

HEAD TO TOE ASSESSMENT

Before the Exam

- Ensure privacy and keep the room at a comfortable temperature
- Sit/Stand at eye level + make good eye contact
- Use open-ended questions to gather unbiased information

General & Health History

SUBJECTIVE →

1. Health history
2. Family history
3. Chief complaint

What the Patient Says?

OBJECTIVE →

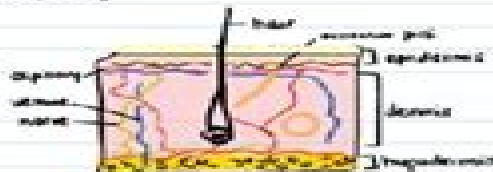
1. Behavior + mood
2. Appears stated age
3. Hygiene + nourishment level
4. Posture and mobility
5. Level of consciousness
6. Alert? Oriented?

What you See/measure

Integument

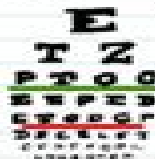
Inspect Skin...

1. Color
2. Moisture
3. Texture
4. Turgor
5. Lesions



Head & Eyes

1. Inspect + palpate hair, scalp + face
2. Test CN VII - heavept, smile, frown
Show teeth, frown + puff cheeks
3. Inspect sclera, iris + conjunctiva
for any discoloration/abnormalities
4. Test vision - Snellen chart
5. Check pupils are equal, round and reactive to light + accommodation



Neurological + Mental Status



1. Assess speech pattern
2. Orientation to person, place, time and situation
3. Assess recent and remote memory
4. Screen for depression + anxiety
5. Ensure the client's thought process is logical and coherent
6. Assess mood + facial expression

Inspection →

Look + smell



Palpation →

Feel texture + consistency with palms + fingertips



Percussion →

tap to assess for dullness / tympany

Auscultation →

listen for sounds



Ears



1. Test hearing
2. Inspect pinna and inner ear

Nose



1. Assess patency
2. Ensure sense of smell
3. Inspect septum + turbinates

Mouth



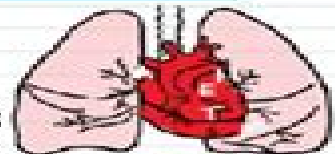
1. Inspect lips/mucosa
2. Assess teeth + gums
3. Check hard + soft palate

Throat

1. Inspect uvula
2. Test CN IX "say ahhh"
3. Test CN XII "move tongue side to side"

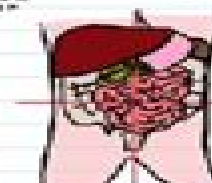
Lungs + Cardiovascular

1. Inspect anterior and posterior chest
2. Percuss lung fields
3. Palpate Apical pulse
4. Auscultate lung sounds
5. Auscultate heart sounds



- Aortic - 2nd right intercostal space
- Pulmonic - 2nd left intercostal space
- Erb's - 3rd left intercostal space
- Tricuspid - 4th left intercostal space
- Mitral - 5th intercostal space at midclavicular

Abdomen → GI & GU



1. Inspect contour, symmetry
2. Auscultate for bowel sounds
3. Percuss all 4 quadrants
4. Palpate all 4 quadrants
5. Assess bladder + voiding habits

Extremities + Musculoskeletal

1. Assess ROM + muscle strength
2. Check for + grade any edema
3. Inspect posture + gait
4. Test deep tendon reflexes



Assessment Guide

Marcel A. Müller



Assessment Guide:

DoD Performance Assessment Guide, 1995 **15276:TFK: NonFiction Readers: Emergent:Assessment Guide Book**
,2011-09-01 **Security Self-assessment Guide for Information Technology System** Marianne Swanson,2001

