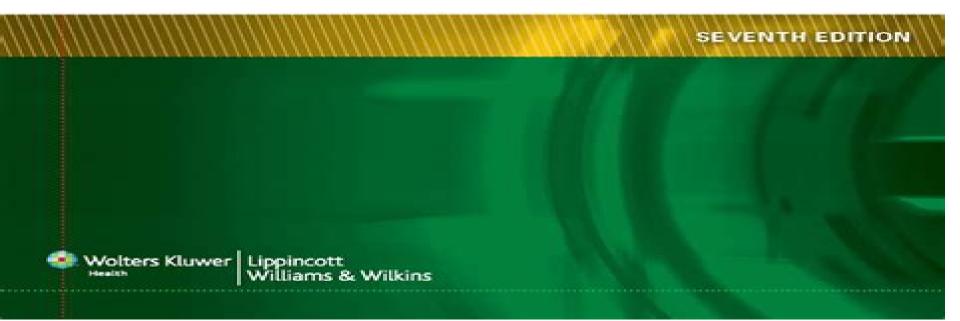


ACSM's Resource Manual for Guidelines for Exercise Testing and Prescription



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American College of Sports Medicine

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