# BETWEEN TWO SOULS

Conversations with Ryokan

## Mary Lou Kownacki

Introduction by Joan D. Chittister

## **Between Two Souls Conversations With Ryokan**

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#### **Between Two Souls Conversations With Ryokan:**

Between Two Souls Mary Lou Kownacki, 2004 bIt is voices such as these souls whose direction is clear and sure free of stubble and full of light that help the rest of us find our way through all the distractions of life all of its illusions beyond its mirages around its empty enchantments Good reading good thinking good living is what this book brings to the soul b Joan D Chittister from the introduction Between Two Souls presents a lovely spiritually uplifting conversation in poetry between a gifted modern day Roman Catholic nun and a nineteenth century Zen monk Offering an utterly unique entree into spiritual contemplation this book pairs inspirational writing from two distinct but mutually enriching faith traditions revealing the religious joy wisdom and all embracing compassion that transcend temporal cultural and theological differences Ry kan 1758 1831 is one of Japanbs most loved and most renowned poets After formal training at the Zen monastery of Ents ji he refused offers to head his own temple and instead lived as a wandering monk in the snowy country around Mt Kugami Ry kan wrote thousands of poems during his travels but never published a collection himself For two years Mary Lou Kownacki a Benedictine nun used Ry kanbs poetry for devotions Each morning she would read one of his poems meditate on it and then respond with one of her own Between Two Souls is the result of this poetic interplay Over the course of these pages Kownacki and Ry kanbs separate voices blend and become one ultimately drawing the reader into their soulful dialogue on the eternal Like echoes across time these beautiful poems bring new depth andinsight to truths that mark the meaning of the ages Along the way they consider the smallest things in life using them to gently warn us not to miss the bigger truths found in each moment not to squander our souls Complemented with an inspiring introduction by Joan D Chittister and elegant calligraphy by Eri Takase this volume provides a lifetime of devotional insights Listening quietly to these two great souls is sure to enrich your own Attunement Clifford Chalmers Cain, 2019-12-20 We live in a century in which we must either change our way of regarding and acting toward nature or else imperil our survival as a species and jeopardize as well the fate of the planet itself This book by a theologian and environmental scientist examines four religious figures from European and Asian contexts who could aid us in developing a more sustainable and caring orientation which would allow us to live more in tune with creation twelfth century German nun Hildegard of Bingen thirteenth century Italian monk and patron saint of ecology Francis of Assisi nineteenth century Japanese Zen monk and poet Taigu Ry kan and the first pontiff from Latin America twenty first century Pope Francis By emphasizing our intimate and unavoidable organic connection with the network of all life and our charge to care for and protect it they point us in the direction of a new paradigm a healthier perspective a metanoia a change of heart mind attitude and action that would partner what we know about nature an environmental consciousness with what we do an ecological conscience Our children our grandchildren and our great grandchildren deserve at least this much

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