15333:TFK: NonFiction Readers:Early Fluent Plus: Assessment Guide Book,2011-12-01 **Learning disabilities screening and evaluation guide for low- and middle-income countries** Anne M. Hayes,Eileen Dombrowski,Allison H. Shefcyk,Jennae Bulat,2018-04-29 Learning disabilities are among the most common disabilities experienced in childhood and adulthood Although identifying learning disabilities in a school setting is a complex process it is particularly challenging in low and middle income countries that lack the appropriate resources tools and supports This guide provides an introduction to learning disabilities and describes the processes and practices that are necessary for the identification process It also describes a phased approach that countries can use to assess their current screening and evaluation services as well as determine the steps needed to develop strengthen and build systems that support students with learning disabilities This guide also provides intervention recommendations that teachers and school administrators can implement at each phase of system development Although this guide primarily addresses learning disabilities the practices processes and systems described may be also used to improve the identification of other disabilities commonly encountered in schools **Handbook of Forensic Assessment** Eric Y. Drogin, Frank M. Dattilio, Robert L. Sadoff, Thomas G. Gutheil,2011-06-24 The first handbook to explore forensic assessment from psychiatric and psychological perspectives The editors have assembled a magnificent collaboration between psychiatrists and psychologists to bring forth critical knowledge and insight to the core competency of forensic assessment This handbook is essential reading and a comprehensive resource for both newly minted and seasoned forensic practitioners Robert I Simon MD Director Program in Psychiatry and Law Georgetown University School of Medicine This long awaited resource blows the dust off traditional standards shakes the cobwebs out of our old ways of thinking and shows the practical steps in producing work that will make sense to juries and withstand the most skillful cross examination T here is no better resource Kenneth S Pope PhD ABPP Diplomate in Clinical Psychology coauthor *Ethics in Psychotherapy and Counseling* Fourth Edition From preparation to collection to interpretation to communication of the results this excellent comprehensive treasure shows how to conduct forensic assessments Each splendid evidence based chapter is presented from the collaboration between psychologists and psychiatrists It is a must have resource for forensic experts as well as general practitioners or anyone wishing to understand standard of care in forensic assessment Melba Vasquez PhD ABPP 2011 American Psychological Association President The practitioner oriented coverage in the *Handbook of Forensic Assessment* examines The current state of psychology and psychiatry including requisite clinical competencies ethical guidelines and considerations of multidisciplinary collaboration Various approaches to assessments in criminal and civil matters The principles of effective preparation data collection and interpretation as well as

communication for each special situation Topics including competence to stand trial sexual offender evaluations addictions child abuse and education Overarching practice issues such as practice development retention compensation consultation and forensic treatment Includes sample reports that demonstrate the integrative potential of both psychology and psychiatry Incorporating a wealth of current and multidisciplinary research the Handbook of Forensic Assessment is destined to become every mental health professional s most valuable one stop reference for their forensic work 15314:TFK: NonFiction Readers:Early Fluent:Assessment Guide Book ,2011-11-01 Read! Explore! Imagine! Fiction Readers: Upper Emergent Assessment Guide ,2013-06-01 **Nurses' Handbook of Health Assessment** Janet R. Weber,2021-11-01 The perfect on the go companion to Health Assessment for Nursing 7th Edition this compact handbook gives students quick convenient access to the latest nursing assessment guidelines and findings in a see and do format ideal for today s fast paced nursing practice Streamlined step by step guidelines and full color illustrations detail everything students need to interview clients and conduct thorough physical assessments with ease Handbook of Violence Risk Assessment Kevin S. Douglas,Randy K. Otto,2020-12-29 The Handbook of Violence Risk Assessment Second Edition builds on the first edition s comprehensive discussion of violence risk assessment instruments with an update of research on established tools and the addition of new chapters devoted to recently developed risk assessment tools Featuring chapters written by the instrument developers themselves this handbook reviews the most frequently used violence risk assessment instruments both actuarial and structured professional judgment that professionals use to inform and structure their judgments about violence risk Also included are broader chapters that address matters such as the consideration of psychopathy and how the law shapes violence risk assessment Already the primary reference for practitioners researchers and legal professionals in this area this second edition s easy to access comprehensive and current information will make it an indispensable reference for those in the field

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Table of Contents **Assessment Guide**

1. Understanding the eBook Assessment Guide
 - The Rise of Digital Reading Assessment Guide
 - Advantages of eBooks Over Traditional Books
2. Identifying Assessment Guide
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Assessment Guide
 - User-Friendly Interface
4. Exploring eBook Recommendations from Assessment Guide
 - Personalized Recommendations
 - Assessment Guide User Reviews and Ratings
 - Assessment Guide and Bestseller Lists

5. Accessing Assessment Guide Free and Paid eBooks
 - Assessment Guide Public Domain eBooks
 - Assessment Guide eBook Subscription Services
 - Assessment Guide Budget-Friendly Options
6. Navigating Assessment Guide eBook Formats
 - ePub, PDF, MOBI, and More
 - Assessment Guide Compatibility with Devices
 - Assessment Guide Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Assessment Guide
 - Highlighting and Note-Taking Assessment Guide
 - Interactive Elements Assessment Guide
8. Staying Engaged with Assessment Guide
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Assessment Guide
9. Balancing eBooks and Physical Books Assessment Guide
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Assessment Guide
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Assessment Guide
 - Setting Reading Goals Assessment Guide
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Assessment Guide
 - Fact-Checking eBook Content of Assessment Guide
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
- Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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