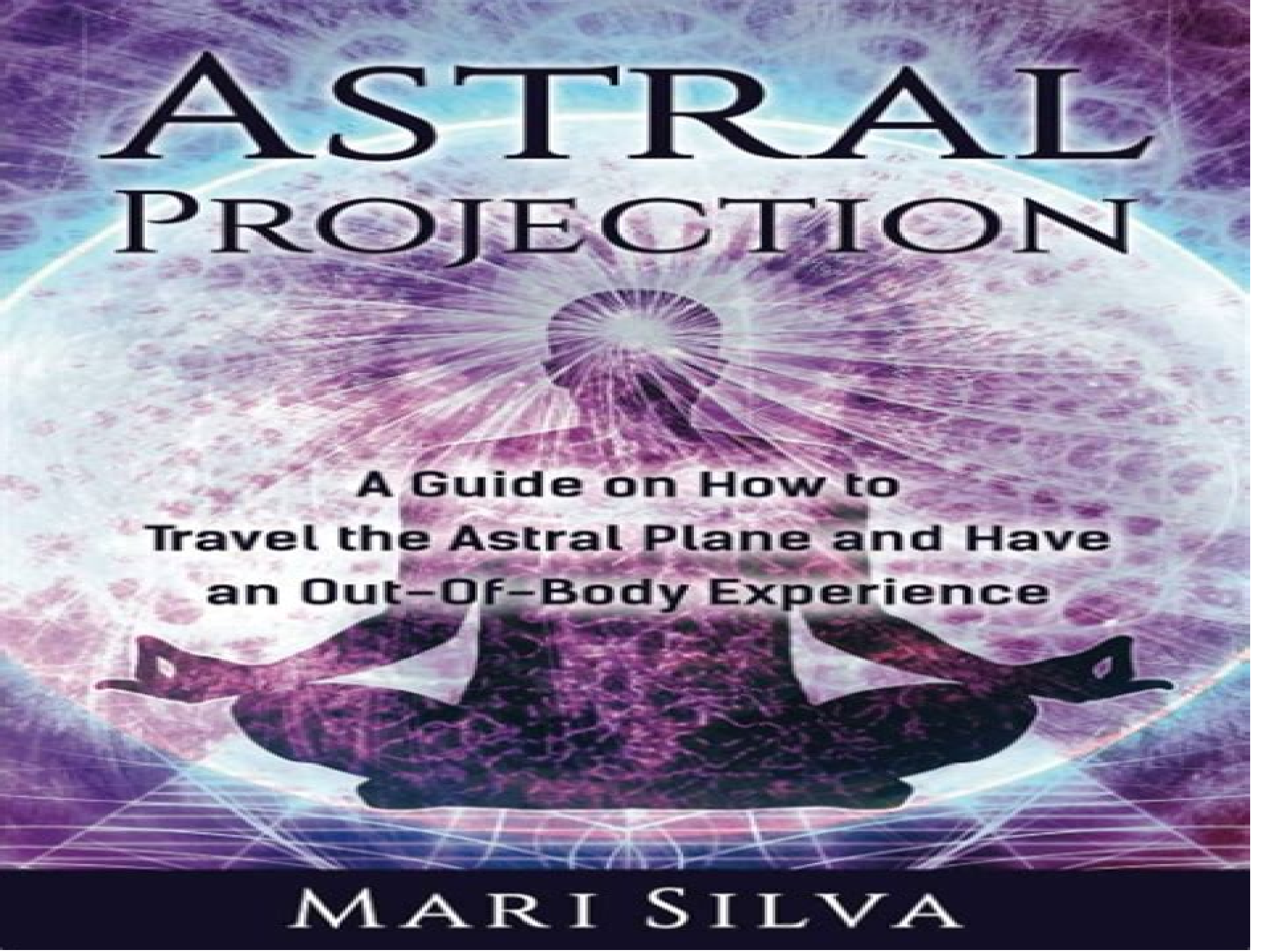


ASTRAL PROJECTION

The background of the cover features a person in a meditative pose, possibly performing a yoga asana like Padmasana. The person is depicted in a dark silhouette, with a bright, multi-colored aura or energy field radiating from their head and torso. The aura is composed of concentric circles and lines of light in shades of purple, blue, and white. The overall background is a deep purple with a subtle, intricate pattern of light lines and dots, suggesting a cosmic or spiritual theme.

**A Guide on How to
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MARI SILVA

Astral Projection A Guide

Allison Kinterelli



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